Addiction and Mental Health Recovery Peer Support Resource Guide
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Addiction/Dual Recovery Peer Supports

Peer Recovery Support Centers

Funded by the Department of Public Health, these 10 community-based Peer Recovery Support Centers offer an opportunity for individuals with alcohol and/substance use disorder issues and/or families affected by addictions to both offer and receive support. These centers are run largely on a volunteer basis, with participants helping to choose, plan, and run the activities offered. Eight additional Peer Recovery Support Centers were funded in 2019 and are currently in various stages of development. See bottom of listing for information on the new centers and/or the contact information for the organizations awarded contracts for the new centers.

Western Massachusetts

Recover Project
Contact: Peggy Vezina, Program Director
68 Federal Street
Greenfield, MA 01301
Phone: (413) 774-5489, Ext. 103
Fax: (413) 774-6039
Email: pvezina@wmtcinfo.org
Website: www.recoverproject.org/ or https://www.facebook.com/TheRECOVERProject/

Hope for Holyoke Recovery Support Center
Contact: Deborah Flynn-Gonzalez, Director
100 Suffolk Street
Holyoke, MA 01040
Phone: (413) 561-1020
Email: dflynn-gonzalez@gandaracenter.org
Website: https://gandaracenter.org/hope-for-holyoke/ or https://www.facebook.com/HFHRC/

Central Massachusetts

Everyday Miracles
Contact: Michael Earielo, Program Director
25 Pleasant Street
Worcester, MA 01609
Phone: (508) 799-6221
Fax: (508) 756-1928
Email: Michael.Earielo@spectrumhealthsystems.org or everydaymiracles@spectrumhealthsystems.org
Website: www.everydaymiraclesprsc.org or https://www.facebook.com/EDMPeers/
Northeast Massachusetts

New Beginnings Peer Recovery Center
Contact: Joanna Morillo, Program Director
487 Essex Street
Lawrence, MA 01840
Phone: (978) 655-3674
Fax: (978) 258-4355
Email: joanna.morillo@spectrumhealthsystems.org
Website: http://www.newbeginningsprc.org/ or https://www.facebook.com/NewBeginningsPeerRecoveryCenter/

Metro West Massachusetts

The Recovery Connection
Contact: Brandon Tupper, Program Director
31 Main Street
Marlborough, MA 01752
Phone: (508) 485-0298
Fax: (508) 485-0312
Email: brandon.tupper@spectrumhealthsystems.org
Website: http://www.therecoveryconnection.org/ or https://www.facebook.com/TheRecoveryConnection.org/

A New Way Recovery Center
Contact: Warren Nicoli, Director
85 Quincy Avenue, Suite B
Quincy, MA 02169
Phone: (617) 302-3287
Fax: (617) 481-0324
Email: wnicoli@baystatecs.org or ANewWayRC@baystatecs.org
Website: http://anewwayrecoveryctr.org/ or https://www.facebook.com/A-New-Way-Recovery-Center-447672198690167/

Southeast Massachusetts

PIER Recovery Center of Cape Cod (Positive Individuals Engaged in Recovery)
Contact: Brian Robbins, Director
209 Main Street
Hyannis, MA 02601
Phone: (508) 827-6150
Email: brobbins@gandaracenter.org or pierrecoverycenter@yahoo.com
Website: https://gandaracenter.org/pier/ or https://www.facebook.com/PIER-Recovery-Center-of-Cape-Cod-560645584091868/
Stairway to Recovery
Contact: Efrain Baez, Program Director
142 Crescent Street
Brockton, MA 02302
Phone: (774) 257-5660
Email: ebaez@gandaracenter.org
Website: https://gandaracenter.org/stairway-to-recovery/ or https://www.facebook.com/Stairway2Recovery

Boston Area

STEPRox
Contact: Loretta Leverett, Director
9 Palmer Street
Roxbury, MA 02119
Phone: (617) 442-7837
Email: lleverett@northsuffolk.org
Website: http://northsuffolk.org/services/addiction-services/recovery-support/ or https://www.facebook.com/steproxrecoverysupportcenter

Devine Recovery Center
Contact: Jen Callahan, Program Director
70 Devine Way
South Boston, MA 02127
Phone: (857) 496-1384 x601
Fax: (857) 496-0177
Email: devinerecoverycenter@gmail.com or JenCallahan@GavinFoundation.org
Website: http://www.gavinfoundation.org/programs/devine-recovery-center or https://www.facebook.com/DevineRecoveryCenter

Newly Funded Recovery Support Centers

Western Region

Gandara Mental Health Center
373 Worthington Street
Springfield, MA 01103
Phone: (413) 736-8329

Living in Recovery
81 Linden Street
Pittsfield, MA 01201
Phone: (413) 320-3546
Website: https://www.servicenet.org/services/addiction-services/living-in-recovery/ or https://www.facebook.com/LivingInRecoveryPittsfield/
Central Region

FCP, Inc. (dba Family Continuity)
76 Church Street, Suite 301
Whitinsville, MA ZIP
Phone: (978) 687-1617

Northeast Region

Lowell Recovery House Cafe
26-28 Central Street
Lowell, MA 01854
Phone: (617) 285-6386

Metro West Region

Bay State Community Services, Inc.
32 Common Street
Walpole, MA 02081
Phone: (617) 471-8400

Southeast Region

Steppingstone Inc., Peer to Peer
175 North Main Street
Fall River, MA 02720
Phone: (508) 674-2788

Martha's Vineyard Community Services, Inc.
Beach Road
Oak Bluffs, MA 02557
Phone: (508) 693-7900

Boston Region

St. Francis House
39 Boylston Street
Boston, MA 02116
Phone: (617) 542-4211

In addition to the support centers listed above, the Boston Public Health Commission funds the Safe and Sound Recovery Center, which provides peer-led support services including recovery coaching, support groups, peer leadership training opportunities, and more.
Safe and Sound Recovery Center
Contact: Douglas Lomax, Program Manager
774 Albany St., 2nd Floor, Room 207
Boston, MA 02118
Phone: (617) 534-2186
Hours: Monday–Friday, 8 a.m. – 5 p.m.
Morning Meetings: Monday - Friday, 9-10 a.m., Groups 10 – 11:30 a.m.

Family Resources

Resources for those who have loved ones dealing with substance use disorder issues

Learn to Cope
Learn to Cope is a peer organization that assists family members and relatives who have loved ones dealing with substance use disorder issues. They offer resources and support through weekly meetings throughout the state of Massachusetts.

Joanne Peterson, Executive Director
Contact: Patty or Carrie
4 Court Street, Suite 110
Taunton, MA 02780
Phone: (508) 738-5148
Email: ltc@Learn2cope.org
Website: learn2cope.org
Office hours: Monday through Friday, 9 a.m. - 4:30 p.m.

Dual Recovery Anonymous
Dual Recovery Anonymous™ (DRA) is a 12-step self-help program for individuals who are affected by both an emotional or psychiatric disability as well as an alcohol or drug dependency or addiction. Its primary goals are for members to help each other achieve dual recovery, to prevent relapse, and to carry the message of recovery to others who experience dual disorders.

The Massachusetts Clubhouse Coalition (MCC) has taken a leadership role in expanding the availability of DRA meetings throughout the state through a contract with the Massachusetts Behavioral Health Partnership (MBHP). There are now over 50 DRA groups and substance awareness meetings in Massachusetts, with a current schedule of meetings on the Massachusetts Clubhouse Coalition website listed below.

Dual Recovery Anonymous™ website: http://www.draonline.org/

Current list of DRA meetings: https://www.massclubs.org/dual-recovery-meetings/

More information on the MCC and DRA: https://www.massclubs.org/dual-recovery-committee/
Massachusetts Organization for Addiction Recovery (MOAR)
The Massachusetts Organization for Addiction Recovery (MOAR) is a statewide organization of persons in recovery from addictions, families, and friends who want to educate the public about the value of living in recovery. MOAR maintains a comprehensive resource guide on addiction, recovery, and community resources and offers community education on recovery and recovery supports.

MOAR uses its voice to educate policy makers and partners with treatment providers, stakeholders and allies to remove barriers in the recovery process.

Contact: Maryanne Frangules, Executive Director
105 Chauncy Street, 6th Floor
Boston, MA 02108
Phone: (617) 423-6627
Toll free: (877) 423-6627
Fax: (617) 423-6626
Email: maryanne@moar-recovery.org
Website: http://www.moar-recovery.org

12-Step Online Resources for Persons Who Are Deaf or Hard of Hearing

Sounds of Sobriety (SOS)
An online email group for individuals who have hearing loss (deaf, deafened, or hard of hearing) to support recovery from alcoholism. Alcoholics Anonymous (AA) members and all persons with problems with alcohol are welcome.
Email: SOS_online_group-subscribe@yahoogroups.com

Deaf Grateful
Deaf Grateful holds weekly videoconferencing open discussions Saturday at 4 p.m. (EST) for deaf and hard of hearing (HOH) people who have a desire to stop drinking. Deaf Grateful uses easily downloaded software and requires a high-speed internet connection and a webcam.
Website: http://doda.omnijoin.com

Mental Health Recovery Peer Supports

The Transformation Center
The Transformation Center is a statewide peer-run organization that engages and partners with the community voice of people with mental health, trauma or dual mental health/addiction recovery needs, along with many allies, to develop and promote effective approaches to recovery support.

The Transformation Center provides the certified peer specialist (CPS) training and certification for Massachusetts, the Massachusetts Leadership Academy training, works to expand availability of WRAP classes and facilitator training, supports Latinos en Acción, Blacks United in Recovery, Deaf Recovery, and supports other training, support and policy advocacy initiatives.
Recovery Learning Communities

Recovery Learning Communities (RLCs) are DMH-funded, peer-run networks of self-help/peer support, information and referral, advocacy and training activities. Training in recovery concepts and tools, advocacy forums, and social and recreational events are all part of what goes on in a Recovery Learning Community. RLCs also support persons with psychiatric disabilities to take charge of their own recovery process.

The over-arching charge of RLCs is to create significant culture change that shifts the traditional focus on symptom management to a focus on promoting recovery, resilience, and wellness. Designed to be built upon established partnerships, RLCs work collaboratively with peer-run organizations and services, other mental health providers, other human service agencies, and the community at large to forward the mission of community integration and respect for people with mental health conditions.

Wildflower Alliance (formerly the Western Mass Recovery Learning Community (RLC))
Contact: Sera Davidow, Director
199 High Street
Holyoke, MA 01040
Phone: (413) 539-5941
Toll-Free: 1-866-641-2853
Fax: (413) 493-7810
Email: info@westernmassrlc.org
Website: http://www.westernmassrlc.org/

Western Mass RLC Resource Connection Centers (RCCs) are located at:

**Holyoke Center**
199 High Street
Holyoke, MA 01040
Phone: (413) 539-5941
Toll-Free: 1-866-641-2853
Fax: (413) 493-7810
Website: http://www.westernmassrlc.org/holyoke
Springfield Center (Bowen Resource Center)
Contact: Mike Cook, Community Coordinator
235 Chestnut Street
Springfield, MA 01103
Phone: (413) 372-5652
Website: http://www.westernmassrlc.org/springfield

Greenfield Center
Contact: Joanne Leonard, Community Coordinator
20 Chapman Street
Greenfield, MA 01301
Phone: (413) 772-0715
Email: joanne@westernmassrlc.org
Website: http://www.westernmassrlc.org/greenfield or https://www.facebook.com/groups/rlcgreenfield/about/

Pittsfield Center
Contact: Jean-Marie, Community Coordinator
361 North Street
Pittsfield, MA 01201
Phone: (413) 464-9807
Email: jeanmarie@westernmassrlc.org
Website: http://www.westernmassrlc.org/pittsfield

Central Massachusetts Recovery Learning Community (RLC)
The Kiva Center
Contact: Brenda Vezina, Executive Director
209 Shrewsbury Street
Worcester, MA 01604
Phone: (508) 751-9600
Fax: (508) 751-9601
Email: info@centralmassrlc.org or brenda.vezina@centralmassrlc.org
Website: https://www.centralmassrlc.org or https://www.facebook.com/kivacenter/?fref=ts

Kiva Metro West Access Center
Please note that this RLC site is only open on Tuesdays from 10 a.m. to 3 p.m.
Contacts: Lindsey Vezina and Andrei Silva, Program Co-Coordinators
855 Worcester Road, Suite 12 (Trolley Square Plaza)
Framingham, MA 01701
Phone: (508) 626-2206
Email: Lindsey.vezina@centralmassrlc.org or Andrei.silva@centralmassrlc.org
Website: http://www.centralmassrlc.org/areas/framingham/
**Kiva South County Site**
*Please note that this RLC site is only open on Mondays from 11 a.m. to 8 p.m.*
Contact: Jasmine Quinones, Program Coordinator
346 Main Street
Southbridge, MA 01550
Phone: (508) 765-6670 or (508) 751-9600
Email: jasmine.quinones@centralmassrlc.org
Website: [http://www.centralmassrlc.org/areas/south/](http://www.centralmassrlc.org/areas/south/)

*Additionally, Kiva support groups take place in the following communities:*
Fitchburg, Leominster, Gardner, Hudson: [http://www.centralmassrlc.org/areas/north/](http://www.centralmassrlc.org/areas/north/)
Milford, Fiskdale: [http://www.centralmassrlc.org/areas/south/](http://www.centralmassrlc.org/areas/south/)
Natick, Marlborough: [http://www.centralmassrlc.org/areas/framingham/](http://www.centralmassrlc.org/areas/framingham/)
Norwood: [http://www.centralmassrlc.org/areas/canton/](http://www.centralmassrlc.org/areas/canton/)

**For Young Adults:**

**Zia Young Adult Access Center**, a partnership between the Kiva Center and Open Sky, offers peer support and community and resource connections for young adults ages 16-22. More information is available in the Young Adult Resources section.

**Northeast Recovery Learning Community (RLC)**
Northeast Independent Living Program
Contact: Helina Fontes, NERLC Program Director
20 Ballard Road
Lawrence, MA 01843
Telephone (V/TTY): (978) 687-4288, Ext. 149
Fax: (978) 689-4488
Email: hfontes@nilp.org or help@nilp.org

*Northeast RLC Hubs are located at:*

**Essex North Hub**
Contacts: Mike Berggren, NE RLC Operations Manager or Lisa Rivard, Peer Specialist
20 Ballard Road
Lawrence, MA 01843
Telephone: (978) 687-4288, Ext. 200 or Ext. 167
Email: mberggren@nilp.org or lrivard@nilp.org
Greater Lowell Hub
Contact: Mike Berggren, NE RLC Operations Manager or David Carignan, Peer Specialist
35 John Street, 2nd Floor
Lowell, MA 01852
Telephone: (978) 687-4288, Ext. 200
Email: mberggren@nilp.org or dcarignan@nilp.org

Metro North Hub
Contact: Rachely Ramos, Metro North/Acton Hub Manager or Eileen Lonergan, Peer Specialist
40 Eastern Ave, Suite 318
Malden, MA, 02148
Telephone: (978) 687-4288, Ext. 201
Email: rramos@nilp.org or elonergan@nilp.org

Greater Lynn Hub
Contacts: Mandy Orfanos, North Shore/Lynn Hub Manager or Gerry McManamy, Peer Specialist
1 Market Street, Suite 203
Lynn, MA 01901
Telephone: (978) 687-4228, Ext. 202
Email: aorfanos@nilp.org or gmcmmanamy@nilp.org

Acton Hub
Contact: Rachely Ramos, Metro North and Acton Hub Manager or Matthew Aronstein, Peer Specialist
Location: TBD
Telephone: (978) 687-4288, Ext. 201
Email: rramos@nilp.org or maronstein@nilp.org

Transitional Age Youth (TAY) Peer Support
Contact: Rachely Ramos, TAY Specialist
Location: Northeast Area Wide
Telephone: (978) 687-4288, Ext. 201
Email: rramos@nilp.org

Older Adult Peer Support
Contact: Joanne Wolf, Older Adult Peer Specialist
Location: Northeast Area-Wide
Telephone: (978) 687-4288, Ext. 202
Email: jwolf@nilp.org
Metro-Boston Recovery Learning Community (RLC)
The Metro Boston Recovery Learning Community has five recovery centers and a peer support line (see listing under Peer Run Warm Lines). Metro Boston RLC Recovery Centers are located at:

**Boston Resource Center (BRC)**  
Contact: Howard D. Trachtman, Director of Constituent Affairs  
85 East Newton Street, Ground Floor  
Boston, MA 02118  
Phone: (617) 305-9976 or (781) 642-0368  
Fax: (617) 414-1975  
Email: info@metrobostonrlc.org  
Website: [http://www.metrobostonrlc.org/brc.html](http://www.metrobostonrlc.org/brc.html)

**Cambridge/Somerville Recovery Learning Center**  
Contact: Janel Tan, Director  
35 Medford Street, 1st Floor, Suite 111  
Somerville, MA 02143  
Phone: (617) 863-5388  
Email: tanj@vinfen.org  
Website: [http://www.metrobostonrlc.org/csrlc.html](http://www.metrobostonrlc.org/csrlc.html)

**MBRLC/Peer Education Resource Center (PERC)**  
Contact: Karen Kugel, Director  
1500 Dorchester Avenue  
Dorchester, MA 02122  
Phone: (617) 788-1034  
Email: infoaboutperc@yahoo.com or kkugel@baycove.org  
Website: [http://www.metrobostonrlc.org/perc.html](http://www.metrobostonrlc.org/perc.html) or [http://www.metrobostonrlc.org](http://www.metrobostonrlc.org)

**Peer Support Network**  
Contact: Karen Kugel, Director  
Democracy Center/Rosa Parks Room  
45 Mount Auburn Street  
Cambridge, MA 02138  
Phone: (617) 788-1034  
Email: psncambridge@gmail.com  
Website: [http://www.metrobostonrlc.org/psn.html](http://www.metrobostonrlc.org/psn.html) or [http://www.metrobostonrlc.org](http://www.metrobostonrlc.org)
Hope Recovery Learning Center
Contact: Ben Coffin, Assistant Director of Recovery
The DMH Erich Lindemann Mental Health Center
25 Staniford Street (plaza level)
Boston, MA 02114
Phone: (617) 488-5715
Email: bcoffin@northsuffolk.org
Website: http://www.metrobostonrlc.org/hope.html

South East Recovery Learning Community (RLC)
Contact: Sandra Whitney Sarles, Director
c/o 45 Plant Road, Suite 119
Hyannis, MA 02601
Phone: (774) 212-4519
Email: info@ southeastrlc.org or sandra.whitney-sarles@bmc.org
Website: http://www.southeastrlc.org/

Community Connectors outreach to surrounding communities from each of the local centers listed below. South East RLC Recovery Centers are located at:

Fall River RCC
Contact: Adam Whitney, Temporary Area Program Director
649 Bedford Street
Fall River, MA 02720
Phone: (508) 675-3137
Email: whitneya@vinfen.org
Website: http://www.southeastrlc.org/fallriver_index.html

Hyannis RCC
Contact: Jason Raineri, Area Program Director
45 Plant Road
Hyannis, MA 02601
Telephone: (508) 815-5219
Email: rainerij@vinfen.org
Website: http://www.southeastrlc.org/hyannis_index.html

Brockton RCC
Contact: Janet Ransom, Area Program Director
730 Belmont Street
Brockton, MA 02301
Phone: (508) 857-0316
Email: janet.ransom.rcc@gmail.com
Website: http://www.southeastrlc.org/brockton_index.html
Quincy RCC
Contact: Abigail Gascoyne, Area Program Director
1458 Hancock Street
Quincy, MA 02169
Phone: (617) 405-5263
Email: gascoynea@vinfen.org
Website: http://www.southeastrlc.org/quincy_index.html
The Five Recovery Learning Communities and their locations

Western MA RLC (Western MA Consortium)
- Holyoke Center
- Springfield Center
- Greenfield Center
- Pittsfield Center

Central MA RLC (Transformation Center)
- Worcester RCC (Kiva Center)
- Kiva MetroWest
- Southbridge Center

North East RLC (NE Independent Living Program)
- Essex North Communities Hub
- Greater Lowell Communities Hub
- Greater Lynn Communities Hub
- Acton Hub

SE RLC (Boston Medical Center *)
- Fall River RCC (Visits)
- Hyannis RCC (Visits)
- Brockton RCC (BAMSI)
- Quincy RCC (Visits)

Metro Boston RLC (BMC*)
- Boston Resource Center (BMC)
- Cambridge/Somerville Recovery Learning Center (Visits)

In addition to the “bricks and mortar” locations, also known as Resource Connection Centers (RCCs) or hubs, the Recovery Learning Communities hold meetings and other events at various locations throughout the cities and towns they support. The “central” locations are noted in red. As the RLCs are in continuous evolution, please notify us if any information is out of date.
**Peer-run Respite**

**Afiya Peer Respite**
Afiya is the first peer-run respite in Massachusetts and is run by the Western Mass Recovery Learning Community. It is open to anyone age 18 or older, from the Central West DMH catchment area, who is experiencing distress and believes that receiving short-term, 24-hour peer support (average stay is 1-7 days) in an accepting environment would be helpful. Its mission is to turn what is often perceived as a crisis into a useful “learning and growth opportunity.” Afiya is located in a residential neighborhood of Northampton.
Phone: (413) 570-2990
Website: [http://www.westernmassrlc.org/afiya](http://www.westernmassrlc.org/afiya)

**The Living Room (Springfield)**
A peer support program provided by Behavioral Health Network, The Living Room is designed to provide a home-like environment for persons 18 and older in crisis, developing crisis or post-crisis where they can regroup and get help. The program is run by certified peer specialists and does not require referrals, insurance, payment or provider involvement. Daybeds are available for persons wishing to rest or sleep, but The Living Room does not have private bedrooms or shower facilities. Visits are generally limited to 48 hours. The Living Room encourages individuals to contact staff directly.
21 Warwick Street, Entrance L
Springfield, MA 01104
Phone: (413) 310-3312
Website: [http://bhninc.org/addiction/emergency-services/the-living-room/](http://bhninc.org/addiction/emergency-services/the-living-room/)

**The Living Room (Framingham)**
For many people in crisis, connecting with another person with shared lived experience can be a vital factor on the journey to mental health and addiction recovery. The Living Room program, staffed entirely by trained, certified peer specialists, provides a 24-hour crisis alternative to emergency department visits and hospitalization. Located in Framingham, The Living Room is the only program of its kind accessible to people in the Metro West and greater Boston areas. It is only the second of its kind in the entire state. +

No referral is necessary. The Living Room is a service run by Advocates that is entirely voluntary. It focuses on respect, mutuality, and trust. Staff provide flexible and compassionate care, connection to a variety of recovery resources in the community, assistance with housing and employment, and participation in peer support groups. Together, people in recovery and peer professionals share with each other what is needed and available and build a sense of community. Please note that The Living Room is open 24/7 despite the road construction!
284 Union Avenue
Framingham, MA 01702
Phone: (508) 661-3333
Email: TheLivingRoom@Advocates.org
Website: [https://www.advocates.org/services/livingroom](https://www.advocates.org/services/livingroom)
The Peer-to-Peer Program
The Peer-to-Peer Program at Aspire Health Alliance (formerly South Shore Mental Health) functions as a peer driven “drop-in” center for adults 18 years and older. The program’s mission is to provide a safe and supportive environment where peer visitors can connect with others whose shared experiences help them work through various stages of their recovery. The program offers support to individuals living with mental illness in the evenings and weekends, when access to mental health services are unavailable. The program is open Tuesday through Friday from 3-10 p.m. and Saturdays and Sundays from 10 a.m. to 10 p.m.

460 Quincy Avenue, 2nd Floor
Quincy, MA 02169
Phone: (617) 689-2599 or (617) 689-1677
Website: https://www.aspirehealthalliance.org/our-programs/for-adults/peer-to-peer-program

Peer-Run Warm Lines

Warm lines are peer-run listening lines staffed by people in recovery that give others an opportunity to connect and have someone to talk to. They are not crisis lines. A national database of peer-run warm lines is maintained at http://www.warmline.org. Warm lines in red indicate that they will take calls from persons living outside of their own areas. Here are the local listings:

The Peer Support Line (Metro Boston Recovery Learning Community)
Phone: 877-PEER-LNE (733-7563)
Hours: Monday through Sunday, 4 - 8 p.m.
Website: http://www.metrobostonrlc.org/warm-line.html

Western Mass Peer Support Line
Toll-free: 1-888-407-4515
Hours: Monday through Thursday from 7 - 9 p.m., and Friday through Sunday, 7 – 10 p.m.
Website: http://www.westernmassrlc.org/peer-support-line

Edinburg Center Warmline
Phone: (617) 875-0748
Hours: Monday, Tuesday, Thursday, Friday and Saturday, 5:30 - 9:30 p.m.

Assistance with Telephone Service
Many individuals find telephonic peer support to be helpful. The Lifeline Program is a federal program providing limited, monthly free phone service to eligible low-income households. For more information on program eligibility and available services visit http://www.lifelinesupport.org/.
Young Adult Resources

STEPS (Success Through Empowerment and Peer Support) Young Adult Resource Center
STEPS offers services and supports for all individuals ages 18-26, with no referrals needed. STEPS is a peer-driven center that provides a wide variety of social, creative, and supportive groups and activities. STEPS provides a supportive environment that encourages people to fully be themselves. The community is committed to empowering each other to reach personal goals and aspirations. STEPS also provides traditional assistance with referrals and connections to requested services.
12 Prescott Street
Arlington, MA 02474
Phone: (781) 646-2826
Hours: Monday through Thursday, 1 - 7 p.m.
Website: http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSYoungAdultResourceCenter.aspx

Tempo Young Adult Resource Center
Tempo Young Adult Resource Center offers services for individuals ages 16-25, with no referrals needed. Peer mentors at Tempo Young Adult Resource Center can provide support. The Center provides a wide range of services and assistance with accessing outside services and supports including housing, counseling, food stamps, and other benefits.
68 Henry Street
Framingham, MA 01702
Phone: (508) 879-1424
Fax: (508) 879-1460
Hours: Monday, Tuesday, Thursday, 8 a.m. to 5 p.m.; Wednesday, 8 a.m. to 8 p.m.; Friday, 10 a.m. to 4 p.m.; Saturday, 10 a.m. to 2 p.m.
Website: http://www.tempoyoungadults.org

Zia Young Adult Access Center
The two Zia Young Adult Access Center locations offer peer support, community and resource connections for young adults ages 16-22. Part of the Central Mass Recovery Learning Community/Kiva Center, Zia is a completely peer-run, trauma-informed model that prioritizes young adult voices and choices while using a family engagement approach. Zia supports young adults who may need mental health and substance use recovery resources and can provide resource connections to education, housing, employment and more.

Zia Young Adult Access Center at the Kiva Center
209 Shrewsbury Street
Worcester, MA 01604
Hours: Mondays, Tuesdays, and Fridays, 2 p.m. - 6 p.m.
Website: https://www.facebook.com/ZiaYAAccessCenter
Zia Young Adult Access Center at Open Sky Community Services
4 Mann Street
Worcester, MA 01602
Hours: Thursdays, 2 - 6 p.m.
Website: https://www.facebook.com/ZiaYAAccessCenter

Speaking of Hope
Speaking of Hope is a network for young adults to connect with others through shared experiences, resources, and to promote self-discovery; and is supported by the Massachusetts Department of Mental Health.
Email: SpeakingofHope@MassMail.State.MA.US
Website: www.speakingofhope.org or https://www.facebook.com/speakingofhopoproject/ and https://twitter.com/speakingofhope

BAGLY, Inc. (Boston Alliance of Gay, Lesbian, Bisexual, Transgender Queer Youth)
BAGLY is a youth-led, adult-supported social support organization committed to social justice and creating, sustaining, and advocating for programs, policies, and services for the LGBTQ youth community. BAGLY clinic services are for youth age 29 and younger across Massachusetts, and BAGLY works with youth 22 and younger providing leadership development, health promotion and services, social support, events, and the statewide GLBTQ+ Youth Group Network.
28 Court Square
Boston, MA 02108
Phone: (617) 227-4313
Fax: (617) 227-3266
Hours: Monday – Friday, 9 a.m. to 7 p.m. (except Wednesday, 9 a.m. to 9 p.m.)
Email: info@bagly.org
Website: http://www.bagly.org

AGLY (Alliance of Gay, Lesbian, Bisexual, Transgender Youth) Network—Massachusetts locations
https://www.bagly.org/the-agly-network/

Gay-Straight Alliance Network - Massachusetts
https://www.bagly.org/resourcesforyouth/

Youth on Fire
Youth on Fire (YOF), a program of AIDS Action Committee of Massachusetts, is a drop-in center for homeless and street-involved youth, ages 14-24. It is located in Harvard Square, Cambridge. YOF provides a broad spectrum of vital services, supports and opportunities including hot meals, showers, mental health and medical services, housing search, peer outreach and education, and other supports.
1 Church Street
Cambridge, MA 02138
Phone: (617) 661-2508
Drop-in Hours: Monday, Tuesday, Wednesday, and Friday, 11 a.m. – 5:45 p.m.
Thursday by appointment only.
Email: yof@aac.org
Website: http://www.aac.org/youth-on-fire/ or https://www.facebook.com/YouthOnFireMA/
Youth MOVE (Motivating Others through Voices of Experience) Massachusetts
Youth MOVE is a youth led organization devoted to improving the mental health system, advocating for youth rights, and empowering youth as equal partners in the process of change. Youth MOVE hosts peer-run support groups. The HOPE (Helping Others Promote Equality) Youth Group is for teens ages 13 and up. The YAYA (Young Adults & Youth Advocacy) Young Adult Group is a support and advocacy group for young adults ages 17 and older. The HOPE Youth Group meets every Tuesday at 5 p.m., and the YAYA group meets on the first and third Thursdays every month at 5 p.m. at Youth MOVE’s Worcester office.
40 Southbridge Street, Suite 310
Worcester, MA 01608
Phone: (508) 767-9725
Email: YouthMOVEMassachusetts@gmail.com
Jonathan Mobley, Youth Move’s Youth Coordinator, can be emailed at jmobley@ppal.net.
Website: https://sites.google.com/a/ppal.net/youth-move-massachusetts/ or https://www.facebook.com/youthmovemassachusetts?ref=stream

Other Non-Clinical, Peer-Driven Resources

Mental Health Recovery and the Wellness Recovery Action Plan (WRAP)
Most people are aware of WRAP as a crisis prevention plan, but WRAP is much more. WRAP facilitates a process where the person becomes familiar with personal triggers and warning signs, so that he or she can increase actions that maximize wellness.

A Wellness Recovery Action Plan (WRAP) is an evidence-based practice that is completely self-directed and voluntary. It includes writing a description of what one looks like when well and an inventory of personal strategies and resources that one finds helpful. Then one creates an action plan to use those resources to increase resilience and counteract challenging situations. The action plan is graduated to bring in more resources as circumstances or distress become more challenging. The final components of the WRAP, (if selected by an individual) include a form of an advanced directive, as well as a plan to discontinue the advanced directive plan once pre-determined markers have been achieved.

WRAP is based on five key concepts:

- Hope
- Personal Responsibility
- Education
- Self-Advocacy
- Support

Website: http://www.mentalhealthrecovery.com
Peer Support Whole Health and Resiliency Training (PSWHR)/Whole Health Action Management (WHAM)

WHAM and PSWHR are peer support wellness trainings that promote skill teaching for individuals. The training helps individuals to more effectively improve health resiliency and self-manage health conditions.

Many people who use services in the public mental health system have chronic physical health conditions, often related to metabolic syndrome. Yet making healthy changes, that a person integrates consistently over time, is a challenge for people. These classes support participants to be realistic in goal setting, to establish peer support as a strategy for health, and to consider setting health goals that increase resiliency factors particularly relevant for people with mental health conditions.

Basic tenets of these trainings include utilizing a person-centered planning process to identify health goals, setting goals that are engaging and manageable, and utilizing the Relaxation Response to promote resiliency through stress reduction. One foundation of the class is the recognition that it is easier to create new habits than to change old habits, that it is more effective to focus on what individuals wish to create, rather than what they “need” to change.

Phone: (202) 684-7457
Website: http://www.integration.samhsa.gov/health-wellness/wham

Clubhouses

Although Clubhouses are not strictly based on peer-support, they offer an opportunity for peers to come together in recovery-promoting environments organized around work and the relationships created through clubhouse membership. As noted elsewhere in this resource guide, clubhouses are a primary source of peer support for persons in dual recovery through its sponsorship and promotion of Dual Recovery Anonymous (DRA) meetings.

More information on clubhouses can be found on the Massachusetts Clubhouse Coalition website (www.massclubs.org) and on the International Center for Clubhouse Development (ICCD) website (http://www.iccd.org).

Listing of Massachusetts Clubhouses by Region:

Boston

Center Club (and Casa Primavera)
31 Bowker Street
Boston, MA 02114
Director: Mary Gregorio
Phone: (617) 788-1003 or (617) 788-1000
Fax: (617) 788-1080
Org: Bay Cove Human Services
Email: cntrclb@baycove.org
Website: http://www.centerclubboston.org/ or https://www.facebook.com/pages/Center-Club-Boston/105513792815005
Transitions of Boston
1500 Dorchester Avenue
Dorchester, MA 02122
Director: Vinnette McKay
Phone: (617) 379-5661
Fax: (617) 541–6817
Org: Bay Cove Human Services
Email: vmckay@baycove.org
Website: https://www.baycovehumanservices.org/clubhouse-and-peer-services

Metro Boston

Atlantic House
338 Washington Street
Quincy, MA 02169
Director: Janette Tibets
Phone: (617) 770-9660
Org: Vinfen
Email: Tibetsj@vinfen.org
Website: http://www.atlanticclubhouse.org/

Elliot House
255 Highland Avenue
Needham, MA 02494
Director: Alison Siersdale
Phone: (781) 449-1212
Fax: (781) 449-4064
Org: Riverside Community Care
Email: Asiersdale@riversidecc.org
Website: http://elliothouse.org

Neponset River House
595 Pleasant Street
Norwood, MA 02062
Director: Danielle Ford-Allen
Phone: (781) 762-7075
Org: Riverside Community Care
Email: dfallen@riversidecc.org
Website: http://www.neponsetriverhouse.org/
Central

Employment Options Clubhouse
82 Brigham Street
Marlborough, MA 01752
Director: Liz Gulachinski
Phone: (508) 485-5051
Fax: (508) 485-8807
Org: Employment Options
Email: newmember@employmentoptions.org or lgulachenski@employmentoptions.org
Website: http://www.employmentoptions.org/ or https://www.facebook.com/EmploymentOptions/

Charles Webster Potter Place
15 Vernon Street
Waltham, MA 02453
Director: Judith Kellam
Phone: (781) 894-5302
Org: Edinburg
Email: jkellam@edinburgcenter.org
Website: http://www.edinburgcenter.org/charles-webster-potter-place/ or http://www.cwpotterplace.org

Crossroads Clubhouse
11 Williams Street
Hopedale, MA 01747
Program Director: Lauren Baxter
Phone: (508) 473-4715
Org: Riverside Community Care
Email: lbaxter@riversidecc.org
Website: http://www.crossroadsclubhouse.org/

Elm Brook Place
4 A Street, 1st Floor
Burlington, MA 01803
Director: Carrie Endicott
Phone: (781) 202-3478
Fax: (781) 202-3481
Org: Eliot Community Human Services
Email: cendicott@eliotchs.org
Website: http://www.elmbrookplace.org/
Genesis Club, Inc.
274 Lincoln Street
Worcester, MA 01605
Program Director: Ruth Osterman
Phone: (508) 831-0100
Org: Genesis Club
Email: training@genesisclub.org or ruth@genesisclub.org
Website: http://www.genesisclub.org or https://www.facebook.com/genesisclubinc/

Tradewinds
309 Main Street
Southbridge, MA 01550
Director: Brittany Walker
Phone: (508) 765-9947
Org: Viability
Email: tradewinds@hru.org or BWalker@viability.org
Website: https://www.facebook.com/tradewinds.club/

Westwinds
545 Westminster Street
Fitchburg, MA 01420
Director: John DiPaoli
Phone: (978) 345-1581
Org: Community Health Link
Email: jdipaoli@communityhealthlink.org or westwinds@communityhealthlink.org
Website: http://www.communityhealthlink.org/chl/adult-outpatient-services/westwinds-clubhouse

Northeast

Haverhill Clubhouse
100 Locust Street
Haverhill, MA 01830
Director: Kerry Caraccio
Phone: (978) 521-6957
Org: Vinfen
Email: caracciok@vinfen.org
Website: http://www.haverhillclub.org/

Horizon House
78 Water Street
Wakefield, MA 01880
Director: Catherine Taatjes
Phone: (781) 245-4272
Fax: (781) 245-4276
Org: Riverside Community Care
Email: ctaatjes@riversidecc.org
Website: http://www.horizonhouseclubhouse.org/
Point After Club
15 Union Street, Suite #70 (lower level)
Lawrence, MA 01840
Director: Tom Coppinger
Phone: (978) 681-7753
Fax: (978) 725-5527
Org: Vinfen
Email: coppingerth@vinfen.org
Website: http://www.pointafterclub.org/

Renaissance Club
176 Walker Street, Second Floor
Lowell, MA 01854
Director: Heather Gilbert
Phone: (978) 454-7944
Fax: (978) 937-7867
Org: Eliot Community Human Services
Email: hgilbert@eliotchs.org or renclublowell@gmail.com
Website: https://www.renaissanceclublowell.org/ or https://www.facebook.com/Renaissance-Club-106091496142394/

Southeast

Anchor House
2277 Purchase Street
New Bedford, MA 02746
Director: Paul Lavoie
Phone: (508) 984-4300
Fax: (508) 984-1453
Org: Fellowship Health Resources
Email: plavoie@fhr.net
Website: https://www.fhr.net/our-services/clubhouses/anchorhouse

Baybridge
278 Main Street
Hyannis, MA 02601
Director: Tom Couhig
Phone: (508) 778-4234
Org: Vinfen
Email: couhigt@vinfen.org
Website: http://www.baybridgeclubhouse.org/
Corner Clubhouse
225 Cape Highway
East Taunton, MA 02718
Director: Karen Therrien
Phone: (508) 828-4591
Org: Fellowship Health Resources
Email: ktherrien@FHR.net
Website: https://www.fhr.net/our-services/clubhouses/cornerclubhouse

Cove Clubhouse
383 Route 28
Harwichport, MA 02646
Director: Sabrina Kreber
Phone: (508) 432-7774
Org: Vinfen
Email: Krebers@vinfen.org
Website: www.coveclubhouse.org or https://www.facebook.com/Cove-Clubhouse-96369568380/

Fairwinds
155 Katherine Lee Bates Road
Falmouth, MA 02540
Director: Gerald McDowell
Phone: (508) 540-6011
Org: Fellowship Health Resources
Email: gmcdowell@fhr.net
Website: http://www.fhr.net/our-services/clubhouses/fairwinds

Plymouth Bay House
340 Court Street
Plymouth, MA 02360
Director: Jaimee Provan
Phone: (508) 747-1115
Org: Vinfen
Email: provanj@vinfen.org
Website: http://www.plymouthbayhouse.org/ or https://www.facebook.com/plymouthbayhouse/

Towne House
1706 President Avenue
Fall River, MA 02720
Director: Tom Couhig
Phone: (508) 672-2023
Fax: (508) 672-2051
Org: Fellowship Health Services
Email: Tcouhig@fellowshipgr.org
Website: https://www.fhr.net/our-services/clubhouses/townehouse
Western

**Forum House**
55 Broad Street  
Westfield, MA 01085  
Director: Sally English  
Phone: (413) 562-5293  
Fax: (413) 562-9163  
Org: Viability  
Email: senglish@viability.org or forumhouse2@viability.org  
Website: [http://www.hru.org/site/services/forum-house](http://www.hru.org/site/services/forum-house) or [https://www.facebook.com/ForumHouse-Westfield-1645719352331285/](https://www.facebook.com/ForumHouse-Westfield-1645719352331285/)

**Green River House**
37 Franklin Street  
Greenfield, MA 01301  
Director: Kim Britt  
Phone: (413) 772-2181  
Fax: (413) 772-2032  
Org: Clinical and Support Options  
Email: Kbritt@csoinc.org or grh@csoinc.org  

**Lighthouse**
1401 State Street  
Springfield, MA 01109  
Director: Toni Bator  
Phone: (413) 736-8974  
Fax: (413) 785-5030  
Org: Viability  
Email: tbator@viability.org  
Website: [http://humanresourcesunlimited.org/htdocs/lighthouse_program.php](http://humanresourcesunlimited.org/htdocs/lighthouse_program.php) or [https://www.facebook.com/viabilityocks/](https://www.facebook.com/viabilityocks/)

**Star Light Center**
251 Nonotuck Street  
Florence, MA 01062  
Director: Evan Kerke  
Phone: (413) 586-8255  
Fax: (413) 586-8311  
Org: Viability  
Email: Ekerke@viability.org  
Website: [http://humanresourcesunlimited.org/htdocs/starlight_program.php](http://humanresourcesunlimited.org/htdocs/starlight_program.php) or [https://www.facebook.com/pg/251sle](https://www.facebook.com/pg/251sle)
**Odyssey House**
474 Appleton Street
Holyoke, MA 01040
Director: Jillian Cunningham
Phone: (413) 538-4377
Fax: (413) 538-4355
Org: Viability
Email: jcunningham@viability.org
Website: https://www.viability.org/clubhouses or
https://www.facebook.com/Odyssey-Clubhouse-644025472417561/

**Quabbin House**
25 West Main Street
Orange, MA 01364
Director: Danielle Barron
Phone: (978) 544-1859
Fax: (978) 544-1860
Org: Clinical Support Options
Email: Daniellebarron@csoinc.org or info@csoinc.org
Website: https://www.csoinc.org/community-based-programs

**Berkshire Pathways**
199 B South Street
Pittsfield, MA 01201
Director: David Brien
Phone: (413) 464-7949
Fax: (413) 464-7942
Org: Viability
Email: dbrien@viability.org
Website: https://www.facebook.com/BerkshirePathways/
Cross-Disability/Miscellaneous Resources for Peers

Independent Living Centers

Independent Living Centers have been providing their core services of information and referral, independent living skills training, peer counseling and individual and systems advocacy since the first center was started in Berkeley, California in 1972.

Independent Living Centers are run and controlled by persons with disabilities. A basic tenet of the Independent Living movement is that support and role modeling by someone who has faced similar situations and challenges are invaluable resources in assisting persons with disabilities gain control and independence over their lives.

Independent Living Centers offer services to persons across the disability spectrum, including psychiatric disabilities, and are located throughout the state of Massachusetts and the rest of the country. Locally, the Massachusetts Independent Living Centers receive significant funding through the Massachusetts Rehabilitation Commission and are located in the following communities:

**Ad-Lib, Inc. – Pittsfield**
Joseph Castellani, Jr., Executive Director
215 North Street
Pittsfield, MA 01201
Phone: (413) 442-7047
Fax: (413) 443-4338
Email: jcastellani@adlibcil.org or adlib@adlibcil.org
Website: [https://www.adlibcil.org/](https://www.adlibcil.org/)

**STAVROS – Amherst**
Angelina Ramirez, Executive Director
210 Old Farm Road
Amherst, MA 01002
Phone: (413) 256-0473
Toll-free: 1-800-804-1899
Email: aramirez@stavros.org or info@stavros.org
Website: [www.stavros.org](http://www.stavros.org) or [https://www.facebook.com/stavros413/](https://www.facebook.com/stavros413/)
Center for Living and Working, Inc. – Worcester
Meg Coffin, Chief Executive Officer
484 Main Street, Suite 345
Worcester, MA 01608
Phone: (508) 798-0350
Video Phone: (508) 762-1164
TTY: (508) 755-1003
Toll-free: 1-800-570-4020
Fax: (508) 797-4015
Email: mcoffin@centerlw.org or opsearch@centerlw.org
Website: http://www.centerlw.org/ or https://www.facebook.com/CenterForLivingAndWorking/

Boston Center for Independent Living – Boston
Bill Henning, Executive Director
60 Temple Place, 5th Floor
Boston, MA 02111
Phone: (617) 338-6665
Toll-Free: 1-866-338-8085
TTY: (617) 338-6662
Fax: (617) 338-6661
Email: bhenning@bostoncil.org
Website: https://bostoncil.org/

Cape Organization for the Rights of the Disabled – Hyannis
Coreen Brinckerhoff, Chief Executive Officer
106 Bassett Lane
Hyannis, MA 02601
CORD will be moving in October or November—email then for new address
Phone: (508) 775-8300
Toll-free: 1-800-541-0282
Fax: (508) 775-7022
V/TTY (508) 775-8300
Email: cordinfo@cilcapecod.org
Website: http://www.cilcapecod.org or https://www.facebook.com/cordcapecod/

Independence Associates, Inc. – East Bridgewater
Steve Higgins, Executive Director
100 Laurel Street, Suite 122
East Bridgewater, MA 02333
Phone: (508) 583-2166
Toll-free: 1-800-649-5568
Fax: (508) 583-2165
Email: shiggins@iacil.org or info@iacil.org
Website: https://www.iacil.org/
Disability Resource Center (formerly Independent Living Center of the North Shore and Cape Ann, Inc.) – Salem
Lisa Orgettas, Executive Director
27 Congress Street, Suite 107
Salem, MA 01970
Phone: V/TTY: (978) 741-0077
Fax: (978) 741-1133
Email: lorgettas@disabilityrc.org or information@disabilityrc.org
Website: https://disabilityrc.org/ or https://www.facebook.com/DisabilityRCSalem

MetroWest Center for Independent Living – Framingham
Paul Spooner, Executive Director
280 Irving Street
Framingham, MA 01702
Phone: (508) 875-7853
Fax: (508) 875-8359
Email: pspooner@mwcil.org or info@mwcil.org
Website: https://www.mwcil.org/ or https://www.facebook.com/MWCIL/

Northeast Independent Living Center – Lawrence
June Sauvageau, Chief Executive Officer

Lawrence Site:
20 Ballard Road
Lawrence, MA 01843
Phone, V/TTY: (978) 687-4288
Fax: (978) 689-4488

Lowell Site:
35 John Street, 2nd Floor
Lowell, MA 01852
Phone: V/TTY: (978) 687-4288
Fax: (978) 455-4999
Email: jsauvageau@nilp.org or help@nilp.org
Website: www.nilp.org or
https://www.facebook.com/TheNortheastIndependentLivingProgramInc

Southeast Center for Independent Living – Fall River
Lisa Pitta, Executive Director
66 Troy Street, Suite #3
Fall River, MA 02720
Phone: (508) 679-9210
Fax: (508) 677-2377
Email: lpitta@secil.org or scil@secil.org
Website: http://www.secil.org/ or https://www.facebook.com/SCILinc/
Miscellaneous Resources

Massachusetts Advocacy and Legal Resources

- Disability Law Center of Massachusetts: https://www.dlc-ma.org/
- Mental Health Legal Advisors Committee (MHLAC): http://www.mhlac.org/

Other Local Peer Resources

Jonathan O. Cole Resource Center
Contact: Joanne Grady-Savard, Executive Director
Cole Resource Center
deMarneffe Building, Room 120A
115 Mill Street
Belmont, MA 02478
Phone: (617) 855-3298
Fax: (617) 855-3666
Email: info@coleresourcecenter.org
Website: http://www.coleresourcecenter.org

DBSA (National Depression and Bipolar Support Alliance)
55 E. Jackson Blvd, Suite 490
Chicago, Illinois 60604
Toll-free Phone: 1-800-826-3632
Fax: (312) 642-7243
Email: info@dbsalliance.org
Website: http://www.dbsalliance.org

DBSA-Boston (Depression and Bipolar Support Alliance of Boston)
Contact: Barry Park
P.O. Box 102
115 Mill Street
Belmont, Mass 02478
Phone: (617) 855-2795
Fax: (617) 855-3666
Email: info@dbsaboston.org
Website: http://www.dbsaboston.org/ or https://www.facebook.com/BostonDBSA
NAMI Greater Boston Peer Support and Advocacy Network  
(formerly NAMI Greater Boston Consumer Advocacy Network)
NAMI provides a weekly volunteer staff meeting open to all peers and a monthly business  
meeting with speakers and food. NAMI mentors people to work in human services, does  
advocacy work, and implements NAMI peer run programs: NAMI Connection support groups, In Our Own Voice speakers, and Peer-to-Peer educational classes.  
Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS  
Erich Lindemann Building, Plaza Level  
25 Staniford Street  
Boston, MA 02114  
Phone: (781) 642-0368  
Email: info@namiboston.org  
Website: https://namiboston.org/people-living-mental-illness/

Eastern Mass Peer Network (EMPN)  
The Eastern Mass Peer Network is a professional organization of peer workers. It hosts a  
twice-monthly peer support call for peer workers on the first and third Wednesday of each  
month from 8 to 9:30 p.m.  
To join the monthly calls by telephone: (855) 888-3858  
To join the monthly calls via computer: https://www.uberconference.com/mbarbone57  
Email: 2017empn@gmail.com  
Website: https://www.facebook.com/EMPeerNet/

Hearing Voices Network USA  
Hearing Voices Peer Services is an organization that connects those who are living with seeing  
visions, hearing voices, and other unusual experiences. They help provide resources and nationally, and have support groups in local neighborhoods.  
Email: info@hearingvoicesusa.org  
Website: http://www.hearingvoicesusa.org/

Deaf and Hard of Hearing Recovery Project  
Contact: Marnie Fougere  
Video Phone: (617) 606-7508  
Email: info@transformation-center.org or marnief@transformation-center.org  
Website: http://transformation-center.org/home/community/deaf-and-hard-of-hearing-recovery-project/

Blacks United in Recovery  
Contact: Valeria Chambers  
Phone: (617) 442-4111, Ext. 322  
Email: valeriac@transformation-center.org  
Website: http://transformation-center.org/home/community/consumers-of-color-peer-networking-project/
Massachusetts United for Connection and Healing (MUCH)
A project of The Transformation Center, MUCH is a network for the peer support workforce and community to strengthen skills, increase information sharing, and build healing connections across Massachusetts. MUCH is building a coalition across the state to facilitate and develop infrastructure for certified peer specialists (CPS), in-person networking events, webinars, and opportunities to learn and connect as a workforce.
Contact: Jillian Aucoin, project coordinator
Email: info@muchnetwork.org
Website: www.MUCHnetwork.org (under construction)

Opening Doors to the Arts (ODA)
Opening Doors to the Arts obtains free and reduced price tickets and access to concerts, theater, and the occasional sporting events through the connection it maintains with over 20 venues. Typically, several different events are available every week.
Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS
Phone: (781) 642-0368
Email: howard@openingdoorstothearts.org
Website: http://www.openingdoorstothearts.org

Two Hats Networking Dinners (Twohats)
This dinner was established as a support network for people with mental health challenges who were working in human services and were afraid of coming out to their employer. Today, many people considering working or volunteering in peer support come as well. All peers are welcome to attend.
Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS
Phone: (781) 642-0368
Email: hdt@mit.edu
Website: www.twohats.org

Other National Peer Resources

Crisis Text Line
The Crisis Text Line is a free texting service run by DoSomething.org, to help those experiencing a crisis. The line is available 24 hours a day, seven days a week. If you text HOME to 741741, a trained volunteer counselor will receive the message and assist immediately.
Phone: Text HOME to 741741
Website: https://www.crisistextline.org/
Peer-run National Technical Assistance Centers

- **The National Empowerment Center**:  
  [http://www.power2u.org/](http://www.power2u.org/)

- **STAR Center** (Support, Technical Assistance and Resources):  

- **Peerlink Technical Assistance Center**, a project of MHA of Oregon:  
  [http://www.peerlinktac.org/](http://www.peerlinktac.org/)

- **Consumer Supporter Technical Assistance Center** - The Family Café:  
  [http://cafetacenter.net/](http://cafetacenter.net/)

- **Doors to Wellbeing National Technical Assistance Center**, established by The Copeland Center for Wellness and Recovery:  

- **The National Mental Health Consumers' Self-Help Clearinghouse**:  
  (*Still in operation although no longer funded by SAMHSA. Since June 2018, it has been affiliated with the Temple University Collaborative on Community Inclusion.*)