ADDICTION AND MENTAL HEALTH RECOVERY PEER SUPPORT RESOURCE GUIDE
INDEX

ADDITION/DUAL RECOVERY PEER SUPPORTS
Peer Recovery Support Centers .................................................... page 3
Family Resources ........................................................................... page 5
Dual Recovery Anonymous ............................................................. page 6
Massachusetts Organization for Addiction Recovery (MOAR) .... page 6
Online Resources for Persons who are Deaf or Hard of Hearing  page 7

MENTAL HEALTH RECOVERY PEER SUPPORTS
The Transformation Center ............................................................... page 7
Recovery Learning Communities .................................................... page 8
Peer-Run Respite .......................................................................... page 15
Peer Run Warm-Lines ................................................................. page 16
Young Adult Resources ................................................................. page 17

OTHER NON-CLINICAL PEER-DRIVEN RESOURCES
WRAP/WHAM ............................................................................. page 19
Clubhouses ..................................................................................... page 20

CROSS-DISABILITY/MISCELLANEOUS RESOURCES
Independent Living Centers ............................................................. page 28
Miscellaneous Resources ............................................................... page 31
ADDICTION/DUAL RECOVERY PEER SUPPORTS

Peer Recovery Support Centers

Funded by the Department of Public Health, these 10 community-based Peer Recovery Support Centers offer an opportunity for individuals with alcohol and substance use disorder issues and/or families affected by addictions to both offer and receive support. These centers are run largely on a volunteer basis, with participants helping to choose, plan, and run the activities offered.

Recover Project
Contact: Peggy Vezina, Program Director
68 Federal Street
Greenfield, MA 01301
Phone: (413) 774-5489 x103
Fax: (413) 774-6039
Email: pvezina@wmtcinfo.org
Website: www.recoverproject.org/ or https://www.facebook.com/TheRECOVERProject/

Everyday Miracles
Contact: Michael Earielo, Program Director
25 Pleasant Street
Worcester, MA 01609
Phone: (508) 799-6221
Fax: (508) 756-1928
Email: Michael.Earielo@spectrumhealthsystems.org or everydaymiracles@spectrumhealthsystems.org
Website: www.everydaymiraclesprsc.org or https://www.facebook.com/EDMPeers/

STEPRox
Contact: DeSean Duncan, Community Organizer
9 Palmer Street
Roxbury, MA 02119
Phone: (617) 442-7837
Email: dduncan@northsuffolk.org
Website: https://www.facebook.com/steproxrecoverysupportcenter or http://northsuffolk.org/services/addiction-services/recovery-support/

The Recovery Connection
Contact: Brandon Tupper, Program Director
31 Main Street
Marlborough, MA 01752
Phone: (508) 485-0298
Fax: (508) 485-0312
Email: brandon.tupper@spectrumhealthsystems.org or info@therecoveryconnection.org
Website: http://www.therecoveryconnection.org/ or https://www.facebook.com/TheRecoveryConnection.org/
New Beginnings Peer Recovery Center
Contact: Socrates Dominguez, Program Director
487 Essex Street
Lawrence, MA 01840
Phone: (978) 655-3674
Fax: (978) 258-4355
Email: socrates.dominguez@spectrumhealthsystems.org
Website: http://www.newbeginningsprc.org/ or https://www.facebook.com/NewBeginningsPeerRecoveryCenter/

Devine Recovery Center
Contact: Roscoe Hurley, Program Director
70 Devine Way
South Boston, MA 02127
Phone: (857) 496-7342
Fax: (857) 496-0177
Email: devinerecoverycenter@gmail.com
Website: http://www.gavinfoundation.org/programs/devine-recovery-center or https://www.facebook.com/DevineRecoveryCenter

Stairway to Recovery
Contact: Efrain Baez, Program Director
142 Crescent Street
Brockton, MA 02302
Phone: (774) 257-5660
Email: ebaez@gandaracenter.org
Website: https://www.facebook.com/Stairway2Recovery or https://gandaracenter.org/stairway-to-recovery/

A New Way Recovery Center
Contact: Warren Nicoli, Director
85 Quincy Avenue, Suite B
Quincy, MA 02169
Phone: (617) 302-3287
Fax: (617) 481-0324
Email: wnicoli@baystatecs.org or ANewWayRC@baystatecs.org
Website: http://anewwayrecoveryctr.org/ or https://www.facebook.com/A-New-Way-Recovery-Center-447672198690167/

Hope for Holyoke Recovery Support Center
Contact: Deborah Flynn-Gonzalez, Director
100 Suffolk Street
Holyoke, MA 01040
Phone: (413) 561-1020
Email: dflynn-gonzalez@gandaracenter.org
Website: https://gandaracenter.org/hope-for-holyoke/ or https://www.facebook.com/HFHRC/
PIER Recovery Center of Cape Cod (Positive Individuals Engaged in Recovery)
Contact: Brian Robbins, Director
209 Main Street
Hyannis, MA 02601
Phone: (508) 827-6150
Email: brobbins@gandaracenter.org or pierrecoverycenter@yahoo.com
Website: https://gandaracenter.org/pier/ or https://www.facebook.com/PIER-Recovery-Center-of-Cape-Cod-560645584091868/

In addition to the support centers listed above, the Boston Public Health Commission funds the Safe and Sound Recovery Center, which provides peer-led support services including recovery coaching, support groups, peer leadership training opportunities, and more.

Safe and Sound Recovery Center
Contact: Douglas Lomax, Program Manager
774 Albany St., 2nd Floor, Room 207
Boston, MA 02118
Phone: (617) 534-2186
Hours: Monday–Friday, 8 a.m. – 5 p.m.
Morning Meetings: Monday - Friday, 9-10:00 a.m., Groups 10 – 11:30 a.m.

Family Resources

Resources for those who have loved ones dealing with substance use disorder issues

Learn to Cope
Learn to Cope is a peer organization that assists family members and relatives who have loved ones dealing with substance use disorder issues. They offer resources and support through weekly meetings throughout the state of Massachusetts.

Joanne Peterson, Executive Director
Contact: Patty or Carrie
4 Court Street, Suite 110
Taunton, MA 02780
Phone: (508) 738-5148
Email: ltc@Learn2cope.org
Website: learn2cope.org
Office hours: Monday through Friday, 9 a.m. - 4:30 p.m.
**Dual Recovery Anonymous**

Dual Recovery Anonymous™ (DRA) is a 12-step self-help program for individuals who are affected by both an emotional or psychiatric disability as well as an alcohol or drug dependency or addiction. Its primary goals are for members to help each other achieve dual recovery, to prevent relapse, and to carry the message of recovery to others who experience dual disorders.

The Massachusetts Clubhouse Coalition (MCC) has taken a leadership role in expanding the availability of DRA meetings throughout the state through a contract with the Massachusetts Behavioral Health Partnership (MBHP). There are now over 50 DRA groups and substance awareness meetings in Massachusetts, with a current schedule of meetings on the Massachusetts Clubhouse Coalition website listed below.


Current list of DRA meetings: [https://www.massclubs.org/dual-recovery-meetings/](https://www.massclubs.org/dual-recovery-meetings/)

More information on the MCC and DRA: [https://www.massclubs.org/dual-recovery-committee/](https://www.massclubs.org/dual-recovery-committee/)

**Massachusetts Organization for Addiction Recovery (MOAR)**

The Massachusetts Organization for Addiction Recovery (MOAR) is a statewide organization of persons in recovery from addictions, families, and friends who want to educate the public about the value of living in recovery. MOAR maintains a comprehensive resource guide on addiction, recovery, and community resources and offers community education on recovery and recovery supports.

MOAR uses its voice to educate policy makers and partners with treatment providers, stakeholders and allies to remove barriers in the recovery process.

Contact: Maryanne Frangules, Executive Director
105 Chauncy Street, 6th Floor
Boston, MA 02108
Phone: (617) 423-6627
Toll free: (877) 423-6627
Fax: (617) 423-6626
Email: maryanne@moar-recovery.org
Website: [http://www.moar-recovery.org](http://www.moar-recovery.org)
12-Step Online Resources for Persons Who Are Deaf or Hard of Hearing

Sounds of Sobriety (SOS)
An online email group for individuals who have hearing loss (deaf, deafened, or hard of hearing) to support recovery from alcoholism. Alcoholics Anonymous (AA) members and all persons with problems with alcohol are welcome.
Email: SOS_online_group-subscribe@yahoogroups.com

Deaf Grateful
Deaf Grateful holds weekly videoconferencing open discussions Saturday at 4 p.m. (EST) for deaf and hard of hearing (HOH) people who have a desire to stop drinking. Deaf Grateful uses easily downloaded software and requires a high speed internet connection and a webcam.
Website: http://doda.omnijoin.com

MENTAL HEALTH RECOVERY PEER SUPPORTS

The Transformation Center
The Transformation Center is a statewide peer-run organization that engages and partners with the community voice of people with mental health, trauma or dual mental health/addiction recovery needs, along with many allies, to develop and promote effective approaches to recovery support.

The Transformation Center provides the certified peer specialist (CPS) training and certification for Massachusetts, the Massachusetts Leadership Academy training, works to expand availability of WRAP classes and facilitator training, supports Latinos en Acción, Black Voices in Recovery, Deaf Recovery, and supports other training, support and policy advocacy initiatives.

Contact: Brenda Vezina, Interim Executive Director
98 Magazine Street
Roxbury, MA 02119
Phone: (617) 442-4111
Video Phone: (617) 606-7508
Toll-free: 1-877-769-7693
Fax: (617) 442-4005
Email: info@transformation-center.org
Website: www.transformation-center.org
Recovery Learning Communities

Recovery Learning Communities (RLCs) are DMH-funded, peer-run networks of self-help/peer support, information and referral, advocacy and training activities. Training in recovery concepts and tools, advocacy forums, and social and recreational events are all part of what goes on in a Recovery Learning Community. RLCs also support persons with psychiatric disabilities to take charge of their own recovery process.

The over-arching charge of RLCs is to create significant culture change that shifts the traditional focus on symptom management to a focus on promoting recovery, resilience, and wellness. Designed to be built upon established partnerships, RLCs work collaboratively with peer-run organizations and services, other mental health providers, other human service agencies, and the community at large to forward the mission of community integration and respect for people with mental health conditions.

Wildflower Alliance (formerly the Western Mass Recovery Learning Community (RLC))
Contact: Sera Davidow, Director
199 High Street
Holyoke, MA 01040
Phone: (413) 539-5941
Toll-Free: 1-866-641-2853
Fax: (413) 493-7810
Email: info@westernmassrlc.org
Website: http://www.westernmassrlc.org/

Western Mass RLC Resource Connection Centers (RCCs) are located at:

**Holyoke Center**
199 High Street
Holyoke, MA 01040
Phone: (413) 539-5941
Toll-Free: 1-866-641-2853
Fax: (413) 493-7810
Website: http://www.westernmassrlc.org/holyoke

**Springfield Center (Bowen Resource Center)**
Contact: Mike Cook, Community Coordinator
235 Chestnut Street
Springfield, MA 01103
Phone: (413) 372-5652
Website: http://www.westernmassrlc.org/springfield

**Greenfield Center**
Contact: Brittyn, Community Coordinator
20 Chapman Street
Greenfield, MA 01301
Phone: (413) 772-0715
Email: brittyn@westernmassrlc.org
Central Massachusetts Recovery Learning Community (RLC)
The Kiva Center
Contact: Brenda Vezina, Director
209 Shrewsbury Street
Worcester, MA 01604
Phone: (508) 751-9600
Fax: (508) 751-9601
Email: info@centralmassrlc.org or brenda.vezina@centralmassrlc.org
Website: http://www.centralmassrlc.org/ or https://www.facebook.com/kivacenter/?fref=ts

Central Massachusetts RLC Framingham Site
Contacts: Lindsey Vezina and Andrei Silva, Program Co-Coordinators
855 Worcester Road, Suite 12
(Mailbox Lobby Entrance)
Framingham, MA 01701
Phone: (508) 626-2206
Email: Lindsey.vezina@centralmassrlc.org, Andrei.silva@centralmassrlc.org
Website: http://www.centralmassrlc.org/areas/framingham/

Central Massachusetts RLC Southborough Site
Please note that this new RLC site is still in development. Currently it is only open on Mondays from noon to 8 p.m.
Contact: Jasmine Quinones, Program Coordinator
346 Main Street
Southbridge MA 01550
Phone: (508) 751-9600
Email: jasmine.quinones@centralmassrlc.org
Website: http://www.centralmassrlc.org/areas/south/

Northeast Recovery Learning Community (RLC)
Northeast Independent Living Program
Contact: Helina Fontes, NERLC Program Director
20 Ballard Road
Lawrence, MA 01843
Telephone (V/TTY): (978) 687-4288, Ext.149
Fax: (978) 689-4488
Email: hfontes@nilp.org or help@nilp.org
Website: https://www.nilp.org/northeast-recovery-learning-community-nerlc/ or
https://www.facebook.com/nerlc or
https://www.facebook.com/TheNortheastIndependentLivingProgramInc

Website: http://www.westernmassrlc.org/greenfield or
https://www.facebook.com/groups/rlcgreenfield/about/

Pittsfield Center
(There is currently no dedicated Pittsfield Center. For information about local meetings and other events please contact jeanmarie@westernmassrlc.org.)
Northeast RLC Hubs are located at:

**Essex North Hub**
Contacts: Mike Berggren, NE RLC Operations Manager or Lisa Rivard, Peer Specialist
20 Ballard Road
Lawrence, MA 01843
Telephone: (978) 687-4288, Ext. 200 or Ext. 167
Email: mberggren@nilp.org or lrivard@nilp.org

**North Shore Hub**
Contact: Mandy Orfanos, North Shore/Lynn Hub Manager or Joanne Wolf, Older Adult Peer Specialist
43 Gloucester Avenue, Suite 2I
Gloucester, MA 01930
Telephone: (978) 687-4288, Ext. 203
Email: aorfanos@nilp.org or jwolf@nilp.org

**Greater Lowell Hub**
Contact: Mike Berggren, NE RLC Operations Manager or David Carignan, Peer Specialist
35 John Street, 2nd Floor
Lowell, MA 01852
Telephone: (978) 687-4288, Ext. 200
Email: mberggren@nilp.org or dcarignan@nilp.org

**Metro North Hub**
Contact: Vivian Nunez, Metro North/Acton Hub Manager or Eileen Lonergan, Peer Specialist
40 Eastern Ave, Suite 318
Malden, MA, 02148
Telephone: (978) 687-4288, Ext. 201
Email: vnunez@nilp.org or elonergan@nilp.org

**Greater Lynn Hub**
Contacts: Mandy Orfanos, North Shore/Lynn Hub Manager or Gerry McManamy, Peer Specialist
1 Market Street, Suite 203
Lynn, MA 01901
Telephone: (978) 687-4228, Ext. 202
Email: aorfanos@nilp.org or gmcmanamy@nilp.org

**Acton Hub**
Contact: Vivian Nunez, Metro North and Acton Hub Manager or Matthew Aronstein, Peer Specialist
Location: TBD
Telephone: (978) 687-4288, Ext. 201
Email: vnunez@nilp.org or maronstein@nilp.org
Transitional Age Youth (TAY) Peer Support
Contact: Rachely Ramos, TAY Specialist
Location: Northeast Area Wide
Telephone: 978 687-4288, Ext. 201
Email: rramos@nilp.org

Metro-Boston Recovery Learning Community (RLC)

Metro Boston RLC Recovery Centers are located at:

Boston Resource Center (BRC)
Contact: Yuka Gordon, Director
85 East Newton Street, Ground Floor
Boston, MA 02118
Phone: Main: (617) 305-9900 or Yuka: (617) 305-9975
Fax: (617) 305-9992
Email: yuka.gordon@bmc.org
Website: http://www.metrobostonrlc.org/brc.html

Cambridge/Somerville Recovery Learning Center
Contact: Janel Tan, Director
35 Medford Street, 1st Floor, Suite 111
Somerville, MA 02143
Phone: (617) 863-5388
Email: tanj@vinfen.org
Website: http://www.metrobostonrlc.org/csrlc.html

MBRLC/Peer Education Resource Center (PERC)
Contact: Sarah Selkovits, Director
1500 Dorchester Avenue
Dorchester, MA 02122
Phone: (617) 788-1034
Email: infoaboutperc@yahoo.com or sselkovits@baycove.org
Website: http://www.metrobostonrlc.org/perc.html or http://www.metrobostonrlc.org

Peer Support Network
Contact: Sarah Selkovits, Director
Democracy Center
45 Mount Auburn Street
Cambridge, MA 02138
Phone: (617) 788-1034
Email: psncambridge@gmail.com or sselkovits@baycove.org
Website: http://www.metrobostonrlc.org/psn.html or http://www.metrobostonrlc.org
Hope Recovery Learning Center  
Contact: Ben Coffin, Interim Director  
The DMH Erich Lindemann Mental Health Center  
25 Staniford Street (plaza level)  
Boston, MA 02114  
Phone: (617) 488-5715  
Email: bcoffin@northsuffolk.org  
Website: http://www.metrobostonrlc.org/hope.html

South East Recovery Learning Community (RLC)  
Contact: Sandra Whitney Sarles, Director  
c/o 45 Plant Road, Suite 119  
Hyannis, MA 02601  
Phone: (774) 212-4519  
Email: info@southeastrlc.org or sandra.whitney-sarles@bmc.org  
Website: http://www.southeastrlc.org/

Community Connectors outreach to surrounding communities from each of the local centers listed below. South East RLC Recovery Centers are located at:

Fall River RCC  
Contact: Abigail Gascoyne, Area Program Director  
649 Bedford Street  
Fall River, MA 02720  
Phone: (508) 675-3137  
Email: gascoynea@vinfen.org  
Website: http://www.southeastrlc.org/fallriver_index.html

Hyannis RCC  
Contact: Adam Whitney  
45 Plant Road  
Hyannis, MA 02601  
Telephone: (508) 815-5219  
Email: whitneya@vinfen.org  
Website: http://www.southeastrlc.org/hyannis_index.html

Brockton RCC  
Contact: Janet Ransom, Area Program Director  
730 Belmont Street  
Brockton, MA 02301  
Phone: (508) 857-0316  
Email: janet.ransom.rcc@gmail.com  
Website: http://www.southeastrlc.org/brockton_index.html
Quincy RCC  
Contact: Paul Morriss, Area Program Director  
1458 Hancock Street  
Quincy, MA 02169  
Phone: (508) 298-2675  
Email: morrissp@vinfen.org  
Website: http://www.southeastrlc.org/quincy_index.html
The Five Recovery Learning Communities and their locations

Western MA RLC
(Western MA Consortium)
- Holyoke Center
- Springfield Center
- Greenfield Center
- Pittsfield Center

Central MA RLC
(Tabriemination Center)
- Worcester RCC
- Framingham RCC

North East RLC
(NE Independent Living Program)
- Essex North Communities Hub
- Greater Lowell Communities Hub
- Greater Lynn Communities Hub
- North Shore Communities Hub
- Acton Hub

SE RLC
(Boston Medical Center *)
- Fall River RCC
  (Vinfen)
- Hyannis RCC
  (Vinfen)
- Brockton RCC
  (BAMSI)
- Quincy RCC
  (Vinfen)

Metro Boston RLC
(BMC *)
- Boston Resource Center
  (BMC)
- Cambridge/Somerville Recovery Learning Center
  (Vinfen)
- PErC
  (Dorchester) (Bay Cove)
- Hope Recovery Learning Center
  (North Suffolk)
- Peer Support Network
  (Baycove)

In addition to the “bricks and mortar” locations, also known as Resource Connection Centers (RCCs) or hubs, the Recovery Learning Communities hold meetings and other events at various locations throughout the cities and towns they support. The “central” locations are noted in red. As the RLCs are in continuous evolution, please notify us if any information is out of date.

* SE RLC and MetroBoston RLC funded through BMC with partner auspice agencies
Peer-run Respite

Afiya Peer Respite
Afiya is the first peer-run respite in Massachusetts and one of only 13 in the country. It is run by the Western Mass Recovery Learning Community. It is open to anyone age 18 or older, from the Central West DMH catchment area, who is experiencing distress and believes that receiving short-term, 24-hour peer support (average stay is 1-7 days) in an accepting environment would be helpful. Its mission is to turn what is often perceived as a crisis into a useful “learning and growth opportunity.” Afiya is located in a residential neighborhood of Northampton.
Phone: (413) 570-2990
Website: http://www.westernmassrlc.org/afiya

The Living Room (Springfield)
A peer support program provided by Behavioral Health Network, The Living Room is designed to provide a home-like environment for persons 18 and older in crisis, developing crisis or posts-crisis where they can regroup and get help. The program is run by certified peer specialists and does not require referrals, insurance, payment or provider involvement. Daybeds are available for persons wishing to rest or sleep, but The Living Room does not have private bedrooms or shower facilities. Visits are generally limited to 48 hours. The Living Room encourages individuals to contact staff directly.
21 Warwick Street, Entrance L
Springfield, MA 01104
Phone: (413) 310-3312
Website: http://bhninc.org/addiction/emergency-services/the-living-room/

The Living Room (Framingham)
For many people in crisis, connecting with another person with shared lived experience can be a vital factor on the journey to mental health and addiction recovery. The Living Room program, staffed entirely by trained, certified peer specialists, provides a 24-hour crisis alternative to emergency department visits and hospitalization. Located in Framingham, The Living Room is the only program of its kind accessible to people in the MetroWest and greater Boston areas. It is only the second of its kind in the entire state. No referral is necessary. The Living Room is a service run by Advocates that is entirely voluntary. It focuses on respect, mutuality, and trust. Staff provide flexible and compassionate care, connection to a variety of recovery resources in the community, assistance with housing and employment, and participation in peer support groups. Together, people in recovery and peer professionals share with each other what is needed and available and build a sense of community.
284 Union Avenue
Framingham, MA 01702
Phone: (508) 661-3333
Email: LivingRoom@Advocates.org
Website: https://www.advocates.org/services/livingroom
The Peer-to-Peer Program
The Peer-to-Peer Program at South Shore Mental Health functions as a peer driven “drop-in” center for adults 18 years and older. The program’s mission is to provide a safe and supportive environment where peer visitors can connect with others whose shared experiences help them work through various stages of their recovery. The program offers individuals living with mental illness support in the evenings and weekends when accesses to mental health services are unavailable. The program is open Tuesdays through Fridays from 3-10 p.m., Saturdays and Sundays from 10 a.m. to 10 p.m. Peer-to-Peer offers holiday meals and activities.
460 Quincy Ave.
Quincy, MA 02169
Phone: (617) 689-2599 or (617) 869-1677
Website: http://www.ssmh.org/our-programs/adults/peer-to-peer-program/

Peer-Run Warm Lines
Warm lines are peer-run listening lines staffed by people in recovery that give others an opportunity to connect and have someone to talk to. They are not crisis lines. A national database of peer-run warm lines is maintained at http://www.warmline.org. Warm lines in red indicate that they will take calls from persons living outside of their own areas. Here are the local listings:

The Peer Warm Line (Metro Boston Recovery Learning Community)
Phone: 877-PEER-LNE (733-7563)
Hours: Monday through Sunday, 4 - 8 p.m.
Website: http://www.metrobostonrlc.org/warm-line.html

Western Mass Peer Support Line
Toll-free: 1-888-407-4515
Hours: Monday through Thursday from 7 - 9 p.m., and Friday through Sunday, 7 – 10 p.m.
Website: http://www.westernmassrlc.org/peer-support-line

Edinburg Center Warmline
Phone: (617) 875-0748
Hours: Monday through Saturday, 5:30 - 9:30 p.m.

Assistance with Telephone Service
Many individuals find telephonic peer support to be helpful. The Lifeline Program is a federal program providing limited, monthly free phone service to eligible low-income households. For more information on program eligibility and available services visit http://www.lifelinesupport.org/.
Young Adult Resources

**STEPS (Success Through Empowerment and Peer Support) Young Adult Resource Center**
STEPS offers services and supports for all individuals ages 18-26, with no referrals needed. STEPS is a peer-driven center that provides a wide variety of social, creative, and supportive groups and activities. STEPS provides a supportive environment that encourages people to fully be themselves. The community is committed to empowering each other to reach personal goals and aspirations. STEPS also provides traditional assistance with referrals and connections to requested services.
12 Prescott Street
Arlington, MA 02474
Phone: (781) 646-2826
Hours: Monday, Tuesday, Thursday, 1 - 8 p.m.; Wednesday, 1-6 p.m., and Friday, 1 - 5 p.m.
Email: steps@waysideyouth.org
Website: [http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSYoungAdultResourceCenter.aspx](http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSYoungAdultResourceCenter.aspx) or [https://www.facebook.com/pg/STEPSyoungadultresourcecenter/about/?ref=page_internal](https://www.facebook.com/pg/STEPSyoungadultresourcecenter/about/?ref=page_internal)

**Tempo Young Adult Resource Center**
Tempo Young Adult Resource Center offers services for individuals ages 16-25, with no referrals needed. Peer mentors at Tempo Young Adult Resource Center can provide support. The Center provides a wide range of services and assistance with accessing outside services and supports including housing, counseling, food stamps, and other benefits.
68 Henry Street
Framingham, MA 01702
Phone: (508) 879-1424
Fax: (508) 879-1460
Hours: Monday and Tuesday, 8 a.m. to 4 p.m.; Wednesday, 8 a.m. to 8 p.m.; Thursday and Friday, 8 a.m. to 4 p.m.; Saturday, 10 a.m. to 2 p.m.
Website: [http://www.tempoyoungadults.org](http://www.tempoyoungadults.org)

**Speaking of Hope**
Speaking of Hope is a network for young adults to connect with others through shared experiences, resources, and to promote self-discovery; and is supported by the Massachusetts Department of Mental Health.
Email: SpeakingofHope@MassMail.State.MA.US
Website: [www.speakingofhope.org](http://www.speakingofhope.org).
Social Media: [https://www.facebook.com/speakingofhopeproject/](https://www.facebook.com/speakingofhopeproject/) and [https://twitter.com/speakingofhope](https://twitter.com/speakingofhope)
BAGLY, Inc. (Boston Alliance of Gay, Lesbian, Bisexual, Transgender Queer Youth)
BAGLY is a youth-led, adult-supported social support organization committed to social justice and creating, sustaining, and advocating for programs, policies, and services for the LGBTQ youth community. BAGLY clinic services are for youth age 29 and younger across Massachusetts, and BAGLY works with youth 22 and younger providing leadership development, health promotion and services, social support, events, and the statewide GLBTQ+ Youth Group Network.
28 Court Square
Boston, MA 02108
Phone: (617) 227-4313
Fax: (617) 227-3266
Hours: Monday – Friday, 9 a.m. to 7 p.m. (except Wednesday, 9 a.m. to 9 p.m.)
Email: info@bagly.org
Website: http://www.bagly.org

AGLY (Alliance of Gay, Lesbian, Bisexual, Transgender Youth) Network—Massachusetts locations
https://www.bagly.org/the-agly-network/

Gay-Straight Alliance Network - Massachusetts
https://www.bagly.org/resourcesforyouth/

Youth on Fire
Youth on Fire (YOF), a program of AIDS Action Committee of Massachusetts, is a drop-in center for homeless and street-involved youth, ages 14-24. It is located in Harvard Square, Cambridge. YOF provides a broad spectrum of vital services, supports and opportunities including hot meals, showers, mental health and medical services, housing search, peer outreach and education, and other supports.
1 Church Street
Cambridge, MA 02138
Phone: (617) 661-2508 or (617) 661-2805
Drop-in Hours: Monday, Tuesday, Wednesday, and Friday, 11 a.m. – 5:45 p.m.
Appointments can be made for Thursday, 11 a.m. – 5:45 p.m.
Email: yof@aac.org
Website: http://www.aac.org/youth-on-fire/ or https://www.facebook.com/YouthOnFireMA/
Youth MOVE (Motivating Others through Voices of Experience) Massachusetts
Youth MOVE is a youth led organization devoted to improving the mental health system, advocating for youth rights, and empowering youth as equal partners in the process of change. Youth MOVE hosts peer-run support groups. The HOPE (Helping Others Promote Equality) Youth Group is for teens ages 13 and up. The YAYA (Young Adults & Youth Advocacy) Young Adult Group is a support and advocacy group for young adults ages 17 and older. The HOPE Youth Group meets every Tuesday at 5 p.m., and the YAYA group meets on the first and third Thursdays every month at 5 p.m. at Youth MOVE’s Worcester office.

40 Southbridge Street, Suite 310
Worcester, MA 01608
Phone: (508) 767-9725
Email: YouthMOVEMassachusetts@gmail.com
Jonathan Mobley, Youth Move’s Youth Coordinator, can be emailed at jmobley@ppal.net.
Website: https://sites.google.com/a/ppal.net/youth-move-massachusetts/
Facebook Page: https://www.facebook.com/youthmovemassachusetts?ref=stream

OTHER NON-CLINICAL, PEER-DRIVEN RESOURCES

Mental Health Recovery and the Wellness Recovery Action Plan (WRAP)
Most people are aware of WRAP as a crisis prevention plan, but WRAP is much more. WRAP facilitates a process where the person becomes familiar with personal triggers and warning signs, so that he or she can increase actions that maximize wellness.

A Wellness Recovery Action Plan (WRAP) is an evidence-based practice that is completely self-directed and voluntary. It includes writing a description of what one looks like when well and an inventory of personal strategies and resources that one finds helpful. Then one creates an action plan to use those resources to increase resilience and counteract challenging situations. The action plan is graduated to bring in more resources as circumstances or distress become more challenging. The final components of the WRAP, (if selected by an individual) include a form of an advanced directive, as well as a plan to discontinue the advanced directive plan once pre-determined markers have been achieved.

WRAP is based on five key concepts:

- Hope
- Personal Responsibility
- Education
- Self-Advocacy
- Support

Website: http://www.mentalhealthrecovery.com
Peer Support Whole Health and Resiliency Training (PSWHR)/Whole Health Action Management (WHAM)

WHAM and PSWHR are peer support wellness trainings that promote skill teaching for individuals. The training helps individuals to more effectively improve health resiliency and self-manage health conditions.

Many people who use services in the public mental health system have chronic physical health conditions, often related to metabolic syndrome. Yet making healthy changes, that a person integrates consistently over time, is a challenge for people. These classes support participants to be realistic in goal setting, to establish peer support as a strategy for health, and to consider setting health goals that increase resiliency factors particularly relevant for people with mental health conditions.

Basic tenets of these trainings include utilizing a person-centered planning process to identify health goals, setting goals that are engaging and manageable, and utilizing the Relaxation Response to promote resiliency through stress reduction. One foundation of the class is the recognition that it is easier to create new habits than to change old habits, that it is more effective to focus on what individuals wish to create, rather than what they “need” to change.

Phone: (202) 684-7457
Website: [http://www.integration.samhsa.gov/health-wellness/wham](http://www.integration.samhsa.gov/health-wellness/wham)

Clubhouses

Although Clubhouses are not strictly based on peer-support, they offer an opportunity for peers to come together in recovery-promoting environments organized around work and the relationships created through clubhouse membership. As noted elsewhere in this resource guide, clubhouses are a primary source of peer support for persons in dual recovery through its sponsorship and promotion of Dual Recovery Anonymous (DRA) meetings.

More information on clubhouses can be found on the Massachusetts Clubhouse Coalition website ([www.massclubs.org](http://www.massclubs.org)) and on the International Center for Clubhouse Development (ICCD) website ([http://www.iccd.org](http://www.iccd.org)).

*Listing of Massachusetts Clubhouses by Region:

**Boston**

**Center Club (and Casa Primavera)**
31 Bowker Street
Boston, MA 02114
Director: Mary Gregorio
Phone: (617) 788-1003 or (617) 788-1000
Fax: (617) 788-1080
Org: Bay Cove Human Services
Email: cntrclb@baycove.org
Website: [http://www.centerclubboston.org/](http://www.centerclubboston.org/)
or [https://www.facebook.com/pages/Center-Club-Boston/105513792815005](https://www.facebook.com/pages/Center-Club-Boston/105513792815005)
Transitions of Boston
1500 Dorchester Avenue
Dorchester, MA 02122
Director: Vinnette McKay
Phone: (617) 379-5661
Fax: (617) 541-6817
Org: Bay Cove Human Services
Email: vmckay@baycove.org
Website: https://www.baycovehumanservices.org/clubhouse-and-peer-services

MetroBoston

Atlantic House
338 Washington Street
Quincy, MA 02169
Director: Janette Tibets
Phone: (617) 770-9660
Org: Vinfen
Email: Tibetsj@vinfen.org
Website: http://www.atlanticclubhouse.org/

Elliot House
255 Highland Avenue
Needham, MA 02494
Director: Alison Siersdale
Phone: (781) 449-1212
Fax: (781) 449-4064
Org: Riverside Community Care
Email: Asiersdale@riversidecc.org
Website: http://elliothouse.org

Neponset River House
595 Pleasant Street
Norwood, MA 02062
Director: Danielle Ford-Allen
Phone: (781) 762-7075
Org: Riverside Community Care
Email: dfallen@riversidecc.org
Website: http://www.neponsetriverhouse.org/

Central

Employment Options Clubhouse
82 Brigham Street
Marlborough, MA 01752
Director: Liz Gulachenski
Phone: (508) 485-5051
Fax: (508) 485-8807
Org: Employment Options
Email: newmember@employmentoptions.org or lgulachenski@employmentoptions.org
Website: http://www.employmentoptions.org/ or https://www.facebook.com/EmploymentOptions/

Charles Webster Potter Place
15 Vernon Street
Waltham, MA 02453
Director: Judith Kellam
Phone: (781) 894-5302
Org: Edinburg
Email: jkellam@edinburgcenter.org
Website: http://www.edinburgcenter.org/charles-webster-potter-place/ or http://www.cwpotterplace.org

Crossroads Clubhouse
11 Williams Street
Hopedale, MA 01747
Program Director: Lauren Baxter
Phone: (508) 473-4715
Org: Riverside Community Care
Email: lbaxter@riversidecc.org
Website: http://www.crossroadsclubhouse.org/

Elm Brook Place
4 A Street, 1st Floor
Burlington, MA 01803
Director: Carrie Endicott
Phone: (781) 202-3478
Fax: (781) 202-3481
Org: Eliot Community Human Services
Email: cendicott@eliotchs.org
Website: http://www.elmbrookplace.org/

Genesis Club, Inc.
274 Lincoln Street
Worcester, MA 01605
Acting Director: Ruth Osterman
Phone: (508) 831-0100
Org: Genesis Club
Email: training@genesisclub.org or ruth@genesisclub.org
Website: http://www.genesisclub.org or https://www.facebook.com/genesisclubinc/

Tradewinds
309 Main Street
Southbridge, MA 01550
Director: Brittany Walker
Phone: (508) 765-9947
Org: Viability
Email: tradewinds@hru.org or BWalker@viability.org
Website: https://www.facebook.com/clubhousehru.tradewinds/

Westwinds
545 Westminster Street
Fitchburg, MA 01420
Director: John DiPaoli
Phone: (978) 345-1581
Org: Community Health Link
Email: jdipaoli@communityhealthlink.org or westwinds@communityhealthlink.org
Website: http://www.communityhealthlink.org/chl/adult-outpatient-services/westwinds-clubhouse

Northeast

Haverhill Clubhouse
100 Locust Street
Haverhill, MA 01830
Director: Kerry Caraccio
Phone: (978) 521-6957
Org: Vinfen
Email: caracciok@vinfen.org
Website: http://www.haverhillclub.org/

Horizon House
78 Water Street
Wakefield, MA 01880
Director: Catherine Taatjes
Phone: (781) 245-4272
Fax: (781) 245-4276
Org: Riverside Community Care
Email: ctaatjes@riversidecc.org
Website: http://www.horizonhouseclubhouse.org/

Point After Club
15 Union Street, Suite #70 (lower level)
Lawrence, MA 01840
Director: Tom Coppinger
Phone: (978) 681-7753
Fax: (978) 681-5527
Org: Vinfen
Email: coppingerth@vinfen.org
Website: http://www.pointafterclub.org/
**Renaissance Club**  
176 Walker Street, Second Floor  
Lowell, MA 01854  
Director: Elaine Walker  
Phone: (978) 454-7944  
Fax: (978) 937-7867  
Org: Eliot Community Human Services  
Email: Elaine@goodmentalhealth.net or renclublowell@gmail.com  
Website: [https://www.renaissanceclublowell.org/](https://www.renaissanceclublowell.org/) or [https://www.facebook.com/RenaissanceClub-106091496142394/](https://www.facebook.com/RenaissanceClub-106091496142394/)

**Southeast**

**Anchor House**  
2277 Purchase Street  
New Bedford, MA 02746  
Director: Paul Lavoie  
Phone: (508) 984-4300  
Fax: (508) 984-1453  
Org: Fellowship Health Resources  
Email: plavoie@fhr.net  
Website: [https://www.fhr.net/our-services/clubhouses/anchorhouse](https://www.fhr.net/our-services/clubhouses/anchorhouse)

**Baybridge**  
278 Main Street  
Hyannis, MA 02601  
Director: Scott Conroy  
Phone: (508) 778-4234  
Org: Vinfen  
Email: conroys@vinfen.org  
Website: [http://www.baybridgeclubhouse.org/](http://www.baybridgeclubhouse.org/)

**Corner Clubhouse**  
225 Cape Highway  
East Taunton, MA 02718  
Director: Karen Therrien  
Phone: TBA  
Fax: TBA  
Org: Fellowship Health Resources  
Email: ktherrien@FHR.net  
Website: [https://www.fhr.net/our-services/clubhouses/cornerclubhouse](https://www.fhr.net/our-services/clubhouses/cornerclubhouse)

**Cove Clubhouse**  
383 Route 28  
Harwichport, MA 02646  
Director: Sabrina Kreber  
Phone: (508) 432-7774  
Org: Vinfen
Email: Krebers@vinfen.org
Website: www.coveclubhouse.org or https://www.facebook.com/Cove-Clubhouse-96369568380/

Fairwinds
155 Katherine Lee Bates Road
Falmouth, MA 02540
Director: Gerald McDowell
Phone: (508) 540-6011
Org: Fellowship Health Resources
Email: gmcdowell@fhr.net
Website: http://www.fhr.net/our-services/clubhouses/fairwinds

Plymouth Bay House
340 Court Street
Plymouth, MA 02360
Director: Jaimee Provan
Phone: (508) 747-1115
Org: Vinfen
Email: provanj@vinfen.org
Website: http://www.plymouthbayhouse.org/ or https://www.facebook.com/plymouthbayhouse/

Towne House
1706 President Avenue
Fall River, MA 02720
Director: Tom Couhig
Phone: (508) 672-2023
Fax: (508) 672-2051
Org: Fellowship Health Services
Email: Tcoughig@fellowshiphr.org
Website: https://www.fhr.net/our-services/fall-river

Western

Forum House
55 Broad Street
Westfield, MA 01085
Director: Sally English
Phone: (413) 562-5293
Fax: (413) 562-9163
Org: Viability
Email: senglish@viability.org or forumhouse2@viability.org
Website: http://www.hru.org/site/services/forum-house or https://www.facebook.com/ForumHouse-Westfield-1645719352331285/
Green River House
37 Franklin Street
Greenfield, MA 01301
Director: Kim Britt
Phone: (413) 772-2181
Fax: (413) 772-2032
Org: Clinical and Support Options
Email: Kbritt@csoinc.org or grh@csoinc.org
Website: https://www.csoinc.org/community-based-programs or https://www.facebook.com/Green-River-House-243007819087077/

Lighthouse
1401 State Street
Springfield, MA 01109
Director: Toni Bator
Phone: (413) 736-8974
Fax: (413) 785-5030
Org: Viability
Email: tbator@viability.org
Website: http://www.hru.org/site/services/lighthouse or https://www.facebook.com/viabilityocks/

Star Light Center
251 Nonotuck Street
Florence, MA 01062
Director: Evan Kerke
Phone: (413) 586-8255
Fax: (413) 586-8311
Org: Viability
Email: Ekerke@viability.org
Website: http://www.hru.org/site/services/358-2/ or https://www.facebook.com/pg/251slc

Odyssey House
474 Appleton Street
Holyoke, MA 01040
Director: Jillian Cunningham
Phone: (413) 538-4377
Fax: (413) 538-4355
Org: Viability
Email: jcunningham@viability.org
Website: http://www.hru.org/site/services/2008-2/ or https://www.facebook.com/Odyssey-Clubhouse-644025472417561/

Quabbin House
25 West Main Street
Orange, MA 01364
Director: Rich Stemm
Phone: (978) 544-1859
Fax: (978) 544-1860
Org: Clinical Support Options
Email: info@csoinc.org
Website: https://www.csoinc.org/community-based-programs

**Berkshire Pathways**
199 B South Street
Pittsfield, MA 01201
Director: David Brien
Phone: (413) 464-7949
Fax: (413) 464-7942
Org: Viability
Email: dbrien@viability.org
Website: https://www.facebook.com/BerkshirePathways/
CROSS-DISABILITY/MISCELLANEOUS RESOURCES FOR PEERS

Independent Living Centers

Independent Living Centers have been providing their core services of information and referral, independent living skills training, peer counseling and individual and systems advocacy since the first center was started in Berkeley, California in 1972.

Independent Living Centers are run and controlled by persons with disabilities. A basic tenet of the Independent Living movement is that support and role modeling by someone who has faced similar situations and challenges are invaluable resources in assisting persons with disabilities gain control and independence over their lives.

Independent Living Centers offer services to persons across the disability spectrum, including psychiatric disabilities, and are located throughout the state of Massachusetts and the rest of the country. Locally, the Massachusetts Independent Living Centers receive significant funding through the Massachusetts Rehabilitation Commission and are located in the following communities:

**Ad-Lib, Inc. – Pittsfield**
Joseph Castellani, Jr., Executive Director
215 North Street
Pittsfield, MA 01201
Phone: (413) 442-7047
Fax: (413) 443-4338
Email: jcastellani@adlibcil.org or adlib@adlibcil.org
Website: [https://www.adlibcil.org/](https://www.adlibcil.org/)

**STAVROS – Amherst**
Jim Kruidenier, Executive Director
210 Old Farm Road
Amherst, MA 01002
Phone: (413) 256-0473
Toll-free: 1-800-804-1899
Email: jkruidenier@stavros.org or info@stavros.org or aramirez@stavros.org
Website: [www.stavros.org](http://www.stavros.org) or [https://www.facebook.com/stavros413/](https://www.facebook.com/stavros413/)
Center for Living and Working, Inc. – Worcester
Meg Coffin, Executive Director
484 Main Street, Suite 345
Worcester, MA 01608
Phone: (508) 798-0350
Video Phone: 508-762-1164
TTY: (508) 755-1003
Toll-free: (800) 570-4020
Fax: (508) 797-4015
Email: mcoffin@centerlw.org or opsearch@centerlw.org
Website: http://www.centerlw.org/ or https://www.facebook.com/CenterForLivingAndWorking/

Boston Center for Independent Living – Boston
Bill Henning, Executive Director
60 Temple Place, 5th Floor
Boston, MA 02111
Phone: (617) 338-6665
Toll-Free: 1-866-338-8085
TTY: (617) 338-6662
Fax: (617) 338-6661
Email: bhenning@bostoncil.org
Website: https://bostoncil.org/

Cape Organization for the Rights of the Disabled – Hyannis
Coreen Brinckerhoff, Chief Executive Officer
106 Bassett Lane
Hyannis, MA 02601
Phone: (508) 775-8300
Toll-free: 1-800-541-0282
Fax: (508) 775-7022
V/TTY (508) 775-8300
Email: cordinfo@cilcapecod.org
Website: http://www.cilcapecod.org or https://www.facebook.com/CORD-Cape-Organization-for-Rights-of-the-Disabled-324328718079/

Independence Associates, Inc. – East Bridgewater
Steve Higgins, Executive Director
100 Laurel Street, Suite 122
East Bridgewater, MA 02333
Phone: (508) 583-2166
Toll-free: 1-800-649-5568
Fax: (508) 583-2165
Email: shiggins@iacil.org or info@iacil.org
Website: https://www.iacil.org/
Disability Resource Center (formerly Independent Living Center of the North Shore and Cape Ann, Inc.) – Salem
Lisa Orgettas, Executive Director
27 Congress Street, Suite 107
Salem, MA 01970
Phone: V/TTY: (978) 741-0077
Fax: (978) 741-1133
Email: lorgettas@disabilityrc.org or information@disabilityrc.org
Website: https://disabilityrc.org/ or https://www.facebook.com/DisabilityRCSalem

MetroWest Center for Independent Living – Framingham
Paul Spooner, Executive Director
280 Irving Street
Framingham, MA 01702
Phone: (508) 875-7853
Fax: (508) 875-8359
Email: pspooner@mwcil.org or info@mwcil.org
Website: https://www.mwcil.org/ or https://www.facebook.com/MWCIL/

Northeast Independent Living Center – Lawrence
June Sauvageau, Chief Executive Officer

Lawrence Site:
20 Ballard Road
Lawrence, MA 01843

Lowell Site:
35 John Street, 2nd Floor
Lowell, MA 01852
Phone: V/TTY: (978) 687-4288
Video Phone: (978) 237-5699
Fax: (978) 689-4488
Email: jsauvageau@nilp.org or help@nilp.org
Website: www.nilp.org or https://www.facebook.com/TheNortheastIndependentLivingProgramInc

Southeast Center for Independent Living – Fall River
Lisa Pitta, Executive Director
66 Troy Street, Suite #3
Fall River, MA 02720
Phone: (508) 679-9210
Fax: (508) 677-2377
Email: lpitta@secil.org or scil@secil.org
Website: http://www.secil.org/ or https://www.facebook.com/SCILinc/
MISCELLANEOUS RESOURCES

Massachusetts Advocacy and Legal Resources

- Disability Law Center of Massachusetts: https://www.dlc-ma.org/
- Mental Health Legal Advisors Committee (MHLAC): http://www.mhlac.org/

Other Local Peer Resources

Jonathan O. Cole Resource Center
Contact: Joanne Grady-Savard, Executive Director
Cole Resource Center
deMarneffe Building, Room 120A
115 Mill Street
Belmont, MA 02478
Phone: (617) 855-3298
Fax: (617) 855-3666
Email: info@coleresourcecenter.org
Website: http://www.coleresourcecenter.org

DBSA (National Depression and Bipolar Support Alliance)
55 E. Jackson Blvd, Suite 490
Chicago, Illinois 60604
Toll-free Phone: 1-800-826-3632
Fax: (312) 642-7243
Email: info@dbsalliance.org
Website: http://www.dbsalliance.org

DBSA-Boston (Depression and Bipolar Support Alliance of Boston)
Contact: Barry Park
P.O. Box 102
115 Mill Street
Belmont, Mass 02478
Phone: (617) 855-2795
Fax: (617) 855-3666
Email: info@dbsaboston.org
Website: http://www.dbsaboston.org/ or https://www.facebook.com/BostonDBSA

NAMI Greater Boston Consumer Advocacy Network
NAMI provides a weekly volunteer staff meeting open to all peers and a monthly business meeting with speakers and food. NAMI mentors people to work in human services, does advocacy work, and implements NAMI peer run programs: NAMI Connection support groups, In Our Own Voice speakers, and Peer-to-Peer educational classes.
Contact: Howard D. Trachtman, BS, CPS, CPRP
Erich Lindemann Building, Plaza Level
25 Staniford Street
Boston, MA 02114
Phone: (781) 642-0368
Hearing Voices Network USA
Hearing Voices Peer Services is an organization that connects those who are living with seeing visions, hearing voices, and other unusual experiences. They help provide resources and nationally, and have support groups in local neighborhoods.
Email: info@hearingvoicesusa.org
Website: http://www.hearingvoicesusa.org/

Deaf and Hard of Hearing Recovery Project
Contact: Marnie Fougere
Video Phone: (617) 606-7508
Email: info@transformation-center.org or marnief@transformation-center.org
Website: http://transformation-center.org/home/community/deaf-and-hard-of-hearing-recovery-project/

Black Voices United in Recovery
Contact: Valeria Chambers
Phone: (617) 442-4111, Ext. 322
Email: valeriac@transformation-center.org
Website: http://transformation-center.org/home/community/consumers-of-color-peer-networking-project/

Latinos en Acción
Contact: Catherine Quinerly
Phone: (617) 442-4111
Email: catherineq@transformation-center.org
Website: http://transformation-center.org/latino/

Opening Doors to the Arts (ODA)
Opening Doors to the Arts obtains free and reduced price tickets and access to concerts, theater, and the occasional sporting events through the connection it maintains with over 20 venues. Typically, several different events are available every week.
Contact: Howard D. Trachtman, BS, CPS, CPRP or Norma Heath
Phone: (781) 642-0368
Email: howard@openingdoorstothearts.org or norma@openingdoorstothearts.org
Website: http://www.openingdoorstothearts.org

Two Hats Networking Dinners (Twohats)
This dinner was established as a support network for people with mental health challenges who were working in human services and were afraid of coming out to their employer. Today, many people considering working or volunteering in peer support come as well. All peers are welcome to attend.
Contact: Howard D. Trachtman, BS, CPS, CPRP
Phone: (781) 642-0368
Email: hdt@mit.edu
Website: www.twohats.org
Other National Peer Resources

Crisis Text Line
The Crisis Text Line is a free texting service run by DoSomething.org, to help those experiencing a crisis. The line is available 24 hours a day, seven days a week. If you text HOME to 741741, a trained volunteer counselor will receive the message and assist immediately.
Phone: Text HOME to 741741
Website: https://www.crisistextline.org/

Peer-run National Technical Assistance Centers

- The National Empowerment Center:
  http://www.power2u.org/

- STAR Center (Support, Technical Assistance and Resources):
  http://www.consumerstar.org

- Peerlink Technical Assistance Center, a project of MHA of Oregon:
  http://www.peerlinktac.org/

- Consumer Supporter Technical Assistance Center - The Family Café:
  http://cafetacenter.net/

- Doors to Wellbeing National Technical Assistance Center, established by The Copeland Center for Wellness and Recovery:
  http://www.doorstowellbeing.org/

- The National Mental Health Consumers' Self-Help Clearinghouse:
  http://www.mhselfhelp.org/
  (*Still in operation although no longer funded by SAMHSA. Since June 2018, it has been affiliated with the Temple University Collaborative on Community Inclusion.*)