Addiction and Mental Health Recovery Peer Support Resource Guide

Updated May 2023
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Addiction/Dual Recovery Peer Supports

Peer Recovery Support Centers

Update: Many peer recovery support centers have started to open. They are open for in-person supports while following COVID safety guidelines. Contact the centers directly for the most current information.

Community-based Peer Recovery Support Centers are funded by the Department of Public Health. They give individuals with alcohol and/substance use disorder issues and/or families affected by addictions a place to both offer and receive support. These centers are mostly run by volunteers. Members help choose, plan, and run the activities offered. There are now 26 BSAS-funded centers throughout the Commonwealth, with an additional five to be funded. Below is a listing of current information on the Peer Recovery Support Centers as of February 2021.

Western Massachusetts

Recover Project

Update: Recover Project has moved to hybrid programs. This included in-person and virtual meetings via Zoom. Please call or visit the Facebook page for the most current information.

Contact: Abbi Cushing, Program Director
68 Federal Street
Greenfield, MA 01301
Phone: (413) 774-5489, Ext. 103
Fax: (413) 774-6039
Email: ACushing@wmtcinfo.org
Website: www.recoverproject.org/ or https://www.facebook.com/TheRECOVERProject/

Hope for Holyoke Recovery Support Center

Update: The Center has moved to hybrid programs. This included in-person and virtual meetings via Zoom. Hope for Holyoke has many online support groups and meetings. Information is listed on the Facebook page. For the most current information please check the Facebook page or call as hours are subject to change as safety guidelines are adjusted.

Contact: Raymond Rodriguez, Director
Holyoke, MA 01040
Phone: (413) 561-1020 or (413) 296-6111
217 High Street
Holyoke, MA 01040
Email: Rodriguez2@gandaracenter.org
Website: https://www.gandaracenter.org/hopeforholyoke/ or https://www.facebook.com/HFHRC/
Valor Recovery Support Center
Update: The center has reopened with a limit to how many people can be in the building. Please call the center at (413) 320-3546. You can reserve a spot or get updates. Information on the Springfield Recovery Center’s in-person and online meetings is posted on its Facebook page.
Program Director: Julie Gagne
383 Worthington Street
Springfield, MA 01105
Phone: (413) 507-3635
Email: zgagne@qandaracenter.org
Website: https://www.facebook.com/valorrecoverycenter/
https://www.facebook.com/valorrecoverycenter

Living in Recovery
Director: Julie MacDonald
81 Linden Street
Pittsfield, MA 01201
Phone: (413) 570-8243
Email: jmacdonald@servicenet.org
Website: or https://www.facebook.com/livinginrecoverypittsfield/ or https://www.livinginrecoverypittsfield.org/

Northampton Recovery Center
Contact: Trevor Dayton, Outreach Coordinator
25 Armory St
Northampton, MA 01060
Phone: (413) 834-4127
Email: tdayton@wmtcinfo.org or info@northamptonrecoverycenter.org
Website: https://www.northamptonrecoverycenter.org/ or https://www.facebook.com/northamptonrecoverycenter.org

Central Massachusetts

Everyday Miracles
Contact: Michael Earielo, Program Director
25 Pleasant Street
Worcester, MA 01609
Phone: (774) 670-4622
Email: Michael.earielo@spectrumsystems.org or everydaymiracles@spectrumsys.org
Website: https://everydaymiraclesprsc.com/ or https://www.facebook.com/EDMPeers/
No One Walks Alone (NOWA)
**Update:** NOWA is currently open and still holding hybrid meetings online. Please visit our app or website for more information!
Contact: Laura Hutchinson, Program Director, Volunteer Coordinator
9 Spring Street
Whitinsville, MA 01588
Phone: (508) 266-0210
Email: lhutchinson@familycontinuity.org
Website: [https://nowarsc.org/](https://nowarsc.org/) and [https://www.facebook.com/NOWARSC](https://www.facebook.com/NOWARSC)
App: [https://nowaedm.glideapp.io/](https://nowaedm.glideapp.io/)

Alyssa's Place
**Update:** Alyssa’s Place has re-opened, but many meetings are still hybrid. Please call or visit the website and Facebook page for the most current information.
297 Central Street
Gardner, MA 01440
Contact: Jackie Morse, Program Director
Phone: (978) 364-0920
Email: jmorse@qgamha.org
Website: [https://www.alyssasplace.org/](https://www.alyssasplace.org/) and [https://www.facebook.com/Alyssas-Place-Peer-Recovery-and-Resource-Center-1036671136361774](https://www.facebook.com/Alyssas-Place-Peer-Recovery-and-Resource-Center-1036671136361774)

Northeast Massachusetts

New Beginnings Peer Recovery Center
**Update:** The center is open by appointment for members and others who could need the center’s resources. Check the current Facebook page for online meetings and other support.
Contact: Joanna Morillo, Program Director
487 Essex Street
Lawrence, MA 01840
Phone: (978) 655-3674
Fax: (978) 258-4355
Email: joanna.morillo@spectrumhealthsystems.org

Lowell Recovery Café
**Update:** The Recovery Café has reopened. They have limited capacity and are following COVID safety protocols. Please call the Recovery Café or visit their Facebook group for the most up to date information.
Contact: Rich Hollett, Division Director of Recovery Support Services; Nicole Cardelle, Program Director
20 Williams Street
Lowell, MA 01852
Phone: (978) 677-6087
Email: rhollett@lowellhouseinc.org ncardelle@lowellhouseinc.org
Website: [https://www.lowellhouseinc.org/recovery-cafe](https://www.lowellhouseinc.org/recovery-cafe) or [https://www.facebook.com/recoverycafelowell/](https://www.facebook.com/recoverycafelowell/)
Lynn Peer Recovery Support Center – Coming Soon

The Bridge Recovery Center
Update: The Bridge Recovery Center has re-opened, but hybrid meetings on Zoom are still available. Please see the Facebook page for the most up to date information.
Contact: Keriann Caccavaro, Program Director
239 Commercial St
Malden MA 02148
Phone: (781) 480-4937
Email: KeriannCaccavaro@gavinfoundation.org
Website: https://www.bridgerecoverycenter.org/ or https://www.facebook.com/bridgerecoverycenter

Metro West Massachusetts

The Recovery Connection
Update: The Recovery Connection has moved to hybrid programming. This includes in-person and virtual meetings. Please contact the Recovery Connection at (508) 485-0298 for the most current information.
Contact: Carmen Ortiz, Program Director
31 Main Street
Marlborough, MA 01752
Phone: (508) 485-0298
Fax: (508) 485-0312
Email: Carmen.Ortiz@spectrumhealthsystems.org
Website: http://www.therecoveryconnection.org/ or https://www.facebook.com/TheRecoveryConnection.org/

A New Way Recovery Center
Update: The center has reopened with a limited capacity. They are following COVID-19 safety guidelines. Please contact the New Way Recovery Center at (617) 302-3287 for the most current information.
Contact: Warren Nicoli, Program Director
85 Quincy Avenue, Suite B
Quincy, MA 02169
Phone: (617) 302-3287
Fax: (617) 481-0324
Email: wnicoli@baystatecs.org or
Website: http://anewwayrecoveryctr.org/ or https://www.facebook.com/A-New-Way-Peer-Recovery-Center-447672198690167/
**Turning Point Recovery Center**

*Update:* Turning Point Recovery Center is now open, but some meetings remain hybrid. Find up-to-date meeting information and other news on the Facebook page: [https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/](https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/)

Contact: Gerard Touchette, Peer Engagement Wellness Resource Coordinator
32 Common Street
Walpole, MA 02081
Phone: (508) 668-3960
Email: gtouchette@baystatecs.org
Website: [https://turningpointrecoverycenter.org/](https://turningpointrecoverycenter.org/) or [https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/](https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/)

**Framingham Recovery Center**

*Update:* The Center is open for in-person activities by appointment only and continues Zoom meetings. Please check the Facebook page or call (508) 424-2520 for the most current information.

Contact: Amy Odell, Program Director
19 Concord St., Suite 1
Framingham, Ma 01701
Phone: (508) 424-2520
Email: recoverycenter@smoc.org
Website: [https://www.smoc.org/anchored-in-recovery.php](https://www.smoc.org/anchored-in-recovery.php) or [https://www.facebook.com/anchored.in.recovery.-/](https://www.facebook.com/anchored.in.recovery.-/)

**Southeast Massachusetts**

**Positive Individuals Engaged in Recovery (PIER) Recovery Center of Cape Cod**

*Update:* PIER has re-opened with limited capacity. Please call the center at (508) 827-6150 for the most current information, to make an appointment. Zoom meetings available—see Facebook page.

Contact: Shelby Silvers, Director; AJ Wilsey, Interim Director
Contact: n/a
209 Main Street
Hyannis, MA 02601
Phone: (508) 827-6150
Email: s.silvers@gandaracenter.org; a.wilsey@gandaracenter.org or [https://www.facebook.com/pierrecovery/](https://www.facebook.com/pierrecovery/)

**Stairway to Recovery**

*Update:* A limited number of people can be inside at one time. Please call the center at (774) 257-5660 before coming in.

Contact: Efrain Baez, Program Director,
90 Main Street
Brockton, MA 02302
Phone: (774) 257-5660
Email: ebaez@gandaracenter.org
Website: [https://gandaracenter.org/stairway-to-recovery/](https://gandaracenter.org/stairway-to-recovery/) or [https://www.facebook.com/Stairway2Recovery](https://www.facebook.com/Stairway2Recovery)
Peer2Peer Recovery Support Center

**Update:** Center is open for in-person and/or Zoom. There is a 25-person limit. See the Facebook page for information.

Contact: Destinee Barnes, Director
175 North Main Street
Fall River, MA 02720
Phone: (508) 567-5086
Email: dbarnes@steppingstoneinc.org
Website: [http://www.steppingstoneinc.org/p2p/](http://www.steppingstoneinc.org/p2p/) or [https://www.facebook.com/P2PRSC/](https://www.facebook.com/P2PRSC/)

Martha’s Vineyard Recovery Center

**Update:** The center has reopened. There is a limit of 10 people at a time. For the most current information, please call the center at (508) 693-2900 or visit the Facebook page.

Contact: Erin Muldoon, Director
12 Beach Road
Oak Bluffs, MA 02557
Phone: (508) 693-2900
Website: [https://www.facebook.com/TheRedHouseMV](https://www.facebook.com/TheRedHouseMV)
Email: emuldoon@mvmcommunityservices.org
Website: [www.redhousercovery.org](http://www.redhousercovery.org) or [https://www.mvmcommunityservices.org/services/peer-recovery-support-center/](https://www.mvmcommunityservices.org/services/peer-recovery-support-center/)

Plymouth Recovery Center

**Update:** The Plymouth Recovery Center has reopened. There is a limit of 10 people at a time. Visit the Facebook page for daily updates.

Contact: Robert Jencks, Director
5 Main Street Extension
Plymouth, MA 02360
Phone: (774) 225-0723
Email: rjencks@gandaracenter.org
Website: [https://plymouthrecoverycenter.org/](https://plymouthrecoverycenter.org/) or [https://www.facebook.com/PlymouthRecoveryCenter/](https://www.facebook.com/PlymouthRecoveryCenter/)

RISE Recovery Support Center

**Update:** For the most current information, please contact the center at (774) 762-4431.

Contact: Dave Daniels, Program Director
497 Belleville Ave.
New Bedford, MA 02746
Phone: (774) 762-4076
Email: ddaniels@paaca.org
Website: [https://www.facebook.com/RISErecoverysupportcenter/](https://www.facebook.com/RISErecoverysupportcenter/)
Boston Area

STEPRox Recovery Support Center
**Update** All meetings are still being held remotely. For the most current information, please call or visit the Facebook page.
Contact: Loretta Leverett, Program Director
153 Blue Hill Avenue
Roxbury, MA 02119
Phone: (617) 442-7837
Fax: (617) 445-3573
Email: leverett@northsuffolk.org

Devine Recovery Center
**Update** The center is in the process of re-opening. Please see the website or Facebook group for the most up to date information.
Contact: Dave Decourcye, Program Director
70 Devine Way
South Boston, MA 02127
Phone: (857) 496-7342
Fax: (857) 496-0177
Email: DaveDecourcye@GavinFoundation.org

The Room to Grow Recovery Support Center (formerly St. Francis House Recovery Support Center)
**Update** St. Francis House Recovery Support Center has changed its name to The Room to Grow Recovery Support Center and remains open to its members. Please call for the most up-to-date information.
Director position is open and not filled
Contact: Darren Morgan, Member Engagement Coordinator, Jose Rodriguez, Operations Coordinator, or Luz Reyes, Community Outreach Coordinator
39 Boylston Street
Boston, MA 02116
Phone: (617) 654-1201 or (617) 654-1200
Email: dmorgan@stfrancishouse.org and jrodriguez@stfrancishouse.org, ireyes@stfrancishouse.org
Recovery on the Harbor

**Update:** Recovery on the Harbor is open and adhering to social distancing guidelines. Please check Facebook for the most up to date information.

Contact: William Magner, Director; Rose Stone, Recovery Coach
983 Bennington Street
East Boston, MA 02128
Phone: (617) 874-8046
Email: wmagner@northsuffolk.org or rstone@northsuffolk.org
Website: https://www.facebook.com/ROHEastBoston

**Other Recovery Community Centers/Organizations**

The Boston Public Health Commission also funds the Safe and Sound Recovery Center. This provides peer-led support services. Those services include recovery coaching, support groups, peer leadership training opportunities, and more.

**Safe and Sound Recovery Center**

**Update:** Safe and Sound Recovery Center is open. You must stay socially distant and wear masks.

Contact: Douglas Lomax, Program Manager
774 Albany St., 2nd Floor, Room 207
Boston, MA 02118
Phone: (617) 534-2186
Hours: Monday–Friday, 8 a.m. – 5 p.m.
Open NA Meetings: Monday - Friday, 9 – 10 a.m.
Living Sober meetings Mondays and Wednesdays 1:15 – 2 p.m.
Email: dlomax@bphc.org

A number of other recovery communities and organizations host recovery centers including the following:

**The Phoenix**

**Update:** The Phoenix is a national active sober organization with local programs including a gym facility in Dorchester and satellite programs around the state.

Contact: Amily Aspell, Program Coordinator
54 Newmarket Square
Boston, MA 02118
Phone: (857) 239-8422
Email: gaspell@thephoenix.org
Website: www.thephoenix.org
Opening the Word Peer Recovery Center
Update: Please visit the website for more information about Opening the Word and the available in-person programming.
174 Main Street
PO Box 536
Webster, MA 01570
Contact: Rev. Janice Ford
Phone: (508) 330-8073
Email: pj20openingthewordwebster@gmail.com
Website: www.openingthewordwebster.com or https://www.facebook.com/OpeningtheWord

Restoration Recovery Center
Update: Restoration Recovery Center Inc. is currently open. Please check the weekly schedule for updates on meetings and meetings held in the evening posted weekly on the center’s website and Facebook page.
40 Fairmount Street
Fitchburg, MA 01420
Contact: Julia Armstrong
Phone: (978) 696-3181
Email: julia@rrcifitchburg.com

River to Recovery Center
Update: For the most current information on in-person and Zoom meetings please see the Facebook page.
1507 Pleasant Street, Fall River, MA 02723
Contact: Kevin Doyle
Phone: (774) 704-5501
Email: Kstar333@msn.com
Website: https://www.riverrecovery.org/ and https://www.facebook.com/rivertorecoveryfr/

South Shore Peer Recovery Center
Update: Groups are currently being held in a hybrid model. For the most up-to-date information and scheduling, please visit the website.
51 Cole Parkway
Scituate, MA 02066
Contact: Mark Mulhern, Michael Corcoran (Recovery Coach)
Phone: (781) 378-0453
Email: mmulhern@southshorepeerrecovery.com or mcorcoran@southshorepeerrecovery.com
Website: www.southshorepeerrecovery.org and https://www.facebook.com/southshorepeerrecovery/
North Berkshire Community Coalition (they no longer do recovery, they are now prevention)

**Update:** North Berkshire Community Coalition has reopened to the public. For the most up-to-date information on events and happenings, please visit the Facebook page at [https://www.facebook.com/nbccoalition](https://www.facebook.com/nbccoalition).

61 Main Street
Suite 218
North Adams, MA 01247
Contact: Lindzie White
Phone: (413) 663-7588
Email: lwhite@nbccoalition.org
Website: [www.nbccoalition.org](http://www.nbccoalition.org) and [https://www.facebook.com/nbccoalition](https://www.facebook.com/nbccoalition)

North Quabbin Recovery Center

**Update:** All meetings are now available both in-person and via Zoom. For the most up-to-date hours, news, and information, please visit the Facebook page at [https://www.facebook.com/NorthQuabbinRECOVERYcenter](https://www.facebook.com/NorthQuabbinRECOVERYcenter).

251 Exchange Street
Athol, MA 01331
Contact: Heather Bialecki-Canning
Phone: (978) 249-3703
Email: heather@nqcc.org
Website: [http://www.nqcc.org/](http://www.nqcc.org/) and [https://www.facebook.com/NorthQuabbinRECOVERYcenter](https://www.facebook.com/NorthQuabbinRECOVERYcenter)

Ware Regional Recovery Center

**Update:** For the most current information please visit the webpage: [https://qhsua.org/ware-regional-recovery-center/](https://qhsua.org/ware-regional-recovery-center/)

Contact: Abigail Duda (Community Engagement Coordinator)
Phone: (413) 207-7840
Email: aduda@townofware.com
Website: [https://qhsua.org/](https://qhsua.org/) and [https://www.facebook.com/QHSUA/](https://www.facebook.com/QHSUA/)

Additional Substance Use Recovery Resources

**Dual Recovery Anonymous**

**Update:** Online and hybrid meetings are available, as well as limited in-person meetings for Clubhouse members.

Dual Recovery Anonymous™ (DRA) is a 12-step self-help program. It helps individuals affected by an emotional or psychiatric disability. It also helps people with an alcohol or drug dependency or addiction. Its members help each other achieve dual recovery, prevent relapse, and carry the message of recovery to others.

The Massachusetts Clubhouse Coalition (MCC) has expanded the availability of DRA meetings throughout the state. They have a contract with the Massachusetts Behavioral Health Partnership (MBHP). There are now 50 DRA groups and substance awareness meetings in Massachusetts. A current schedule of meetings can be found on the link listed on the next page.
Dual Recovery Anonymous™ website: http://www.draonline.org/
Current list of DRA meetings: http://www.massclubs.org/dual-recovery-meetings/
More information on the MCC and DRA: https://www.massclubs.org/dual-recovery-committee/

Massachusetts Organization for Addiction Recovery (MOAR)
The Massachusetts Organization for Addiction Recovery (MOAR) is a statewide organization of persons in recovery from addictions, families, and friends. They want to educate the public about the value of living in recovery. MOAR has a resource guide on addiction, recovery, and community resources. It also offers community education on recovery and recovery supports. MOAR uses its voice to educate policy makers and partners with treatment providers, stakeholders, and allies to remove barriers in the recovery process.
Contact: Maryanne Frangules, Executive Director
105 Chauncy Street, 6th Floor
Boston, MA 02111
Phone: (617) 423-6627
Fax: (617) 423-6626
Email: maryanne@moar-recovery.org
Website: http://www.moar-recovery.org

Family Resources
Resources for those who have loved ones dealing with substance use disorder issues

Learn to Cope
Update All in-person meetings are postponed until further notice. For information on virtual support meetings via Zoom please visit https://www.learn2cope.org/contacts/. Please continue to check the website and Facebook page for the most current updates. Learn to Cope is a peer organization. They help family members and relatives who have loved ones dealing with substance use disorder issues. They offer resources and support through statewide weekly meetings.
Contact: Joanne Peterson, Executive Director or Carrie Walsh
4 Court Street, Suite 110
Taunton, MA 02780
Phone: (508) 738-5148
Office hours: Monday through Friday, 9 a.m. - 4:30 p.m.
Email: ltc@Learn2cope.org
Website: learn2cope.org or https://www.facebook.com/Learn2Cope-257344120966186/
Online Resource for Persons Who Are Deaf or Hard of Hearing

Deaf off Drugs and Alcohol (DODA):
https://www.facebook.com/Deaf-Recovery-DODA-112334123604/

Mental Health Recovery Peer Supports

The Transformation Center, dba Kiva Centers
Kiva Centers is a statewide, peer-run organization, which partners with the State of Massachusetts and community agencies to offer training, peer support, advocacy, and policy change to support individuals with their self-healing process related to trauma, mental health, emotional distress, and substance use experiences. The Kiva Centers has a vibrant peer community and holds the Certified Peer Specialist (CPS) training and certificate for Massachusetts. In addition, Kiva Centers operates an entirely peer-run respite, a 24-hour alternative to hospitalization, a Young Adult Access Center, and has led efforts to unite the peer support workforce in the Commonwealth in developing and promoting new curriculum, trainings and policy change to respond to the needs of our many communities.
Contact: Brenda Vezina, CEO/Executive Director
206 Southbridge Street
Auburn, MA 01501
Phone: (508) 466-7154
Fax: (508) 751-9601
Email: info@kivacenters.org
Website: https://kivacenters.org/

Recovery Learning Communities

Recovery Learning Communities (RLCs) are funded by DMH. RLCs are peer-run networks of self-help and support. They provide information and referral, advocacy, and training activities. Trainings are about recovery concepts and tools. They also hold advocacy forums and social and recreational events. RLCs also help persons with psychiatric disabilities to take charge of their own recovery process.

RLCs hope to create a change in culture. They would like to see traditional focus on symptoms change to promoting recovery, resilience, and wellness. RLCs work together with peer-run organizations and services, other mental health providers, other human service agencies, and the community. This group effort helps the mission of bringing communities together and showing respect for people with mental health conditions.
Wildflower Alliance (formerly known as the Western Mass Recovery Learning Community)

**Update:** All Wildflower Alliance centers (Springfield, Holyoke, Greenfield, and Pittsfield) have stayed open with limited capacity. For up-to-date information of what’s open, please visit their online calendar at: [https://wildfloweralliance.org/calendar/](https://wildfloweralliance.org/calendar/)
Contact: Sera Davidow, Director
199 High Street,
Holyoke, MA 01040
Phone: (413) 539-5941
Toll-Free: 1-866-641-2853
Fax: (413) 493-7810
Email: info@wildfloweralliance.org
Website: [https://www.wildfloweralliance.org](https://www.wildfloweralliance.org)

The Wildflower Alliance (WA) has four parts: peers supporting peers, alternative healing practices, advocacy, and learning and growth opportunities. Peer supports include a bridging team. They go into local jails and hospitals to support people transitioning back to the community. They offer a variety of trainings and events, including Career Initiative grants for individuals with small business ideas. Most recently, they have begun a new state-wide project called the Wild Ivy Social Justice Network. This will focus on reaching and raising up the voice of people who have been made to feel less because of their psychiatric history, their gender, sexual orientation, race, disability status, and other identities. These things can limit people’s access to resources and full community participation.

**Wildflower Alliance Community Centers are located at:**

**Holyoke Center**
Contact: Giselle Guillén-Martínez, Community Coordinator
199 High Street
Holyoke, MA 01040
Phone: (413) 539-5941
Toll-Free: 1-866-641-2853
Fax: (413) 493-7810
Email: giselle@wildfloweralliance.org
Website: [https://wildfloweralliance.org/holyoke/](https://wildfloweralliance.org/holyoke/)

**Springfield Center (Bowen Resource Center)**
235 Chestnut Street
Springfield, MA 01103
Phone: (413) 372-5652
Website: [https://wildfloweralliance.org/springfield/](https://wildfloweralliance.org/springfield/)
Email: erin@wildfloweralliance.org
Pittsfield Center
Contact: Erin, County Coordinator
361 North Street
Pittsfield, MA 01201
Phone: (413) 464-9807
Email: erin@wildfloweralliance.org
Website: https://wildfloweralliance.org/pittsfield/

Greenfield Center
Contact: Erin, County Coordinator
20 Chapman Street
Greenfield, MA 01301
Phone: (413) 772-0715
Email: erin@wildfloweralliance.org
Website: https://wildfloweralliance.org/greenfield

Kiva Centers Community (formerly Central Mass RLC)
Kiva Centers offers a space to find community and connection around experiences of mental health, trauma and healing. We are an entirely peer-led organization, and we offer support groups on topics such as alternatives to suicide, grief, hearing voices, coping with anger, breaking cycles, as well as yoga, art, karaoke, into to writing and much more. We are free to the community, non-clinical and serve the Central Massachusetts area.

Update: A wide variety of supports and resources such as yoga and Zumba, Hearing Voices Network, Alternatives to Suicide, have moved onto Zoom or are available by telephone. Please visit the calendar for scheduled events and the Facebook page for instructions on accessing online meetings: http://www.kivacenters.org/calendar/ or https://www.facebook.com/kivacenter/

The Kiva Center is open Mondays through Thursdays from 9 a.m. – 3:30 p.m. and Fridays from 12 – 6 p.m.
Contact: Anna Lawler, Peer Support Facilitator Coordinator
427 Main Street, Suite 3
Worcester, MA 01601
Phone: (508) 751-9600
Fax: (508) 751-9601
Email: info@kivacenters.org
Website: www.kivacenters.org or https://www.facebook.com/kivacenter/

Kiva South County Site
Please note that this site is only open on Mondays from 11 a.m. to 8 p.m.
Contact: Jasmine Quinones, Director of South Bridge and Respite
346 Main Street
Southbridge, MA 01550
Phone: (508) 751-9600
Email: info@kivacenters.org
Website: https://kivacenters.org/kiva-southbridge/
Additionally, Kiva support groups take place in the following communities:
Fitchburg, Leominster, Gardner, Hudson: http://www.kivcenters.org/areas/north/
Worcester: https://kivcenters.org/kiva-worcester/

For Young Adults:
Update: All in-person activities are currently cancelled. For information on virtual supports and activities, please visit https://ziacenter.com/.

Zia Young Adult Access Center, a partnership between the Kiva Center and Open Sky, offers peer support and community and resource connections for young adults ages 16-22. More information is available in the Young Adult Resources section.

Northeast Recovery Learning Community (RLC)
Update: Call-in support is available and telephone and online groups and supports are offered via Zoom and Facebook Live. See the website for what is currently offered including call-in times.
Contact: Gabriel Seca, NERLC Program Director
20 Ballard Road
Lawrence, MA 01843
Telephone (V/TTY): (978) 687-4288, Ext. 149
Fax: (978) 689-4488
Email: gseca@nilp.org or iandr@nilp.org
Website: https://www.nilp.org/nerlc/ or https://www.facebook.com/nerlc or

Northeast RLC Hubs are located at:

**Essex North Hub/Northeast Independent Living Program**
Contacts: Essex North/Greater Lowell Hub Manager; Lisa Rivard, Peer Specialist; or Emily Foraes, Admin
20 Ballard Road
Lawrence, MA 01843
Telephone: (978) 687-4288, Ext. 131
Email: irivard@nilp.org

**Greater Lowell Hub**
Contact: Essex North/Greater Lowell Hub Manager; or David Carignan, Peer Specialist
Telephone: (978) 687-4288, Ext. 200 or Ext. 140
Email: dcarignan@nilp.org

**Greater Lynn Hub**
Contact: Rachely Ramos, Metro North/Acton Hub Manager
1 Market Street, Suite 203
Lynn, MA 01901
Telephone: (978) 687-4228, Ext. 140
Email: rramos@nilp.org
North Shore Area
Contact: Rachely Ramos, Metro North/Acton Hub Manager
Telephone: (978) 687-4228, Ext. 140
Email: rramos@nilp.org

Acton Area
Contact: Rachely Ramos, Metro North and Acton Hub Manager
Telephone: (978) 687-4288, Ext. 201
Email: rramos@nilp.org

Transition-Age Youth (TAY) Peer Support
Contact: Rachely Ramos, Metro North and Acton Hub Manager
Location: Northeast Area Wide
Telephone: (978) 687-4288, Ext. 201
Email: rramos@nilp.org

Older Adult Peer Support
Contact: Amanda Orsano, Older Adult Peer Specialist
Location: Northeast Area-Wide
Telephone: (978) 687-4288, Ext. 203
Email: aorsanos@nilp.org

Metro-Boston Recovery Learning Community (RLC)
*Update* The Metro Boston RLC is currently offering online and conference call line peer support groups, as well as 1:1 peer support. Information is available at: [https://mbrlc.org](https://mbrlc.org)
The Metro Boston Recovery Learning Community has five recovery centers and a peer support line (see listing under Peer Run Warm Lines). Metro Boston RLC Recovery Centers are located at:

**Boston Resource Center (BRC)**
Contact: Yuka Gordon, Director
85 East Newton Street, Ground Floor
Boston, MA 02118
Phone: (617) 875-4997
Fax: (617) 414-1975
Email: info@metrobostonrlc.org
Website: [https://www.mbrlc.org/boston-resource-center](https://www.mbrlc.org/boston-resource-center)

**Cambridge/Somerville Recovery Learning Center**
Contact: Janel Tan, Director
730 Cambridge St.
Cambridge, MA 02141
Phone: (617) 863-5388
Email: tanj@vinfen.org
Website: [https://www.mbrlc.org/csrlc](https://www.mbrlc.org/csrlc)
**Peer Support Network**  
Contact: Ruthie Poole, Assistant Director  
31 Bowker Street, 5th Floor  
Boston, MA 02114  
Phone: (617) 788-1034 or Warm Number: (857) 378-4997 (Mon.-Fri. 10 a.m.-4 p.m.)  
Email: psn@baycove.org or rpoole@baycove.org  
Website: [https://www.mbrc.org/peer-support-network](https://www.mbrc.org/peer-support-network)

**Hope Recovery Learning Center**  
Contact: MJ Griego, Program Coordinator  
Erich Lindemann Mental Health Center  
25 Staniford Street (plaza level)  
Boston, MA 02114  
Phone: (617) 912-7867  
Email: mgriego@northsuffolk.org  
Website: [https://www.mbrc.org/hope-center](https://www.mbrc.org/hope-center)

**South East Recovery Learning Community (RLC)**  
*Update*: Online groups are available. See updated listings below for details on specific centers:  
Contact: Sandra Whitney-Sarles, Program Director; Danielle Blauner, Area Program Director  
c/o 106 Bassett Lane, Unit 2  
Hyannis, MA 02601  
Phone: (774) 212-4519  
Email: blaunerd@vinfen.org or sandrawhitney-sarles@bmc.org  
Website: [http://www.southeastrlc.org/Hyannis](http://www.southeastrlc.org/Hyannis)

Community Connectors outreach to surrounding communities from each of the local centers listed below. South East RLC Recovery Centers are located at:

**Fall River RCC**  
*Update*: Online groups are available. See the website for details.  
Contact: Adam Whitney, Area Program Director  
649 Bedford Street  
Fall River, MA 02720  
Phone: (617) 596-3547  
Email: WhitneyA@vinfen.org  
Website: [https://www.southeastrlc.org/fall-river](https://www.southeastrlc.org/fall-river)
Hyannis RCC
Update: Online groups are available. See calendar link for details: http://www.southeastrlc.org/hyannis-calendar.html
Contact: Danielle Blauner, Area Program Director
106 Bassett Lane, Unit 2
Hyannis, MA 02601
Telephone: (617) 455-7214
Email: blaunerdm@vinfen.org
Website: https://www.southeastrlc.org/hyannis

Brockton RCC
Update: Virtual one-to-one support and online groups are available. See website for details.
Contact: Barbara DeCunzo, Area Program Director
730 Belmont Street
Brockton, MA 02301
Phone: (774) 539-2131
Email: barbara.decunzo@bamsi.org
Website: https://www.southeastrlc.org/brockton

Quincy RCC
Update: Online groups are available. See website for schedule and details.
Contact: Emily Marks, Area Program Director
338 Washington Street
Quincy, MA 02169
Phone: (617) 405-5263
Email: markse@vinfen.org
Website: https://www.southeastrlc.org/quincy
The Five Recovery Learning Communities and Their Locations

Western MA RLC
   (Western MA Consortium)
     Holyoke Center
     Springfield Center
     Greenfield Center
     Pittsfield Center

Central MA RLC
   (Transformation Center)
     Worcester RCC
       Kiva MetroWest
     Southbridge Center

North East RLC
   (NE Independent Living Program)
     Essex North Communities Hub
     Greater Lowell Communities Hub
     Metro North Communities Hub
     Greater Lynn Communities Hub

SE RLC
   (Boston Medical Center *)
     Fall River RCC
       Hyannis RCC
         Brockton RCC
           Quincy RCC
             Hope Recovery Learning Center (North Suffolk)

Metro Boston RLC
   (BMC *)
     Boston Resource Center
       Cambridge/Somerville Recovery Learning Center (Vinfen)
     PERC
       (Dorchester)
         Peer Support Network (Baycove)

* SE RLC and Metro Boston RLC funded through BMC with partner auspice agencies

In addition to the “brick and mortar” locations, also known as Resource Connection Centers (RCCs) or hubs, the Recovery Learning Communities hold meetings and other events at various locations throughout the cities and towns they support. The “central” locations are noted in red. As the RLCs are in continuous evolution, please notify us if any information is out of date.
Peer-Run Respite/Crisis Alternatives

Afiya Peer Respite

**Update** Afiya is open and observing COVID-19 safety measures.
Afiya is the first peer-run respite in Massachusetts and is run by the Western Mass Recovery Learning Community. It is open to anyone age 18 or older, from the Central or Western regions of the state, who is experiencing distress and believes that staying in a peer-supported environment would be helpful to them. The average stay is 1-7 nights. Ultimately, Afiya’s mission is to turn what is often perceived as a crisis into a useful “learning and growth opportunity.” Afiya is located in a residential neighborhood of Northampton.

Contact: Ephraim Akiva, Director
Phone: (413) 570-2990
Email: ephraim@wildfloweralliance.org
Website: https://wildfloweralliance.org/afiya

Living Room (Springfield)

**Update** The Springfield Living Room is still providing in-person services, while observing COVID-19 safety guidelines and the maximum number of guests is currently reduced. Please contact the Living Room for the most up to date information.

A peer support program provided by Behavioral Health Network, The Living Room is designed to provide a home-like environment for persons 18 and older in crisis, developing crisis, or post-crisis where they can regroup and get help. The program is run by certified peer specialists and does not require referrals, insurance, payment, or provider involvement. Daybeds are available for persons wishing to rest or sleep, but The Living Room does not have private bedrooms or shower facilities. Visits are generally limited to 24 hours. The Living Room encourages individuals to contact staff directly.

21 Warwick Street, Entrance L
Springfield, MA 01104
Phone: (413) 310-3312
Fax: (413) 739-1402
Website: https://www.bhninc.org/services-and-programs/emergency-services/living-room

Karaya Peer Respite

Karaya Peer Respite is a 24-hour crisis alternative to hospitalization serving the Commonwealth. We are a non-medical model rooted in trauma-informed healing practices from the Indigenous Pueblo and Taíno peoples. We believe mental health and emotional distress are a natural part of the human experience and that through building genuine relationships within the community setting, we can make meaning out of our life hardships while fostering resiliency. Our model focuses on the importance of human connection, personal choice and autonomy, and the role of environment in long-term well-being. Kliva Centers has partnered with the Homewood Hotel and Suites in Worcester during COVID-19. Must be 18 or older and must have the ability to self-administer your own medication (if applicable).

Contact: Lisa Bonofiglio, Executive Assistant; Jasmine Quinones, Program Director
Phone: (508) 751-9600
Email: lbonofiglio@kivacenters.org or jquinones@kivacenters.org
Website: https://Kivacenters.org
Hours: 9 a.m.-5 p.m., 24/7, 365 days
Living Room (Framingham)
Update: The Living Room is now open for in-person visits from 8 a.m. to 10 p.m. with no overnight stays available at this time. Individuals experiencing emotional distress or a mental health crisis can access 24-hour phone support by calling (508) 661-3333. For many people in crisis, connecting with another person with shared lived experience can be a vital factor on the journey to mental health and addiction recovery. The Living Room program, staffed entirely by trained, certified peer specialists, provides a 24-hour crisis alternative to emergency department visits and hospitalization. Located in Framingham, The Living Room is the only program of its kind accessible to people in the Metro West and greater Boston areas. It is only the second of its kind in the entire state. No referral is necessary. The Living Room is a service run by Advocates that is entirely voluntary. It focuses on respect, mutuality, and trust. Staff provide flexible and compassionate care, connection to a variety of recovery resources in the community, assistance with housing and employment, and participation in peer support groups. Together, people in recovery and peer professionals share with each other what is needed and available and build a sense of community.
284 Union Avenue
Framingham, MA 01702
Phone: (508) 661-3333
Email: TheLivingRoom@Advocates.org
Website: https://www.advocates.org/services/livingroom

Safe Haven
Update: Safe Haven is currently open 7 days a week from 10 a.m. to 3 p.m. for up to 10 people and is observing COVID-19 safety protocols. Calling ahead (413) 775-6760 is encouraged. Computers are also available for persons needing access to these resources. Safe Haven is a peer-led, daytime support and diversion program that can be accessed without an appointment, regardless of insurance, and without lengthy intake forms and paperwork. It is a warm, inviting, substance-free environment for individuals 18 years or older experiencing emotional distress.

Focused on hope, respect, and trust, Safe Haven is staffed by people with lived experience who can provide a compassionate and trauma-sensitive space. Resources include social and peer support, as well as assistance with health, housing, and employment issues. Safe Haven offers a kitchen for snacks, as well as on-site laundry, shower, and bathroom facilities. The program is open Tuesday–Saturday from 10 a.m. to 6 p.m.
140 High Street
Greenfield, MA 01301
Phone: (413) 775-6760
Email: Toni.Diaz@csoinc.org
Website: https://www.csoinc.org/contact
The Peer-to-Peer Program

**Update** The Peer-to-Peer program has reopened for a limit of 7 persons at a time during new hours (Tuesday through Friday from 3:00 to 11:00 p.m. and weekends from 10 a.m. to 2 p.m. Please call ahead to sign up: (617) 689-2599.

The Peer-to-Peer Program at Aspire Health Alliance functions as a peer driven “drop-in” center for adults 18 years and older. The program’s mission is to provide a safe and supportive environment where peer visitors can connect with others whose shared experiences help them work through various stages of their recovery. The program offers support to individuals living with mental illness in the evenings and weekends, when access to mental health services is unavailable. The program is open Tuesday through Friday from 3-11 p.m, and Saturdays and Sundays from 10 a.m. to 2 p.m.

460 Quincy Avenue, Main Floor
Quincy, MA 02169
Phone: (617) 689-2599
Website: [https://www.aspirehealthalliance.org/our-programs/for-adults/peer-to-peer-program](https://www.aspirehealthalliance.org/our-programs/for-adults/peer-to-peer-program)

Peer-Run Warm Lines

Warm lines are peer-run listening lines staffed by people in recovery that give others an opportunity to connect and have someone to talk to. They are not crisis lines. A national database of peer-run warm lines is maintained at [http://www.warmline.org](http://www.warmline.org). Warm lines in red indicate that they will take calls from persons living outside of their own areas. Here are the local listings:

**The Peer Support Line (Metro Boston Recovery Learning Community)**
Phone: 877-PEER-LNE (733-7563)
Hours: Monday through Sunday, 4 – 7:45 p.m.
Website: [https://www.mbrlc.org/peer-support-line](https://www.mbrlc.org/peer-support-line)

**Western Mass Peer Support Line**
Toll-free: 1-888-407-4515
Hours: Monday through Thursday from 7 - 9 p.m., and Friday through Sunday, 7 – 10 p.m.
Website: [https://wildfloweralliance.org/peer-support-line](https://wildfloweralliance.org/peer-support-line)

**Edinburg Center Warmline**
Phone: (617) 875-0748
Hours: Mondays through Sundays, 5:30 - 9:30 p.m.

**Baycove Peer Support Warmline**
Phone: (857) 378-4997
Hours: Mondays through Fridays, 9 a.m. – 5 p.m.

**Bridging Group Home Support Line (Northeast Recovery Learning Community)**
Phone: (781) 219-0710
Hours: Mondays 10-11 a.m., Wednesdays and Thursdays 1-2 p.m.
Assistance with Telephone Service
Many individuals find telephonic peer support to be helpful. The Lifeline Program is a federal program providing limited, monthly free phone service to eligible low-income households. For more information on program eligibility and available services visit http://www.lifelinesupport.org/.

Young Adult Resources

The NAN Project
The NAN Project works to promote mental health awareness and suicide prevention programs for young people, using a peer-to-peer model.
125 Hartwell Ave.
Lexington, MA 02421
Email: info@thenanproject.org
Website: https://thenanproject.org or https://www.facebook.com/thenanproject

Wayside Youth/Family Support Network Twelve Prescott Update: Wayside Youth/Family Support Network is offering virtual mental health services and supports. For more information, contact Olivia_Chiacchia@waysideyouth.org or call (781) 643-1668. Wayside Youth/Family Support Network offers services and supports for all individuals ages 18-26, with no referrals needed. Wayside Youth/Family Support Network is a peer-driven center that provides a wide variety of social, creative, and supportive groups and activities. Wayside Youth/Family Support Network provides a supportive environment that encourages people to fully be themselves. The community is committed to empowering each other to reach personal goals and aspirations. Wayside Youth/Family Support Network also provides traditional assistance with referrals and connections to requested services.
12 Prescott Street
Arlington, MA 02474
Phone: (617) 643-1668
Hours: Monday through Thursday, 1 - 7 p.m.
Email: steps@waysideyouth.org
Website: http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSYoungAdultResourceCenter.aspx or https://www.facebook.com/STEPSyoungadultresourcecenter
Tempo Young Adult Resource Center

**Update** Tempo is open to limited in-person services with appointment strongly encouraged. COVID-19 protocols including masks, temperature checks, and screening questions are required. Current information is available on its Facebook page: https://www.facebook.com/tempoyoungadults/. To book an appointment, call (508) 879-1424.

Tempo Young Adult Resource Center offers services for individuals ages 16-25, with no referrals needed. Peer mentors at Tempo Young Adult Resource Center can provide support. The Center provides a wide range of services and assistance with accessing outside services and supports including housing, counseling, food stamps, and other benefits.

1 Marian Rd.
Framingham, MA 01702
Phone: (508) 879-1424
Fax: (508) 879-1460
Hours: Monday, Tuesday, Thursday, 8 a.m. to 5 p.m.; Wednesday, 8 a.m. to 8 p.m.; Friday, 10 a.m. to 4 p.m.; Saturday, 10 a.m. to 2 p.m.
Website: https://www.waysideyouth.org/services/young-adult/tempo-young-adult-resource-center/
or https://www.facebook.com/tempoyoungadults/

Zia Young Adult Access Center

**Update** All in-person activities are currently cancelled. For information on virtual supports and activities, please visit https://ziacenter.com/.

The Zia Young Adult Access Center prioritizes youth autonomy, liberation, and support. The Zia Center is part of the Kiva Centers. Zia supports young adults ages 16-22 who express and self-identify with different human experiences (societal and/or social class impacts like trauma, mental health, and substance use). No registration, referral, or health insurance is necessary. All supports are free of cost and are intended to be accessible.

The two Zia Young Adult Access Center locations offer youth-held and peer-run community spaces, groups, and events as well as self-determined resource connections (education, employment, family support, and more).

More information on Zia’s social media and current programs can be found at https://linktr.ee/ziacenter

**Zia Young Adult Access Center at the Kiva Center**
209 Shrewsbury Street
Worcester, MA 01604
Telephone: (508) 751-9600
Email: ziaadvnetwork@gmail.com
Website: https://ziacenter.com/
Hours: Mondays from 3 – 6 p.m., and Wednesdays from 4 – 8 p.m.
Zia Young Adult Access Center at Open Sky Community Services
4 Mann Street
Worcester, MA 01602
Telephone: (508) 755-0333
Email: ziaadynetwork@gmail.com
Website: https://ziacenter.com/
Hours: Tuesdays, Thursdays, and Fridays from 11 a.m. – 6 p.m.

Speaking of Hope
Speaking of Hope is a network for young adults to connect with others through shared experiences, resources, and to promote self-discovery and is supported by the Massachusetts Department of Mental Health.
Email: SpeakingofHope@MassMail.State.MA.US
Website: www.speakingofhope.org or
https://www.facebook.com/speakingofhopeproject/ and
https://twitter.com/speakingofhope

Boston Alliance of Gay, Lesbian, Bisexual, Transgender Queer Youth (BAGLY), Inc.
Update: BAGLY has gone to online programming:
https://www.bagly.org/
For specific supports and resources around the current pandemic:
https://www.bagly.org/covid19-resources
BAGLY is a youth-led, adult-supported social support organization. It is committed to social justice and creating, sustaining, and advocating for programs, policies, and services for the LGBTQ youth community. BAGLY clinic services are for youth age 29 and younger across Massachusetts. BAGLY works with youth age 22 and younger. They provide leadership development, health promotion and services, social support, and events. They are part of the statewide GLBTQ+ Youth Group Network. BAGLY programs include social support meetings, weekly programming, and free, clothes-on STI and HIV testing (no insurance required, LGBTQ+ youth age 29 and under). Its free mental health programming includes walk-in, one-on-one therapy, narrative art therapy, themed-group therapy (6-week sessions), and peer-led mental health groups.
28 Court Square
Boston, MA 02108
Phone: (617) 227-4313
Fax: (617) 227-3266
Hours: Monday – Friday, 9 a.m. to 7 p.m. (except Wednesday, 9 a.m. to 9 p.m.)
Email: info@bagly.org
Website: http://www.bagly.org

Alliance of Gay, Lesbian, Bisexual, Transgender Youth (AGLY) Network — Massachusetts locations
Update: Please refer to listing directly above for current “virtual” programming.
https://www.bagly.org/the-agly-network/
Youth on Fire
Youth on Fire (YOF), a program of AIDS Action Committee of Massachusetts, is a drop-in center for homeless and street-involved youth, ages 14-24. It is located in Harvard Square, Cambridge. YOF provides a broad spectrum of vital services, supports and opportunities including hot meals, showers, mental health and medical services, housing search, peer outreach and education, and other supports.
1 Church Street
Cambridge, MA 02138
Phone: (617) 661-2508
Drop-in Hours: Monday, Tuesday, Wednesday, Friday, 11 a.m. - 5:45 p.m.
Thursday by appointment only.
Email: yof@fenwayhealth.org
Website: https://fenwayhealth.org/aac/programs-services/#yof
or https://www.facebook.com/YouthOnFireMA/

Youth Motivating Others through Voices of Experience (MOVE) Massachusetts
Youth MOVE is a youth led organization devoted to improving the mental health system, advocating for youth rights, and empowering youth as equal partners in the process of change. Youth MOVE hosts peer-run support groups. We are a statewide organization of lived experience youth and young people who support others.
77 Rumford Ave
Waltham Ma 02453
Phone: Toll Free: (866) 815-8122
Email: youthmovema@ppal.net
Youth Move's Youth Coordinator can be emailed at DKaplan@ppal.net, The Associate Director Meri Viano can be emailed at mviano@ppal.net.
Website: https://youthmovemassachusetts.net/ or https://www.facebook.com/youthmovemassachusetts/ or www.ppal.net

Other Non-Clinical, Peer-Driven Resources

Mental Health Recovery and the Wellness Recovery Action Plan (WRAP)
Most people are aware of WRAP as a crisis prevention plan, but WRAP is much more. WRAP facilitates a process where the person becomes familiar with personal triggers and warning signs, so that he or she can increase actions that maximize wellness.
A Wellness Recovery Action Plan (WRAP) is an evidence-based practice that is completely self-directed and voluntary. It includes writing a description of what one looks like when well and an inventory of personal strategies and resources that one finds helpful. Then one creates an action plan to use those resources to increase resilience and counteract challenging situations. The action plan is graduated to bring in more resources as circumstances or distress become more challenging. The final components of the WRAP, (if selected by an individual) include a form of an advanced directive, as well as a plan to discontinue the advanced directive plan once pre-determined markers have been achieved.

WRAP is based on five key concepts:
- Hope
- Personal Responsibility
• Education
• Self-Advocacy
• Support

Website: https://www.wellnessrecoveryactionplan.com/

Peer Support Whole Health and Resiliency Training (PSWHR)/Whole Health Action Management (WHAM)
WHAM and PSWHR are peer support wellness trainings that promote skill teaching for individuals. The training helps individuals to more effectively improve health resiliency and self-manage health conditions.

Many people who use services in the public mental health system have chronic physical health conditions, often related to metabolic syndrome. Yet making healthy changes, that a person integrates consistently over time, is a challenge for people. These classes support participants to be realistic in goal setting, to establish peer support as a strategy for health, and to consider setting health goals that increase resiliency factors particularly relevant for people with mental health conditions.

Basic tenets of these trainings include utilizing a person-centered planning process to identify health goals, setting goals that are engaging and manageable, and utilizing the Relaxation Response to promote resiliency through stress reduction. One foundation of the class is the recognition that it is easier to create new habits than to change old habits, that it is more effective to focus on what individuals wish to create, rather than what they “need” to change.
Website:
Clubhouses

Although Clubhouses are not strictly based on peer support, they offer an opportunity for peers to come together in recovery-promoting environments organized around work and the relationships created through clubhouse membership. As noted elsewhere in this resource guide, clubhouses are a primary source of peer support for persons in dual recovery through its sponsorship and promotion of Dual Recovery Anonymous (DRA) meetings. More information on clubhouses can be found on the Massachusetts Clubhouse Coalition website (www.massclubs.org) and on the International Center for Clubhouse Development (ICCD) website.

Update: Clubhouses have reopened with a limited capacity and are following state guidelines for COVID-19 safety. For the most current information, please call the clubhouse in question.

Listing of Massachusetts Clubhouses by Region:

**Boston**

**Center Club**
31 Bowker Street
Boston, MA 02114
Director: Mary Gregorio
Phone: (617) 788-1003 or (617) 788-1000
Fax: (617) 788-1080
Org: Bay Cove Human Services
Email: cntrclb@baycove.org

**Transitions of Boston**
1500 Dorchester Avenue
Dorchester, MA 02122
Director: Jean Dorneus
Phone: (617) 379-5660
Fax: (617) 541–6817
Org: Bay Cove Human Services
Email: jdorneus@baycove.org
Website: [https://www.baycovehumanservices.org/clubhouse-and-peer-services](https://www.baycovehumanservices.org/clubhouse-and-peer-services)

**Webster House**
746 South Street
Roslindale, MA 02131
Director: Bonnie Hernandez
Phone: (857) 330-3885
Org: Vinfen
Email: hernandezb@vinfen.org
Website: [vinfenclubhouses.org/websterhouse/](http://vinfenclubhouses.org/websterhouse/)
Metro Boston

Atlantic House
338 Washington Street
Quincy, MA 02169
Director: Janette Tibets
Phone: (617) 770-9660
Org: Vinfen
Email: Tibetsj@vinfen.org
Website: https://vinfenclubhouses.org/atlantic/

Elliot House
255 Highland Avenue, Suite 300
Needham, MA 02494
Director: Stephen Chaffee
Phone: (781) 449-1212
Fax: (781) 449-4064
Org: Riverside Community Care
Email: schaffee@riversidecc.org
Website: http://elliothouse.org

Neponset River House
595 Pleasant Street
Norwood, MA 02062
Director: Dannielle Ford-Allen
Phone: (781) 762-7075
Org: Riverside Community Care
Email: dfallen@riversidecc.org
Website: http://www.neponsetriverhouse.org/ or
https://www.facebook.com/NeponsetRiverHouse/

Central

Employment Options Clubhouse
82 Brigham Street
Marlborough, MA 01752
Director of Programs and Services: Liz Gulachenski
Phone: (508) 485-5051
Fax: (508) 485-8807
Org: Employment Options
Email: eoadmin@employmentoptions.org or l gulachenski@employmentoptions.org
Website: http://www.employmentoptions.org/ or
https://www.facebook.com/EmploymentOptions/
Charles Webster Potter Place
205 Burlington Road
Bedford, MA 01730
Director: Judith Kellam
Phone: (781) 894-5302
Org: Edinburg
Email: jkellam@edinburghcenter.org
Website: http://www.edinburgcenter.org/charles-webster-potter-place/ or https://www.facebook.com/charleswebsterpotterplaceclubhouse/

Crossroads Clubhouse
11 Williams Street
Hopedale, MA 01747
Program Director: Lauren Baxter
Phone: (508) 473-4715
Org: Riverside Community Care
Email: lbxter@riversidecc.org
Website: http://www.crossroadsclubhouse.org/ or https://www.facebook.com/CrossroadsClubhouse/

Crystal House
55 Lake Street, #100
Gardner, MA 01440
Director: Tamela Deveikis
Phone: (978) 630-2794
Org: Open Sky
Email: tamela.deveikis@openskys.org or crystalhouse@openskys.org

Elm Brook Place
4 A Street, 1st Floor
Burlington, MA 01803
Director: Carrie Endicott
Phone: (781) 202-3478
Fax: (781) 202-3481
Org: Eliot Community Human Services
Email: cendicott@eliotschs.org
Website: http://www.elmbrookplace.org/

Genesis Club, Inc.
274 Lincoln Street
Worcester, MA 01605
Program Director: Ruth Osterman
Phone: (508) 831-0100
Org: Genesis Club
Email: training@genesisclub.org or ruth@genesisclub.org
Website: http://www.genesisclub.org or https://www.facebook.com/genesisclubinc/
Tradewinds
309 Main Street
Southbridge, MA 01550
Director: Samantha Aikey
Phone: (508) 765-9947
Org: Viability
Email: tradewindsclubhouse@gmail.com
Website: https://www.facebook.com/tradewindsclubhouse/

Westwinds
133 Prichard Street Fitchburg, MA 01420
Director: Deborah Downing
Phone: (978) 345-1581
Org: Community Health Link
Email: ddowning@communityhealthlink.org
Website: https://westwinds.multiscreensite.com/

Northeast

Haverhill Clubhouse
100 Locust Street
Haverhill, MA 01830
Director: Julia Morison
Phone: (978) 521-6957
Org: Vinfen
Email: haverclub@gmail.com; morisonj@vinfen.org
Website: http://www.haverhillclub.org/

Harbor Place Clubhouse
95 Pleasant St.
Lynn, MA 01901
Director: Melissa Harris
Phone: (781) 842-7200
Org: Eliot Community Human Services
Email: meharris@eliotchs.org
Website: https://harbor-place.org

Horizon House
78 Water Street
Wakefield, MA 01880
Director: Catherine Taatjes
Phone: (781) 245-4272
Fax: (781) 245-4276
Org: Riverside Community Care
Email: ctaatjes@riversidecc.org
Website: http://www.horizonhouseclubhouse.org/
Point After Club
15 Union Street, Suite #70 (lower level)
Lawrence, MA 01840
Director: Tom Coppinger
Phone: (978) 681-7753
Fax: (978) 725-5527
Org: Vinfen
Email: coppingerth@vinfen.org
Website: https://vinfenclubhouses.org/pointafter or https://www.facebook.com/Point-After-Clubhouse-110698000560327/

Renaissance Club
176 Walker Street, Second Floor
Lowell, MA 01854
Director: Carrie Endicott
Phone: (781) 202-3478
Fax: (978) 937-7867
Org: Eliot Community Human Services
Email: cendicott@eliotchs.org or
Website: https://www.renaissanceclublowell.org/ or https://www.facebook.com/renclub.lowell/

Salem Connections Clubhouse
50 Grove Street
Salem, MA 01970
Director: John Kirton
Phone: (978) 498-4400
Org: Eliot Community Human Services
Email: jkirton@eliotchs.org
Website: https://www.facebook.com/Salemconnectionclubhouse/

Southeast

Anchor House
2277 Purchase Street
New Bedford, MA 02746
Director: Paul Lavoie
Phone: (508) 984-4300
Fax: (508) 984-1453
Org: Fellowship Health Resources
Email: pplayoie@fhr.net
Website: https://www.fhr.net/our-services/clubhouses/anchorhouse or https://www.facebook.com/FHR-Anchor-House-115901989848610/
Baybridge
106 Bassett Lane, Suite 1
Hyannis, MA 02601
Director: Tom Couhig
Phone: (508) 778-4234 or (508) 776-9127
Org: Vinfen
Email: couhigt@vinfen.org
Website: http://www.baybridgeclubhouse.org/ or https://www.facebook.com/baybridgeclubhouse/

Cove Clubhouse
383 Route 28
Harwichport, MA 02646
Director: Sabrina Kreber
Phone: (508) 432-7774
Org: Vinfen
Email: Krebers@vinfen.org
Website: https://vinfenclubhouses.org/cove/ or https://www.facebook.com/Cove-Clubhouse-96369568380/

Daybreak
111 Edgartown Road
Vineyard Haven, MA 02568
Program Coordinator: Alicia Nicholson
Phone: (508) 696-7563
Org: Martha’s Vineyard Community Services
Email: anicholson@mvcommunityservices.org
Website: https://www.mvcommunityservices.org/services/mental-health-services/mental-illness-rehabilitation/

Fairwinds
155 Katherine Lee Bates Road
Falmouth, MA 02540
Director: Gerald McDowell
Phone: (508) 540-6011
Org: Fellowship Health Resources
Email: gmcdowell@fhr.net
Website: http://www.fhr.net/our-services/clubhouses/fairwinds or https://www.facebook.com/fairwindsclubhouse/

Our House in Brockton
728 Belmont Street
Brockton, MA 02301
Director: Nadine Chirac
Phone: (508) 857-1657
Org: Brockton Area Multi-Services, Inc. (BAMSI)
Email: nadine-chirac@bamsi.org
Website: https://www.bamsi.org/program/clubhouse-services/
Plymouth Bay House
340 Court Street
Plymouth, MA 02360
Director: Jennifer Beirne
Phone: (508) 747-1115
Org: Vinfen
Email: beirnej@vinfen.org
Website: http://www.plymouthbayhouse.org/ or https://www.facebook.com/plymouthbayhouse/

Taunton River House
225 Cape Highway
East Taunton, MA 02718
Director: Karen Therrien
Phone: (508) 828-4591
Org: Fellowship Health Resources
Email: ktherrien@FHR.net
Website: https://www.fhr.net/our-services/clubhouses/cornerclubhouse or https://www.facebook.com/Tauntonriverclubhouse/

Towne House
1706 President Avenue
Fall River, MA 02720
Director: Aaron Labonte
Phone: (508) 672-2023
Fax: (508) 672-2051
Org: Fellowship Health Services
Email: glabonte@fhr.net
Website: https://www.fhr.net/our-services/clubhouses/townehouse or https://www.facebook.com/FHRTowneHouse/

Western

Berkshire Pathways
199 B South Street
Pittsfield, MA 01201
Director: vacant position
Phone: (413) 464-7949
Fax: (413) 464-7942
Org: Viability
Email: dbrienc@viability.org
Website: https://www.viability.org/berkshire-pathways or https://www.facebook.com/BerkshirePathways
Forum House
55 Broad Street
Westfield, MA 01085
Director: Erin Godfrey
Phone: (413) 562-5293
Fax: (413) 562-9163
Org: Viability
Email: egodfrey@viability.org or forumhouse@viability.org
Website: https://www.viability.org/forum-house or https://www.facebook.com/ForumHouse-Westfield-1645719352331285/

Green River House
37 Franklin Street
Greenfield, MA 01301
Director: Kim Britt
Phone: (413) 772-2181
Fax: (413) 772-2032
Org: Clinical and Support Options
Email: kbritt@csoinc.org or grh@csoinc.org
Website: https://www.csoinc.org/community-based-programs

Lighthouse
1401 State Street
Springfield, MA 01109
Director: Eileen McKeever
Phone: (413) 736-8974
Fax: (413) 785-5030
Org: Viability
Email: emckeever@viability.org or lighthouse@viability.org
Website: https://www.viability.org/lighthouse or https://www.facebook.com/viabilityocks/

Odyssey House
474 Appleton Street
Holyoke, MA 01040
Director: Ben McLaughlin
Phone: (413) 538-4377
Fax: (413) 538-4355
Org: Viability
Email: BMclaughlin@viability.org
Website: https://www.viability.org/odyssey-house or https://www.facebook.com/OdysseyHouseStrong
Cross-Disability/Miscellaneous Resources for Peers

Independent Living Centers

Independent Living Centers have been providing their core services of information and referral, independent living skills training, peer counseling and individual and systems advocacy since the first center was started in Berkeley, California in 1972.

Independent Living Centers are run and controlled by persons with disabilities. A basic tenet of the Independent Living movement is that support and role modeling by someone who has faced similar situations and challenges are invaluable resources in assisting persons with disabilities gain control and independence over their lives.

Independent Living Centers offer services to persons across the disability spectrum, including psychiatric disabilities, and are located throughout the state of Massachusetts and the rest of the country. Locally, the Massachusetts Independent Living Centers receive significant funding through the Massachusetts Rehabilitation Commission and are located in the following communities:
Ad-Lib, Inc. – Pittsfield

**Update** All in-person meetings at Ad-Lib are currently suspended. For assistance, please call the office and leave a message and someone will get back to you. Ad-Lib is posting general information and resources on its Facebook page. The Ad-Lib Warm Line is open daily at (413) 281-7328.
Ricky Fareira, Program Director
215 North Street
Pittsfield, MA 01201
Phone: (413) 442-7047
Fax: (413) 443-4338
Email: rfareira@adlibcil.org or adlib@adlibcil.org
Website: https://www.adlibcil.org/ or https://www.facebook.com/AdLibCIL/

STAVROS – Amherst

**Update** Stavros is currently asking the public not to come into its offices for the health of its staff, and to call or email instead. Calls or emails will be returned within 24 hours. However be aware that calls may be returned from different numbers, so please answer. More contact information is available at https://www.stavros.org/Contact_us.
Angelina Ramirez, Executive Director
210 Old Farm Road
Amherst, MA 01002
Phone: (413) 256-0473
Toll-free: 1-800-804-1899
Email: aramirez@stavros.org or info@stavros.org
Website: www.stavros.org or https://www.facebook.com/stavros413/

Center for Living and Working, Inc. – Worcester
Meg Coffin, Chief Executive Officer
18 Chestnut St. Suite 540
Worcester, MA 01608
Phone: (508) 798-0350
Video Phone: (508) 762-1164
TTY: (508) 755-1003
Toll-free: 1-800-570-4020
Fax: (508) 797-4015
Email: mcoffin@centerlw.org or opsearch@centerlw.org
Website: http://www.centerlw.org/ or https://www.facebook.com/CenterForLivingAndWorking/
Boston Center for Independent Living – Boston
**Update:** The office is closed due to COVID-19. All staff are working remotely. Please call and leave a message.
Bill Henning, Executive Director
60 Temple Place, 5th Floor
Boston, MA 02111
Phone: (617) 338-6665
Toll-Free: 1-866-338-8085
TTY: (617) 338-6662
Fax: (617) 338-6661
Email: bhenning@bostoncil.org or contactBCIL@bostoncil.org
Website: https://bostoncil.org/ or https://www.facebook.com/BostonCIL

Cape Organization for the Rights of the Disabled – Hyannis
**Update:** CORD staff are working remotely. Leave a message on the office number and someone will return the call, but from a different number so please answer.
Coreen Brinckerhoff, Chief Executive Officer
765 Attucks Lane
Hyannis, MA 02601
Phone: (508) 775-8300
Toll-free: 1-800-541-0282
Fax: (508) 775-7022
V/TTY (508) 775-8300
Email: cordinfo@cilcapecod.org
Website: https://www.cordcapecod.org/ or https://www.facebook.com/cordcapecod/

Independence Associates, Inc. – East Bridgewater
**Update:** Independence Associates staff are working remotely. Leave a message on the office number and someone will return the call.
Steve Higgins, Executive Director
100 Laurel Street, Suite 122
East Bridgewater, MA 02333
Phone: (508) 583-2166
Toll-free: 1-800-649-5568
Fax: (508) 583-2165
Email: shiggins@iacil.org or info@iacil.org
Website: https://www.iacil.org/
Disability Resource Center
**Update**: Due to the COVID-19 pandemic, the Disability Resource Center office will remain closed until receiving governance approval to re-open. The center will continue to provide support remotely via telephone, email, Zoom, or Skype. Please continue to reach out by phone or email.
Lisa Orgettas, Executive Director
27 Congress Street, Suite 107
Salem, MA 01970
Phone: V/TTY: (978) 741-0077
Fax: (978) 741-1133
Email: lorgettas@disabilityrc.org or information@disabilityrc.org
Website: [https://disabilityrc.org/](https://disabilityrc.org/) or [https://www.facebook.com/DisabilityRCSalem](https://www.facebook.com/DisabilityRCSalem)

MetroWest Center for Independent Living – Framingham
**Update**: For the foreseeable future, while coronavirus precautions are in effect, all visitors to MetroWest Center for Independent Living must make an appointment ahead of time. Please call the main office and someone will answer and direct your call.
Sadie Simone, Executive Director
1 Clarks Hill, Suite 200
Framingham, MA 01702
Phone: (508) 875-7853
Fax: (508) 875-8359
Email: ssimone@mwcil.org or info@mwcil.org
Website: [https://www.mwcil.org/](https://www.mwcil.org/) or [https://www.facebook.com/MWCIL/](https://www.facebook.com/MWCIL/)

Northeast Independent Living Center – Lawrence
**Update**: Staff are working remotely and still providing services. If you need assistance, please email iandr@nilp.org or call (978) 687-4288.
June Sauvageau, Chief Executive Officer

**Lawrence Site:**
20 Ballard Road
Lawrence, MA 01843
Phone, V/TTY: (978) 687-4288
Fax: (978) 689-4488
Website: [https://www.facebook.com/NortheastIndependentLivingProgram/](https://www.facebook.com/NortheastIndependentLivingProgram/) or [www.nilp.org](http://www.nilp.org)
Southeast Center for Independent Living – Fall River

**Update:** All Southeast Center for Independent Living staff are currently working remotely and checking voicemail throughout the day. Please call the office number to access the staff directory and to leave a message.

Lisa Pitta, Executive Director
66 Troy Street, Suite #3
Fall River, MA 02720
Phone: (508) 679-9210
Fax: (508) 677-2377
Email: lpitta@secil.org or scil@secil.org

**Miscellaneous Resources**

**Massachusetts Advocacy and Legal Resources**

- **Disability Law Center of Massachusetts:** [https://www.dlc-ma.org/](https://www.dlc-ma.org/)
  **Update:** DLC staff are working remotely at this time. Please call (617) 723-8455 or 1-800-872-9992 to request assistance, or email mail@dlc-ma.org.

- **Mental Health Legal Advisors Committee (MHLAC):** [http://www.mhlac.org/](http://www.mhlac.org/)
  **Update:** MHLAC staff are working remotely. Please visit the Facebook page or regular website for updated information. [https://www.facebook.com/www.mhlac.org](https://www.facebook.com/www.mhlac.org)

**Other Local Peer Resources**

**Jonathan O. Cole Resource Center**

**Update:** Although the office is currently closed, volunteers are working remotely to provide information and support. They can be reached by email or by leaving a message. Someone will respond within 24 hours, Monday through Friday. The center’s support groups have gone online. More information is available on the website.

Cole Resource Center
deMarneffe Building, Room 120A
115 Mill Street
Belmont, MA 02478
Phone: (617) 855-3298
Fax: (617) 855-3666
Email: info@coleressourcecenter.org
Website: [https://www.coleressourcecenter.org/](https://www.coleressourcecenter.org/)
National Depression and Bipolar Support Alliance (DBSA)
Update: For online support please go to: https://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/
55 E. Jackson Blvd, Suite 490
Chicago, Illinois 60604
Toll-free Phone: 1-800-826-3632
Fax: (312) 642-7243
Email: info@dbsalliance.org
Website: http://www.dbsalliance.org

Depression and Bipolar Support Alliance of Boston (DBSA-Boston)
Contact: Michaela Cravotta-Crouch
P.O. Box 102
115 Mill Street
Belmont, Mass 02478
Phone: (617) 855-2795
Fax: (617) 855-3666
Email: info@dbsaboston.org; meach@dbsaboston.org; office@dbsaboston.org
Website: http://www.dbsaboston.org/ or https://www.facebook.com/DBSA-Boston/

NAMI Greater Boston Peer Support and Advocacy Network (NAMI GB PSAN)
Update: NAMI GB PSAN hosts a Zoom meeting that features a speaker series on the third Thursday of the month from 6:30-7:30 p.m., co-sponsored by the Metro Boston Recovery Learning Community: https://www.mbrlc.org/zoom-speaker-series
NAMI GB PSAN provides a weekly volunteer staff meeting open to all peers and a monthly business meeting with speakers and food. NAMI GB PSAN works closely with the NAMI Mass peer support programs: NAMI Connection support groups, In Our Own Voice speakers, and Peer-to-Peer educational classes.
Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS
776 Main Street, #541481
Waltham, MA 02454
Phone: (781) 642-0368
Email: info@namiboston.org
Website: https://namiboston.org/support-advocacy-networks/

Hearing Voices Network USA
Update: Online groups are available. For questions and details on how to access the groups, please email.
Hearing Voices Peer Services is an organization that connects those who are living with seeing visions, hearing voices, and other unusual experiences. They help provide resources nationally and have support groups in local neighborhoods.
Email: info@hearingvoicesusa.org
Website: http://www.hearingvoicesusa.org/
Massachusetts United for Connection and Healing (MUCH)
A project of The Transformation Center, MUCH is a network for the peer support workforce and community to strengthen skills, increase information sharing, and build healing connections across Massachusetts. MUCH is building a coalition across the state to facilitate and develop infrastructure for certified peer specialists (CPSs), in-person networking events, webinars, and opportunities to learn and connect as a workforce.
Contact: Brenda Vezina
Email: info@muchnetwork.org or bvezina@kivacenters.org
Website: https://mghcoe.com/community-organization-massachusetts-united-for-connection-and-healing-m-u-c-h/ or https://www.facebook.com/MUCHnetwork/

Opening Doors to the Arts (ODA)
Opening Doors to the Arts obtains free and reduced price tickets and access to concerts, theater, and the occasional sporting events through the connection it maintains with over 20 venues. Typically, several different events are available every week. Tickets are available for persons who identify as having mental health conditions.
Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS
Phone: (781) 642-0368
Email: howard@openingdoorstothearts.org; info@openingdoorstothearts.org (preferred)
Website: http://www.openingdoorstothearts.org

Two Hats Networking Dinners (TwoHats) SUSPENDED
Update: The Two Hats networking dinners are currently discontinued due to the pandemic.
This dinner was established as a support network for people with mental health challenges who were working in human services and were afraid of coming out to their employer. Today, many people considering working or volunteering in peer support come as well. All peers are welcome to attend.
Contact: Howard D. Trachtman, BS, CPS, CPRP
Phone: (781) 642-0368
Email: hdt@mit.edu
Website: www.twohats.org

Other National Peer Resources

Crisis Text Line
The Crisis Text Line is a free texting service run by DoSomething.org, to help those experiencing a crisis. The line is available 24 hours a day, seven days a week. If you text HOME to 741741, a trained volunteer counselor will receive the message and assist immediately.
Phone: Text HOME to 741741
Website: https://www.crisistextline.org/
Peer-run National Technical Assistance Centers

- **The National Empowerment Center**: [http://www.power2u.org](http://www.power2u.org)

- **Doors to Wellbeing National Technical Assistance Center**, established by The Copeland Center for Wellness and Recovery: [http://www.doorstowellbeing.org](http://www.doorstowellbeing.org)

- **Youth MOVE Peer Center**: a project of Youth MOVE National: [https://youthmovepeercenter.org](https://youthmovepeercenter.org)

- **Consumer Supporter Technical Assistance Center - The Family Café**: [http://cafetacenter.net/](http://cafetacenter.net/)

- **Peer Experience National Technical Assistance Center (PENTAC)**, a program of the Peer Support Coalition of Florida, Inc. (PSCFL): [https://www.peersupportfl.org/pentac](https://www.peersupportfl.org/pentac)

  (*Still in operation although no longer funded by SAMHSA. Since June 2018, it has been affiliated with the Temple University Collaborative on Community Inclusion.*)