Addiction and Mental Health Recovery Peer Support Resource Guide
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Addiction/Dual Recovery Peer Supports

Peer Recovery Support Centers

Funded by the Department of Public Health, the community-based Peer Recovery Support Centers provide an opportunity for individuals with alcohol and/substance use disorder issues and/or families affected by addictions to both offer and receive support. These centers are run largely on a volunteer basis, with members helping to choose, plan, and run the activities offered. There are now 26 BSAS-funded centers throughout the Commonwealth, as 16 additional Peer Recovery Support Centers were funded in 2019 to join the original 10. The new centers are currently in various stages of development. Below is a listing of current information on the Peer Recovery Support Centers as of January 2020.

Western Massachusetts

Recover Project
Contact: Peggy Vezina, Program Director
68 Federal Street
Greenfield, MA 01301
Phone: (413) 774-5489 x103
Fax: (413) 774-6039
Email: pvezina@wmtcinfo.org
Website: www.recoverproject.org/ or https://www.facebook.com/TheRECOVERProject/

Hope for Holyoke Recovery Support Center
Contact: Deborah Flynn-Gonzalez, Director
100 Suffolk Street
Holyoke, MA 01040
Phone: (413) 561-1020
Email: dflynn-gonzalez@gandaracenter.org
Website: https://gandaracenter.org/hope-for-holyoke/ or https://www.facebook.com/HFHRC/

Springfield Recovery Support Center
383 Union Street
Springfield, MA 01105
Phone: (413) 507-3635

Living in Recovery
81 Linden Street
Pittsfield, MA 01201
Phone: (413) 320-3546
Website: https://www.servicenet.org/services/addiction-services/living-in-recovery/ or https://www.facebook.com/LivingInRecoveryPittsfield/
Northampton Recovery Center
2 Gleason Plaza
Northampton, MA 01060
Phone: (413) 834-4127
Website: https://www.northamptonrecoverycenter.org/

Central Massachusetts

Everyday Miracles
Contact: Michael Earielo, Program Director
25 Pleasant Street
Worcester, MA 01609
Phone: (508) 799-6221
Fax: (508) 756-1928
Email: Michael.Earielo@spectrumhealthsystems.org or everydaymiracles@spectrumhealthsystems.org
Website: www.everydaymiraclesprsc.org or https://www.facebook.com/EDMPeers/

No One Walks Alone (NOWA)
Contact: Rebecca Zwicker, Program Director
76 Church Street, Suite 301
Whitinsville, MA 01588
Phone: (508) 488-5096
Email: rzwicker@familycontinuity.org
Website: https://www.facebook.com/NOWARSC

Alyssa’s Place
297 Central Street
Gardner, MA 01440
Phone: (978) 364-0920
Website: https://www.facebook.com/pages/category/Community/Alyssas-Place-Peer-Recovery-and-Resource-Center-1036671136361774/

Northeast Massachusetts

New Beginnings Peer Recovery Center
Contact: Joanna Morillo, Program Director
487 Essex Street
Lawrence, MA 01840
Phone: (978) 655-3674
Fax: (978) 258-4355
Email: joanna.morillo@spectrumhealthsystems.org
Website: http://www.newbeginningsprc.org/ or https://www.facebook.com/NewBeginningsPeerRecoveryCenter/
Lowell Recovery Café
Contact: Rich Hollett, Program Director
20 Williams Street
Lowell, MA 01852
Phone: (617) 285-6386
Email: rhollett@lowellhouseinc.org

Lynn Peer Recovery Support Center – Coming Soon

Malden Peer Recovery Support Center – Coming Soon

Metro West Massachusetts

The Recovery Connection
Contact: Brandon Tupper, Program Director
31 Main Street
Marlborough, MA 01752
Phone: (508) 485-0298
Fax: (508) 485-0312
Email: brandon.tupper@spectrumhealthsystems.org
Website: http://www.therecoveryconnection.org/ or
https://www.facebook.com/TheRecoveryConnection.org/

A New Way Recovery Center
Contact: Warren Nicoli, Director
85 Quincy Avenue, Suite B
Quincy, MA 02169
Phone: (617) 302-3287
Fax: (617) 481-0324
Email: wnicoli@baystatecs.org or ANewWayRC@baystatecs.org
Website: http://anewwayrecoveryctr.org/ or

Walpole Recovery Center
Contact: Cory O’Brien, Director
32 Common Street
Walpole, MA 02081
Phone: (508) 668-3960
Email: cobrien@baystatecs.org
Website: https://www.facebook.com/Walpole-Recovery-Center

Framingham Recovery Center – Coming Soon
Southeast Massachusetts

Positive Individuals Engaged in Recovery (PIER) Recovery Center of Cape Cod
Contact: Brian Robbins, Director
209 Main Street
Hyannis, MA 02601
Phone: (508) 827-6150
Email: brobbins@gandaracenter.org or pierrecoverycenter@yahoo.com
Website: https://gandaracenter.org/pier/ or https://www.facebook.com/PIER-Recovery-Center-of-Cape-Cod-560645584091868/

Stairway to Recovery
Contact: Efrain Baez, Program Director
142 Crescent Street
Brockton, MA 02302
Phone: (774) 257-5660
Email: ebaez@gandaracenter.org
Website: https://gandaracenter.org/stairway-to-recovery/ or https://www.facebook.com/Stairway2Recovery

Peer2Peer
Contact: Mike Bryant, Director
175 North Main Street
Fall River, MA 02720
Phone: (508) 567-5086
Email: mbryant@steppingstoneinc.org
Website: https://www.facebook.com/P2PRSC/

Martha’s Vineyard Recovery Center – Coming Soon
Contact: Jeremy Norton, Director
Beach Road
Oak Bluffs, MA 02557
Phone: (508) 693-7900

Plymouth Recovery Center
Contact: Dan Kelly, Director
5 Main Street
Plymouth, MA 02360
Email: dkelly@gandaracenter.org

New Bedford Recovery Center - Coming Soon
Boston Area

**STEPRox**
Contact: Loretta Leverett, Director
**1427 Blue Hill Avenue (Temporary Address)**
Mattapan, MA 02126
**Moving to a new location on Blue Hill Avenue soon**
Phone: (617) 442-7837
Email: leverett@northsuffolk.org
Website: [http://northsuffolk.org/services/addiction-services/recovery-support/](http://northsuffolk.org/services/addiction-services/recovery-support/) or [https://www.facebook.com/STEPRoxRecoverySupportCenter](https://www.facebook.com/STEPRoxRecoverySupportCenter)

**Devine Recovery Center**
Contact: Jen Callahan, Program Director
70 Devine Way
South Boston, MA 02127
Phone: (857) 496-1384 x601
Fax: (857) 496-0177
Email: devinerecoverycenter@gmail.com or JenCallahan@GavinFoundation.org

**St. Francis House**
Contact: Efrain Lozada, Director
39 Boylston Street
Boston, MA 02116
Phone: (617) 542-4211

**East Boston Recovery Center (North Suffolk Mental Health) - Coming Soon**

_In addition to the support centers listed above, the Boston Public Health Commission funds the Safe and Sound Recovery Center, which provides peer-led support services including recovery coaching, support groups, peer leadership training opportunities, and more._

**Safe and Sound Recovery Center**
Contact: Douglas Lomax, Program Manager
774 Albany St., 2nd Floor, Room 207
Boston, MA 02118
Phone: (617) 534-2186
Hours: Monday–Friday, 8 a.m. – 5 p.m.
Open NA Meetings: Monday - Friday, 9 – 10 a.m., and 12 – 1 p.m.
Living Sober meetings Mondays and Wednesdays 1:15 – 2 p.m.
Family Resources

Resources for those who have loved ones dealing with substance use disorder issues

Learn to Cope
Learn to Cope is a peer organization that assists family members and relatives who have loved ones dealing with substance use disorder issues. They offer resources and support through weekly meetings throughout the state of Massachusetts.

Joanne Peterson, Executive Director
Contact: Patty or Carrie
4 Court Street, Suite 110
Taunton, MA 02780
Phone: (508) 738-5148
Email: ltc@Learn2cope.org
Website: learn2cope.org
Office hours: Monday through Friday, 9 a.m. - 4:30 p.m.

Dual Recovery Anonymous
Dual Recovery Anonymous™ (DRA) is a 12-step self-help program for individuals who are affected by both an emotional or psychiatric disability as well as an alcohol or drug dependency or addiction. Its primary goals are for members to help each other achieve dual recovery, to prevent relapse, and to carry the message of recovery to others who experience dual disorders.

The Massachusetts Clubhouse Coalition (MCC) has taken a leadership role in expanding the availability of DRA meetings throughout the state through a contract with the Massachusetts Behavioral Health Partnership (MBHP). There are now around 50 DRA groups and substance awareness meetings in Massachusetts, with a current schedule of meetings on the Massachusetts Clubhouse Coalition website listed below.

Dual Recovery Anonymous™ website: http://www.draonline.org/

Current list of DRA meetings: https://www.massclubs.org/dual-recovery-meetings/

More information on the MCC and DRA: https://www.massclubs.org/dual-recovery-committee/
Massachusetts Organization for Addiction Recovery (MOAR)
The Massachusetts Organization for Addiction Recovery (MOAR) is a statewide organization of persons in recovery from addictions, families, and friends who want to educate the public about the value of living in recovery. MOAR maintains a comprehensive resource guide on addiction, recovery, and community resources and offers community education on recovery and recovery supports.

MOAR uses its voice to educate policy makers and partners with treatment providers, stakeholders and allies to remove barriers in the recovery process.

Contact: Maryanne Frangules, Executive Director
105 Chauncy Street, 6th Floor
Boston, MA 02108
Phone: (617) 423-6627
Fax: (617) 423-6626
Email: maryanne@moar-recovery.org
Website: http://www.moar-recovery.org

Online Resources for Persons Who Are Deaf or Hard of Hearing

Online Deaf and Hard of Hearing 12-Step Meeting List:
http://aa-intergroup.org/directory_dhoh.php

Deaf off Drugs and Alcohol (DODA):
https://www.facebook.com/Deaf-Recovery-DODA-112334123604/

Mental Health Recovery Peer Supports

The Transformation Center
The Transformation Center is a statewide peer-run organization that engages and partners with the community voice of people with mental health, trauma or dual mental health/addiction recovery needs, along with many allies, to develop and promote effective approaches to recovery support.

The Transformation Center provides the certified peer specialist (CPS) training and certification for Massachusetts, works to expand availability of WRAP classes and facilitator training, and supports other training, support and policy advocacy initiatives.

Contact: Brenda Vezina, Executive Director
209 Shrewsbury Street
Worcester, MA 01604
Phone: (508) 751-9600
Fax: (508) 751-9601
Email: info@transformation-center.org
Website: www.transformation-center.org
Recovery Learning Communities

Recovery Learning Communities (RLCs) are DMH-funded, peer-run networks of self-help/peer support, information and referral, advocacy and training activities. Training in recovery concepts and tools, advocacy forums, and social and recreational events are all part of what goes on in a Recovery Learning Community. RLCs also support persons with psychiatric disabilities to take charge of their own recovery process.

The over-arching charge of RLCs is to create significant culture change that shifts the traditional focus on symptom management to a focus on promoting recovery, resilience, and wellness. Designed to be built upon established partnerships, RLCs work collaboratively with peer-run organizations and services, other mental health providers, other human service agencies, and the community at large to forward the mission of community integration and respect for people with mental health conditions.

Wildflower Alliance (formerly the Western Mass Recovery Learning Community (RLC))*
Contact: Sera Davidow, Director
199 High Street
Holyoke, MA 01040
Phone: (413) 539-5941
Toll-Free: 1-866-641-2853
Fax: (413) 493-7810
Email: info@wildfloweralliance.org
Website: https://www.wildflower-alliance.org

The Wildflower Alliance has four parts: peer-to-peer supporters, alternative healing practices, advocacy, and learning and growth opportunities. In addition to what is listed below, peer supports include a bridging team that goes into several local jails and hospitals to offer support to people transitioning back to community. It also offers a variety of groups, tenancy preservation supports, and more. As a part of their learning and growth opportunities, they offer a variety of trainings and events, including Career Initiative grants for individuals with small business ideas. Most recently, they have begun a new project (working title: Empowering Individuals with Lived Experience) that will focus state-wide on reaching people who’ve been marginalized based not only on their psychiatric history, but also on their gender, sexual orientation, race, disability status, and other identities that commonly limit people’s access to resources and full community participation.

*If you are having trouble with the contact information listed above, please try the original emails (name@westernmassrlc.org) and original website (www.westernmassrlc.org).
Wildflower Alliance Community Centers are located at:

**Holyoke Center**
Contact: Chris Carlton, Community Coordinator  
199 High Street  
Holyoke, MA 01040  
Phone: (413) 539-5941  
Toll-Free: 1-866-641-2853  
Fax: (413) 493-7810  
Email: chris@wildfloweralliance.org  
Website: http://www.wildflower-alliance.org/holyoke

**Springfield Center (Bowen Resource Center)**
Contact: Mike Cook, Community Coordinator  
235 Chestnut Street  
Springfield, MA 01103  
Phone: (413) 372-5652  
Email: michael@wildfloweralliance.org  
Website: http://www.wildflower-alliance.org/springfield

**Greenfield Center**
Contact: Calvin Moen, Community Coordinator  
20 Chapman Street  
Greenfield, MA 01301  
Phone: (413) 772-0715  
Email: calvin@wildfloweralliance.org  
Website: http://www.wildfloweralliance.org/greenfield or https://www.facebook.com/groups/rlcgreenfield/about/

**Pittsfield Center**
Contact: Jean-Marie, Community Coordinator  
361 North Street  
Pittsfield, MA 01201  
Phone: (413) 464-9807  
Email: jeanmarie@wildfloweralliance.org  
Website: http://www.wildflower-alliance.org/pittsfield

**Central Massachusetts Recovery Learning Community (RLC)**

The Kiva Center  
Contact: Brenda Vezina, Executive Director  
209 Shrewsbury Street  
Worcester, MA 01604  
Phone: (508) 751-9600  
Fax: (508) 751-9601  
Email: info@centralmassrlc.org or brenda.vezina@centralmassrlc.org  
Website: https://www.centralmassrlc.org or https://www.facebook.com/kivacenter/  
The Kiva Center is open Mondays through Thursdays from 9 a.m. – 3:30 p.m. and Fridays from 12 – 6 p.m.
**Kiva Metro West Access Center**  
*Please note that this RLC site is only open on Tuesdays and Thursdays from 10 a.m. to 2 p.m.*  
Contacts: Lindsey Vezina and Andrei Silva, Program Co-Coordinators  
855 Worcester Road, Suite 12 (Trolley Square Plaza)  
Framingham, MA 01701  
Phone: (508) 626-2206  
Email: Lindsey.vezina@centralmassrlc.org or Andrei.silva@centralmassrlc.org  
Website: [http://www.centralmassrlc.org/areas/framingham/](http://www.centralmassrlc.org/areas/framingham/)

**Kiva South County Site**  
*Please note that this RLC site is only open on Mondays from 11 a.m. to 8 p.m.*  
Contact: Jasmine Quinones, Program Coordinator  
346 Main Street  
Southbridge, MA 01550  
Phone: (508) 765-6670 or (508) 751-9600  
Email: jasmine.quinones@centralmassrlc.org  
Website: [http://www.centralmassrlc.org/areas/south/](http://www.centralmassrlc.org/areas/south/)

**Additionally, Kiva support groups take place in the following communities:**  
Fitchburg, Leominster, Gardner, Hudson: [http://www.centralmassrlc.org/areas/north/](http://www.centralmassrlc.org/areas/north/)  
South County area (Southbridge to Milford):  
[http://www.centralmassrlc.org/areas/south/](http://www.centralmassrlc.org/areas/south/)  
Natick, Marlborough: [http://www.centralmassrlc.org/areas/framingham/](http://www.centralmassrlc.org/areas/framingham/)  
Norwood: [http://www.centralmassrlc.org/areas/canton/](http://www.centralmassrlc.org/areas/canton/)

**For Young Adults:**

**Zia Young Adult Access Center and Advocacy Network**, a partnership between the Kiva Center and Open Sky, offers peer support and community and resource connections for young adults ages 16-22. More information is available in the Young Adult Resources section.

**Northeast Recovery Learning Community (RLC)**  
Northeast Independent Living Program  
Contact: Helina Fontes, NERLC Program Director  
20 Ballard Road  
Lawrence, MA 01843  
Telephone (V/TTY): (978) 687-4288, Ext. 149  
Fax: (978) 689-4488  
Email: hfontes@nilp.org or help@nilp.org  
Northeast RLC Hubs are located at:

**Essex North Hub**
Contacts: Mike Berggren, Essex North/Greater Lowell Hub Manager or Lisa Rivard, Peer Specialist
20 Ballard Road
Lawrence, MA 01843
Telephone: (978) 687-4288, Ext. 200 or Ext. 140
Email: mberggren@nilp.org or lrivard@nilp.org

**Greater Lowell Hub**
Contact: Mike Berggren, Essex North/Greater Lowell Hub Manager or David Carignan, Peer Specialist
35 John Street, 2nd Floor
Lowell, MA 01852
Telephone: (978) 687-4288, Ext. 200 or Ext. 140
Email: mberggren@nilp.org or dcarignan@nilp.org

**Metro North Hub**
Contact: Rachely Ramos, Metro North/Acton Hub Manager
40 Eastern Avenue, Suite 318
Malden, MA, 02148
Telephone: (978) 687-4288, Ext. 201
Email: rramos@nilp.org

**Greater Lynn Hub**
Contacts: Mandy Orfanos, North Shore/Lynn Hub Manager or Gerry McManamy, Peer Specialist
1 Market Street, Suite 203
Lynn, MA 01901
Telephone: (978) 687-4228, Ext. 203
Email: aorfanos@nilp.org or gmcmanamy@nilp.org

**North Shore Area**
Contacts: Mandy Orfanos, North Shore/Lynn Hub Manager
Telephone: (978) 687-4228, Ext. 203
Email: aorfanos@nilp.org

**Acton Area**
Contact: Rachely Ramos, Metro North and Acton Hub Manager
Telephone: (978) 687-4288, Ext. 201
Email: rramos@nilp.org

**Transitional Age Youth (TAY) Peer Support**
Contact: Rachely Ramos, Metro North and Acton Hub Manager for assistance
Location: Northeast Area Wide
Telephone: (978) 687-4288, Ext. 201
Email: rramos@nilp.org
Older Adult Peer Support
Contact: Joanne Wolf, Older Adult Peer Specialist
Location: Northeast Area-Wide
Telephone: (978) 687-4288, Ext. 202
Email: jwolf@nilp.org

Metro-Boston Recovery Learning Community (RLC)
The Metro Boston Recovery Learning Community has five recovery centers and a peer support line (see listing under Peer Run Warm Lines). Metro Boston RLC Recovery Centers are located at:

**Boston Resource Center (BRC)**
Contact: Howard D. Trachtman, Director of Constituent Affairs
85 East Newton Street, Ground Floor
Boston, MA 02118
Phone: (781) 642-0368
Fax: (617) 414-1975
Email: info@metrobostonrlc.org
Website: [http://www.metrobostonrlc.org/brc.html](http://www.metrobostonrlc.org/brc.html)

**Cambridge/Somerville Recovery Learning Center**
Contact: Janel Tan, Director
35 Medford Street, 1st Floor, Suite 111
Somerville, MA 02143
Phone: (617) 863-5388
Email: tanj@vinfen.org
Website: [http://www.metrobostonrlc.org/csrlc.html](http://www.metrobostonrlc.org/csrlc.html)

**Peer Support Network**
Contact: Karen Kugel, Director
31 Bowker Street, 5th floor
Boston, MA 02114
Phone: (617) 788-1034
Email: psn@baycove.org or kkugel@baycove.org
Website: [http://www.metrobostonrlc.org/psn.html](http://www.metrobostonrlc.org/psn.html) or [http://www.metrobostonrlc.org](http://www.metrobostonrlc.org)

**Dorchester satellite** (*Saturdays only, 10 a.m. – 3 p.m.)*
1500 Dorchester Avenue
Dorchester, MA 02122
Phone: (617) 788-1034
Email: psn@baycove.org or kkugel@baycove.org
*To gain access to the building and for programming and other information please call (617) 788-1034.*
**Hope Recovery Learning Center**
Contact: Julie Anne Entwistle, Center Coordinator or Zohreh King, Director of Recovery
The DMH Erich Lindemann Mental Health Center
25 Staniford Street (plaza level)
Boston, MA 02114
Phone: (617) 912-7867
Email: Zking@northsuffolk.org
Website: 

**South East Recovery Learning Community (RLC)**
Contact: Sandra Whitney Sarles, Director
c/o 106 Bassett Lane
Hyannis, MA 02601
Phone: (774) 212-4519
Email: info@southeastrlc.org or sandra.whitney-sarles@bmc.org
Website: [http://www.southeastrlc.org/](http://www.southeastrlc.org/)

*Community Connectors outreach to surrounding communities from each of the local centers listed below. South East RLC Recovery Centers are located at:*

**Fall River RCC**
Contact: Niki Fontaine, Area Program Director
649 Bedford Street
Fall River, MA 02720
Phone: (508) 675-3137
Email: fontainen@vinfen.org
Website: [http://www.southeastrlc.org/fallriver_index.html](http://www.southeastrlc.org/fallriver_index.html)

**Hyannis RCC**
Contact: Jason Raineri, Area Program Director
106 Bassett Lane
Hyannis, MA 02601
Telephone: (508) 815-5218
Email: rainerij@vinfen.org
Website: [http://www.southeastrlc.org/hyannis_index.html](http://www.southeastrlc.org/hyannis_index.html)

**Brockton RCC**
Contact: Janet Ransom, Area Program Director
730 Belmont Street
Brockton, MA 02301
Phone: (508) 857-0316
Email: janetransom@bamsi.org
Website: [http://www.southeastrlc.org/brockton_index.html](http://www.southeastrlc.org/brockton_index.html)
Quincy RCC
Contact: Abigail Gascoyne, Area Program Director
1458 Hancock Street
Quincy, MA 02169
Phone: (617) 405-5263
Email: gascoyne@vinfen.org
Website: http://www.southeastrlc.org/quincy_index.html
The Five Recovery Learning Communities and Their Locations

Western MA RLC
(Western MA Consortium)
- Holyoke Center
- Springfield Center
- Greenfield Center
- Pittsfield Center

Central MA RLC
(Transformation Center)
- Worcester RCC
  (Kiva Center)
- Kiva MetroWest

North East RLC
(NE Independent Living Program)
- Essex North Communities Hub
- Greater Lowell Communities Hub
- Metro North Communities Hub
- Greater Lynn Communities Hub

SE RLC
(Boston Medical Center *)
- Fall River RCC
  (Vinfen)
- Hyannis RCC
  (Vinfen)
- Brockton RCC
  (BAMSI)
- Quincy RCC
  (Vinfen)

Metro Boston RLC
(BMC *)
- Boston Resource Center
  (BMC)
- Cambridge/Somerville
  Recovery Learning Center
  (Vinfen)
- PERC
  (Dorchester)
  (Bay Cove)
- Hope Recovery Learning Center
  (North Suffolk)

* SE RLC and
MetroBoston RLC funded
through BMC with
partner auspice agencies

In addition to the “brick and mortar” locations, also known as Resource Connection Centers (RCCs) or hubs, the Recovery Learning Communities hold meetings and other events at various locations throughout the cities and towns they support. The “central” locations are noted in red. As the RLCs are in continuous evolution, please notify us if any information is out of date.
Peer-run Respite/Crisis Alternatives

Afiya Peer Respite
Afiya is the first peer-run respite in Massachusetts and is run by the Wildflower Alliance/Western Mass Recovery Learning Community. It is open to anyone age 18 or older, from the Central or Western regions of the state, who is experiencing distress and believes that staying in a peer supported environment would be helpful to them. The average stay is 1-7 nights. Ultimately, Afiya’s mission is to turn what is often perceived as a crisis into a useful “learning and growth opportunity.” Afiya is located in a residential neighborhood of Northampton.
Contact: Ephraim Akiva, Director
Phone: (413) 570-2990
Email: ephraim@wildfloweralliance.org
Website: http://www.wildflower-alliance.org/afiya

(If having trouble contacting Afiya through listed email and website, please try ephraim@westernmassrlc.org and www.westernmassrlc.org/afiya while transition to the new organizational name is in progress.)

The Living Room (Springfield)
A peer support program provided by Behavioral Health Network, The Living Room is designed to provide a home-like environment for persons 18 and older in crisis, developing crisis, or post-crisis where they can regroup and get help. The program is run by certified peer specialists and does not require referrals, insurance, payment, or provider involvement. Daybeds are available for persons wishing to rest or sleep, but The Living Room does not have private bedrooms or shower facilities. Visits are generally limited to 24 hours. The Living Room encourages individuals to contact staff directly.
21 Warwick Street, Entrance L
Springfield, MA 01104
Phone: (413) 310-3312
Website: https://www.bhninc.org/services-and-programs/emergency-services/living-room

The Living Room (Framingham)
For many people in crisis, connecting with another person with shared lived experience can be a vital factor on the journey to mental health and addiction recovery. The Living Room program, staffed entirely by trained, certified peer specialists, provides a 24-hour crisis alternative to emergency department visits and hospitalization. Located in Framingham, The Living Room is the only program of its kind accessible to people in the Metro West and greater Boston areas. It is only the second of its kind in the entire state. No referral is necessary. The Living Room is a service run by Advocates that is entirely voluntary. It focuses on respect, mutuality, and trust. Staff provide flexible and compassionate care, connection to a variety of recovery resources in the community, assistance with housing and employment, and participation in peer support groups. Together, people in recovery and peer professionals share with each other what is needed and available and build a sense of community.
284 Union Avenue
Framingham, MA 01702
Phone: (508) 661-3333
Email: TheLivingRoom@Advocates.org
Website: https://www.advocates.org/services/livingroom
The Greenfield Living Room
The Greenfield Living Room is a peer-led, daytime support and diversion program that can be accessed without an appointment, regardless of insurance, and without lengthy intake forms and paperwork. It is a warm, inviting, substance-free environment for individuals 18 years or older experiencing emotional distress.

Focused on hope, respect, and trust, the Greenfield Living Room is staffed by people with lived experience who can provide a compassionate and trauma-sensitive space. Resources include social and peer support, as well as assistance with health, housing, and employment issues. The Greenfield Living Room offers a kitchen for snacks, as well as on-site laundry, shower, and bathroom facilities. The program is open Tuesday–Saturday from 10 a.m. to 6 p.m.
140 High Street
Greenfield, MA 01301
Phone: (413) 775-6760

The Peer-to-Peer Program
The Peer-to-Peer Program at Aspire Health Alliance (formerly South Shore Mental Health) functions as a peer driven “drop-in” center for adults 18 years and older. The program’s mission is to provide a safe and supportive environment where peer visitors can connect with others whose shared experiences help them work through various stages of their recovery. The program offers support to individuals living with mental illness in the evenings and weekends, when access to mental health services are unavailable. The program is open Tuesday through Friday from 3-10 p.m. and Saturdays and Sundays from 10 a.m. to 10 p.m.
460 Quincy Avenue, Main Floor
Quincy, MA 02169
Phone: (617) 689-2599
Website: https://www.aspirehealthalliance.org/our-programs/for-adults/peer-to-peer-program

Peer-Run Warm Lines

Warm lines are peer-run listening lines staffed by people in recovery that give others an opportunity to connect and have someone to talk to. They are not crisis lines. A national database of peer-run warm lines is maintained at http://www.warmline.org. Warm lines in red indicate that they will take calls from persons living outside of their own areas. Here are the local listings:

The Peer Support Line (Metro Boston Recovery Learning Community)
Phone: 877-PEER-LNE (733-7563)
Hours: Monday through Sunday, 4 – 7:45 p.m.
Website: http://www.metrobostonrlc.org/warm-line.html

Western Mass Peer Support Line
Toll-free: 1-888-407-4515
Hours: Monday through Thursday from 7 - 9 p.m., and Friday through Sunday, 7 – 10 p.m.
Website: http://www.wildfloweralliance.org/peer-support-line
(If having trouble contacting the Western Mass Peer Support Line through the listed website, please try www.westernmassrlc.org/peer-support-line. Transition to the new name is currently in progress.)
Edinburg Center Warline
Phone: (617) 875-0748
Hours: Monday, Tuesday, Thursday, Friday, and Saturday, 5:30 - 9:30 p.m.

Assistance with Telephone Service
Many individuals find telephonic peer support to be helpful. The Lifeline Program is a federal program providing limited, monthly free phone service to eligible low-income households. For more information on program eligibility and available services visit http://www.lifelinesupport.org/.

Young Adult Resources

Success Through Empowerment and Peer Support (STEPS) Young Adult Resource Center
STEPS offers services and supports for all individuals ages 18-26, with no referrals needed. STEPS is a peer-driven center that provides a wide variety of social, creative, and supportive groups and activities. STEPS provides a supportive environment that encourages people to fully be themselves. The community is committed to empowering each other to reach personal goals and aspirations. STEPS also provides traditional assistance with referrals and connections to requested services.
12 Prescott Street
Arlington, MA 02474
Phone: (781) 646-2826
Hours: Monday through Thursday, 1 - 7 p.m.
Email: steps@waysideyouth.org
Website: http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSYoungAdultResourceCenter.aspx or https://www.facebook.com/pg/STEPSyoungadultresourcecenter/about/?ref=page_intern

Tempo Young Adult Resource Center
Tempo Young Adult Resource Center offers services for individuals ages 16-25, with no referrals needed. Peer mentors at Tempo Young Adult Resource Center can provide support. The Center provides a wide range of services and assistance with accessing outside services and supports including housing, counseling, food stamps, and other benefits.
68 Henry Street
Framingham, MA 01702
Phone: (508) 879-1424
Fax: (508) 879-1460
Hours: Monday, Tuesday, Thursday, 8 a.m. to 5 p.m.; Wednesday, 8 a.m. to 8 p.m.; Friday, 10 a.m. to 4 p.m.; Saturday, 10 a.m. to 2 p.m.
Website: http://www.tempoyoungadults.org
The Zia Young Adult Access Center and Advocacy Network prioritizes youth autonomy, liberation, and support. Part of the Central Mass Recovery Learning Community, Zia supports young adults ages 16-22 who express and self-identify with different human experiences (societal and/or social class impacts like trauma, mental health, and substance use). No registration, referral, or health insurance is necessary. All supports are free of cost and are intended to be accessible.

The two Zia Young Adult Access Center locations offer youth-held and peer-run community spaces, groups, and events as well as self-determined resource connections (education, employment, family support, and more).

**Zia Young Adult Access Center at the Kiva Center**
209 Shrewsbury Street
Worcester, MA 01604
Hours: Mondays from 3 – 6 p.m. and Wednesdays from 4 – 8 p.m.
Website: [https://www.facebook.com/ZiaYAAccessCenter](https://www.facebook.com/ZiaYAAccessCenter)

**Zia Young Adult Access Center at Open Sky Community Services**
4 Mann Street
Worcester, MA 01602
Hours: Tuesdays, Thursdays, and Fridays from 11 a.m. – 6 p.m.
Website: [https://www.facebook.com/ZiaYAAccessCenter](https://www.facebook.com/ZiaYAAccessCenter)

**Speaking of Hope**
Speaking of Hope is a network for young adults to connect with others through shared experiences, resources, and to promote self-discovery and is supported by the Massachusetts Department of Mental Health.
Email: SpeakingofHope@MassMail.State.MA.US
Website: [www.speakingofhope.org](http://www.speakingofhope.org) or [https://www.facebook.com/speakingofhopeproject/](https://www.facebook.com/speakingofhopeproject/) and [https://twitter.com/speakingofhope](https://twitter.com/speakingofhope)
Boston Alliance of Gay, Lesbian, Bisexual, Transgender Queer Youth (BAGLY), Inc.

BAGLY is a youth-led, adult-supported social support organization committed to social justice and creating, sustaining, and advocating for programs, policies, and services for the LGBTQ youth community. BAGLY clinic services are for youth age 29 and younger across Massachusetts, and BAGLY works with youth 22 and younger providing leadership development, health promotion and services, social support, events, and the statewide GLBTQ+ Youth Group Network. BAGLY programs include social support meetings, weekly programming, and free, clothes-on STI and HIV testing (no insurance required, LGBTQ+ youth age 29 and under). Its free mental health programming includes walk-in, one-on-one therapy, narrative art therapy, themed-group therapy (6-week sessions), and peer-led mental health groups.

28 Court Square
Boston, MA 02108
Phone: (617) 227-4313
Fax: (617) 227-3266
Hours: Monday – Friday, 9 a.m. to 7 p.m. (except Wednesday, 9 a.m. to 9 p.m.)
Email: info@bagly.org
Website: http://www.bagly.org

Alliance of Gay, Lesbian, Bisexual, Transgender Youth (AGLY) Network—Massachusetts locations
https://www.bagly.org/the-agly-network/

Youth on Fire
Youth on Fire (YOF), a program of AIDS Action Committee of Massachusetts, is a drop-in center for homeless and street-involved youth, ages 14-24. It is located in Harvard Square, Cambridge. YOF provides a broad spectrum of vital services, supports and opportunities including hot meals, showers, mental health and medical services, housing search, peer outreach and education, and other supports.

1 Church Street
Cambridge, MA 02138
Phone: (617) 661-2508
Drop-in Hours: Monday, Tuesday, Wednesday, Friday, 11 a.m. – 1 p.m. and 2 – 5:45 p.m.
Thursday by appointment only.
Email: yof@aac.org
Website: http://www.aac.org/youth-on-fire/ or https://www.facebook.com/YouthOnFireMA/
Youth Motivating Others through Voices of Experience (MOVE) Massachusetts
Youth MOVE is a youth led organization devoted to improving the mental health system, advocating for youth rights, and empowering youth as equal partners in the process of change. Youth MOVE hosts peer-run support groups. The HOPE (Helping Others Promote Equality) Youth Group is for teens ages 13 and up. The YAYA (Young Adults & Youth Advocacy) Young Adult Group is a support and advocacy group for young adults ages 17 and older. The HOPE Youth Group meets every Tuesday at 5 p.m., and the YAYA group meets on the first and third Thursdays every month at 5 p.m. at Youth MOVE’s Worcester office.
40 Southbridge Street, Suite 310
Worcester, MA 01608
Phone: (508) 767-9725
Email: YouthMOVEMassachusetts@gmail.com
Chandra Watts, Youth Move’s Youth Coordinator, can be emailed at cwatts@ppal.net.
Website: https://sites.google.com/a/ppal.net/youth-move-massachusetts/ or https://www.facebook.com/youthmovemassachusetts

Other Non-Clinical, Peer-Driven Resources

Mental Health Recovery and the Wellness Recovery Action Plan (WRAP)
Most people are aware of WRAP as a crisis prevention plan, but WRAP is much more. WRAP facilitates a process where the person becomes familiar with personal triggers and warning signs, so that he or she can increase actions that maximize wellness.

A Wellness Recovery Action Plan (WRAP) is an evidence-based practice that is completely self-directed and voluntary. It includes writing a description of what one looks like when well and an inventory of personal strategies and resources that one finds helpful. Then one creates an action plan to use those resources to increase resilience and counteract challenging situations. The action plan is graduated to bring in more resources as circumstances or distress become more challenging. The final components of the WRAP, (if selected by an individual) include a form of an advanced directive, as well as a plan to discontinue the advanced directive plan once pre-determined markers have been achieved.

WRAP is based on five key concepts:

- Hope
- Personal Responsibility
- Education
- Self-Advocacy
- Support

Website: http://www.mentalhealthrecovery.com
Peer Support Whole Health and Resiliency Training (PSWHR)/Whole Health Action Management (WHAM)

WHAM and PSWHR are peer support wellness trainings that promote skill teaching for individuals. The training helps individuals to more effectively improve health resiliency and self-manage health conditions.

Many people who use services in the public mental health system have chronic physical health conditions, often related to metabolic syndrome. Yet making healthy changes, that a person integrates consistently over time, is a challenge for people. These classes support participants to be realistic in goal setting, to establish peer support as a strategy for health, and to consider setting health goals that increase resiliency factors particularly relevant for people with mental health conditions.

Basic tenets of these trainings include utilizing a person-centered planning process to identify health goals, setting goals that are engaging and manageable, and utilizing the Relaxation Response to promote resiliency through stress reduction. One foundation of the class is the recognition that it is easier to create new habits than to change old habits, that it is more effective to focus on what individuals wish to create, rather than what they “need” to change.

Phone: (202) 684-7457
Website: [http://www.integration.samhsa.gov/health-wellness/wham](http://www.integration.samhsa.gov/health-wellness/wham)

Clubhouses

Although Clubhouses are not strictly based on peer support, they offer an opportunity for peers to come together in recovery-promoting environments organized around work and the relationships created through clubhouse membership. As noted elsewhere in this resource guide, clubhouses are a primary source of peer support for persons in dual recovery through its sponsorship and promotion of Dual Recovery Anonymous (DRA) meetings.

More information on clubhouses can be found on the Massachusetts Clubhouse Coalition website ([www.massclubs.org](http://www.massclubs.org)) and on the International Center for Clubhouse Development (ICCD) website ([http://www.iccd.org](http://www.iccd.org)).

Listing of Massachusetts Clubhouses by Region:

**Boston**

**Center Club**
31 Bowker Street
Boston, MA 02114
Director: Mary Gregorio
Phone: (617) 788-1003 or (617) 788-1000
Fax: (617) 788-1080
Org: Bay Cove Human Services
Email: cntrclb@baycove.org
Transitions of Boston
1500 Dorchester Avenue
Dorchester, MA 02122
Director: Vinnette McKay
Phone: (617) 379-5661
Fax: (617) 541–6817
Org: Bay Cove Human Services
Email: vmckay@baycove.org
Website: https://www.baycovehumanservices.org/clubhouse-and-peer-services

Webster House
746 South Street
Roslindale, MA 02131
Director: Maggie Mahoney
Phone: (617) 739-5461
Org: Vinfen
Email: mahoneym@vinfen.org
Website: www.websterclubhouse.org

Metro Boston

Atlantic House
338 Washington Street
Quincy, MA 02169
Director: Janette Tibets
Phone: (617) 770-9660
Org: Vinfen
Email: Tibetsj@vinfen.org
Website: http://www.atlanticclubhouse.org/

Elliot House
255 Highland Avenue
Needham, MA 02494
Director: Alison Siersdale
Phone: (781) 449-1212
Fax: (781) 449-4064
Org: Riverside Community Care
Email: Asiersdale@riversidecc.org
Website: http://elliothouse.org

Neponset River House
595 Pleasant Street
Norwood, MA 02062
Director: Danielle Ford-Allen
Phone: (781) 762-7075
Org: Riverside Community Care
Email: dfallen@riversidecc.org
Website: http://www.neponsetriverhouse.org/
Central

Employment Options Clubhouse
82 Brigham Street
Marlborough, MA 01752
Director: Liz Gulachenski
Phone: (508) 485-5051
Fax: (508) 485-8807
Org: Employment Options
Email: newmember@employmentoptions.org or lgulachenski@employmentoptions.org
Website: http://www.employmentoptions.org/ or https://www.facebook.com/EmploymentOptions/

Charles Webster Potter Place
15 Vernon Street
Waltham, MA 02453
Director: Judith Kellam
Phone: (781) 894-5302
Org: Edinburg
Email: jkellam@edinburgcenter.org
Website: http://www.edinburgcenter.org/charles-webster-potter-place/

Crossroads Clubhouse
11 Williams Street
Hopedale, MA 01747
Program Director: Lauren Baxter
Phone: (508) 473-4715
Org: Riverside Community Care
Email: lbaxter@riversidecc.org
Website: http://www.crossroadsclubhouse.org/

Crystal House
55 Lake Street, #100
Gardner, MA 01440
Director: Tamela Deveikis
Phone: 978 630 2794
Org: Open Sky
Email: tamela.deveikis@openskys.org

Elm Brook Place
4 A Street, 1st Floor
Burlington, MA 01803
Director: Carrie Endicott
Phone: (781) 202-3478
Fax: (781) 202-3481
Org: Eliot Community Human Services
Email: cendicott@eliotchs.org
Website: http://www.elmbrookplace.org/
Genesis Club, Inc.
274 Lincoln Street
Worcester, MA 01605
Program Director: Ruth Osterman
Phone: (508) 831-0100
Org: Genesis Club
Email: training@genesisclub.org or ruth@genesisclub.org
Website: http://www.genesisclub.org or https://www.facebook.com/genesisclubinc/

Tradewinds
309 Main Street
Southbridge, MA 01550
Director: Brittany Clark
Phone: (508) 765-9947
Org: Viability
Email: BClark@viability.org
Website: https://www.facebook.com/tradewinds.club/

Westwinds
545 Westminster Street
Fitchburg, MA 01420
Director: Deborah Downing
Phone: (978) 345-1581
Org: Community Health Link
Email: ddowning@communityhealthlink.org or westwinds@communityhealthlink.org
Website: http://www.communityhealthlink.org/chl/adult-outpatient-services/westwinds-clubhouse

Northeast

Haverhill Clubhouse
100 Locust Street
Haverhill, MA 01830
Director: Kerry Caraccio
Phone: (978) 521-6957
Org: Vinfen
Email: caraccio@vinfen.org
Website: http://www.haverhillclub.org/

Harbor Place Clubhouse
71 Linden Street
Lynn, MA 01905
Director: Christina Tinkham
Manager: Melissa Harris
Phone: (781) 842-7200
Org: Eliot Community Human Services
Email: mharris@eliotchs.org
**Horizon House**  
78 Water Street  
Wakefield, MA 01880  
Director: Catherine Taatjes  
Phone: (781) 245-4272  
Fax: (781) 245-4276  
Org: Riverside Community Care  
Email: ctaatjes@riversidecc.org  
Website: [http://www.horizonhouseclubhouse.org/](http://www.horizonhouseclubhouse.org/)

**Point After Club**  
15 Union Street, Suite #70 (lower level)  
Lawrence, MA 01840  
Director: Tom Coppinger  
Phone: (978) 681-7753  
Fax: (978) 725-5527  
Org: Vinfen  
Email: coppingerth@vinfen.org  
Website: [http://www.pointafterclub.org/](http://www.pointafterclub.org/)

**Renaissance Club**  
176 Walker Street, Second Floor  
Lowell, MA 01854  
Director: Heather Gilbert  
Phone: (978) 454-7944  
Fax: (978) 937-7867  
Org: Eliot Community Human Services  
Email: hgilbert@eliotchs.org or renclublowell@gmail.com  
Website: [https://www.renaissanceclublowell.org/](https://www.renaissanceclublowell.org/) or [https://www.facebook.com/Renaissance-Club-106091496142394/](https://www.facebook.com/Renaissance-Club-106091496142394/)

**Salem Connections Clubhouse**  
50 Grove Street  
Salem, MA 01970  
Director: John Kirton  
Phone: (978) 498-4400  
Org: Eliot Community Human Services  
Email: jkirton@eliotchs.org
Southeast

**Anchor House**
2277 Purchase Street
New Bedford, MA 02746
Director: Paul Lavoie
Phone: (508) 984-4300
Fax: (508) 984-1453
Org: Fellowship Health Resources
Email: plavoie@fhr.net
Website: [https://www.fhr.net/our-services/clubhouses/anchorhouse](https://www.fhr.net/our-services/clubhouses/anchorhouse)

**Baybridge**
278 Main Street
Hyannis, MA 02601
Director: Tom Couhig
Phone: (508) 778-4234
Org: Vinfen
Email: couhigt@vinfen.org
Website: [http://www.baybridgeclubhouse.org/](http://www.baybridgeclubhouse.org/)

**Cove Clubhouse**
383 Route 28
Harwichport, MA 02646
Director: Sabrina Kreber
Phone: (508) 432-7774
Org: Vinfen
Email: Krebers@vinfen.org
Website: [www.coveclubhouse.org](http://www.coveclubhouse.org) or [https://www.facebook.com/Cove-Clubhouse-10237720568697448-96365638380/](https://www.facebook.com/Cove-Clubhouse-10237720568697448-96365638380/)

**Daybreak**
457 State Road, #B
Vineyard Haven, MA 02568
Phone: (508) 696-7563
Org: Martha’s Vineyard Community Services
Email: anicholson@mvcommunityservices.com
Website: [https://www.mvcommunityservices.org/services/mental-health-services/mental-illness-rehabilitation/](https://www.mvcommunityservices.org/services/mental-health-services/mental-illness-rehabilitation/)

**Fairwinds**
155 Katherine Lee Bates Road
Falmouth, MA 02540
Director: Gerald McDowell
Phone: (508) 540-6011
Org: Fellowship Health Resources
Email: gmc dowell@fhr.net
Website: [http://www.fhr.net/our-services/clubhouses/fairwinds](http://www.fhr.net/our-services/clubhouses/fairwinds)
Our House in Brockton
728 Belmont Street
Brockton, MA 02301
Director: Maria Lobo-Terrell
Phone: (508) 857-1657
Org: Brockton Area Multi-Services, Inc. (BAMSI)
Email: marialobo-terrell@bamsi.org

Plymouth Bay House
340 Court Street
Plymouth, MA 02360
Director: Jaimee Provan
Phone: (508) 747-1115
Org: Vinfen
Email: provanj@vinfen.org
Website: http://www.plymouthbayhouse.org/ or
https://www.facebook.com/plymouthbayhouse/

Taunton River House (formerly Corner Clubhouse)
225 Cape Highway
East Taunton, MA 02718
Director: Karen Therrien
Phone: (508) 828-4591
Org: Fellowship Health Resources
Email: ktherrien@FHR.net
Website: https://www.fhr.net/our-services/clubhouses/cornerclubhouse

Towne House
1706 President Avenue
Fall River, MA 02720
Director: Aaron Labonte
Phone: (508) 672-2023
Fax: (508) 672-2051
Org: Fellowship Health Services
Email: alabonte@fhr.net
Website: https://www.fhr.net/our-services/clubhouses/townehouse

Western

Forum House
55 Broad Street
Westfield, MA 01085
Director: Sally English
Phone: (413) 562-5293
Fax: (413) 562-9163
Org: Viability
Email: senglish@viability.org or forumhouse2@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/ForumHouse-Westfield-1645719352331285/
Green River House
37 Franklin Street
Greenfield, MA 01301
Director: Kim Britt
Phone: (413) 772-2181
Fax: (413) 772-2032
Org: Clinical and Support Options
Email: Kbritt@csoinc.org or grh@csoinc.org
Website: https://www.csoinc.org/community-based-programs or https://www.facebook.com/Green-River-House-243007819087077/

Lighthouse
1401 State Street
Springfield, MA 01109
Director: Toni Bator
Phone: (413) 736-8974
Fax: (413) 785-5030
Org: Viability
Email: tbator@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/viabilityocks/

Star Light Center
251 Nonotuck Street
Florence, MA 01062
Director: Evan Kerke
Phone: (413) 586-8255
Fax: (413) 586-8311
Org: Viability
Email: Ekerke@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/pg/251slc

Odyssey House
474 Appleton Street
Holyoke, MA 01040
Director: Jillian Cunningham
Phone: (413) 538-4377
Fax: (413) 538-4355
Org: Viability
Email: jcunningham@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/Odyssey-Clubhouse-644025472417561/
Cross-Disability/Miscellaneous Resources for Peers

Independent Living Centers

Independent Living Centers have been providing their core services of information and referral, independent living skills training, peer counseling and individual and systems advocacy since the first center was started in Berkeley, California in 1972.

Independent Living Centers are run and controlled by persons with disabilities. A basic tenet of the Independent Living movement is that support and role modeling by someone who has faced similar situations and challenges are invaluable resources in assisting persons with disabilities gain control and independence over their lives.

Independent Living Centers offer services to persons across the disability spectrum, including psychiatric disabilities, and are located throughout the state of Massachusetts and the rest of the country. Locally, the Massachusetts Independent Living Centers receive significant funding through the Massachusetts Rehabilitation Commission and are located in the following communities:
Ad-Lib, Inc. – Pittsfield
Joseph Castellani, Jr., Executive Director
215 North Street
Pittsfield, MA 01201
Phone: (413) 442-7047
Fax: (413) 443-4338
Email: jcastellani@adlibcil.org or adlib@adlibcil.org
Website: https://www.adlibcil.org/

STAVROS – Amherst
Angelina Ramirez, Executive Director
210 Old Farm Road
Amherst, MA 01002
Phone: (413) 256-0473
Toll-free: 1-800-804-1899
Email: aramirez@stavros.org or info@stavros.org
Website: www.stavros.org or https://www.facebook.com/stavros413/

Center for Living and Working, Inc. – Worcester
Meg Coffin, Chief Executive Officer
484 Main St, Suite 345
Worcester, MA 01608
Phone: (508) 798-0350
Video Phone: 508-762-1164
TTY: (508) 755-1003
Toll-free: 1-800-570-4020
Fax: (508) 797-4015
Email: mcoffin@centerlw.org or opsearch@centerlw.org
Website: http://www.centerlw.org/ or https://www.facebook.com/CenterForLivingAndWorking/

Boston Center for Independent Living – Boston
Bill Henning, Executive Director
60 Temple Place, 5th Floor
Boston, MA 02111
Phone: (617) 338-6665
Toll-Free: 1-866-338-8085
TTY: (617) 338-6662
Fax: (617) 338-6661
Email: bhenning@bostoncil.org
Website: https://bostoncil.org/
Cape Organization for the Rights of the Disabled – Hyannis
Coreen Brinckerhoff, Chief Executive Officer
106 Bassett Lane
Hyannis, MA 02601
(CORD will be moving in January or February—email them for new address)
Phone: (508) 775-8300
Toll-free: 1-800-541-0282
Fax: (508) 775-7022
V/TTY (508) 775-8300
Email: cordinfo@cilcapecod.org
Website: http://www.cilcapecod.org or https://www.facebook.com/cordcapecod/

Independence Associates, Inc. – East Bridgewater
Steve Higgins, Executive Director
100 Laurel Street, Suite 122
East Bridgewater, MA 02333
Phone: (508) 583-2166
Toll-free: 1-800-649-5568
Fax: (508) 583-2165
Email: shiggins@iacil.org or info@iacil.org
Website: https://www.iacil.org/

Disability Resource Center (formerly Independent Living Center of the North Shore and Cape Ann, Inc.) – Salem
Lisa Orgettas, Executive Director
27 Congress Street, Suite 107
Salem, MA 01970
Phone: V/TTY: (978) 741-0077
Fax: (978) 741-1133
Email: lorgettas@disabilityrc.org or information@disabilityrc.org
Website: https://disabilityrc.org/ or https://www.facebook.com/DisabilityRCSalem

MetroWest Center for Independent Living – Framingham
Paul Spooner, Executive Director
280 Irving Street
Framingham, MA 01702
Phone: (508) 875-7853
Fax: (508) 875-8359
Email: pspooner@mwcil.org or info@mwcil.org
Website: https://www.mwcil.org/ or https://www.facebook.com/MWCIL/

Northeast Independent Living Center – Lawrence
June Sauvageau, Chief Executive Officer
Lawrence Site:
20 Ballard Road
Lawrence, MA 01843
Phone, V/TTY: (978) 687-4288
Fax: (978) 689-4488
**Lowell Site:**  
35 John Street, 2nd Floor  
Lowell, MA 01852  
Phone: V/TTY: (978) 687-4288  
Fax: (978) 455-4999  
Email: jsauvageau@nilp.org or help@nilp.org  
Website: www.nilp.org or https://www.facebook.com/NortheastIndependentLivingProgram/

**Southeast Center for Independent Living – Fall River**  
Lisa Pitta, Executive Director  
66 Troy Street, Suite #3  
Fall River, MA 02720  
Phone: (508) 679-9210  
Fax: (508) 677-2377  
Email: lpitta@secil.org or scil@secil.org  
Website: http://www.secil.org/ or https://www.facebook.com/SCILinc/

**Miscellaneous Resources**

**Massachusetts Advocacy and Legal Resources**

- Disability Law Center of Massachusetts: https://www.dlc-ma.org/
- Mental Health Legal Advisors Committee (MHLAC): http://www.mhlac.org/

**Other Local Peer Resources**

**Jonathan O. Cole Resource Center**  
Contact: Joanne Grady-Savard, Executive Director  
deMarneffe Building, Room 120A  
115 Mill Street  
Belmont, MA 02478  
Phone: (617) 855-3298  
Fax: (617) 855-3666  
Email: info@coleresourcecenter.org  
Website: http://www.coleresourcecenter.org

**National Depression and Bipolar Support Alliance (DBSA)**  
55 E. Jackson Blvd, Suite 490  
Chicago, Illinois 60604  
Toll-free Phone: 1-800-826-3632  
Fax: (312) 642-7243  
Email: info@dbsalliance.org  
Website: http://www.dbsalliance.org
Depression and Bipolar Support Alliance of Boston (DBSA-Boston)
Contact: Barry Park
P.O. Box 102
115 Mill Street
Belmont, Mass 02478
Phone: (617) 855-2795
Fax: (617) 855-3666
Email: info@dbsaboston.org
Website: http://www.dbsaboston.org/ or https://www.facebook.com/BostonDBSA

NAMI Greater Boston Peer Support and Advocacy Network (NAMI GB PSAN)
(formerly NAMI Greater Boston Consumer Advocacy Network)
NAMI GB PSAN provides a weekly volunteer staff meeting open to all peers and a monthly business meeting with speakers and food. NAMI mentors people to work in human services, does advocacy work, and implements NAMI peer run programs: NAMI Connection support groups, In Our Own Voice speakers, and Peer-to-Peer educational classes.
Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS
Erich Lindemann Building, Plaza Level
25 Staniford Street
Boston, MA 02114
Phone: (781) 642-0368
Email: info@namiboston.org
Website: https://namiboston.org/people-living-mental-illness/

Eastern Mass Peer Network (EMPN)
Eastern Mass Peer Network (EMPN) is a professional organization of peer workers. EMPN is available to provide support to the peer support workforce by email or phone.
Phone: (617) 905-5241
Email: 2017empn@gmail.com
Facebook: https://www.facebook.com/EMPeerNet/

Hearing Voices Network USA
Hearing Voices Peer Services is an organization that connects those who are living with seeing visions, hearing voices, and other unusual experiences. They help provide resources nationally and have support groups in local neighborhoods.
Email: info@hearingvoicesusa.org
Website: http://www.hearingvoicesusa.org/

Massachusetts United for Connection and Healing (MUCH)
A project of The Transformation Center, MUCH is a network for the peer support workforce and community to strengthen skills, increase information sharing, and build healing connections across Massachusetts. MUCH is building a coalition across the state to facilitate and develop infrastructure for certified peer specialists (CPSs), in-person networking events, webinars, and opportunities to learn and connect as a workforce.
Contact: Khalil Power, Project Coordinator
Email: info@muchnetwork.org
Website: www.MUCHnetwork.org
Opening Doors to the Arts (ODA)
Opening Doors to the Arts obtains free and reduced price tickets and access to concerts, theater, and the occasional sporting events through the connection it maintains with over 20 venues. Typically, several different events are available every week. Tickets are available for persons who identify as having mental health conditions.
Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS
Phone: (781) 642-0368
Email: howard@openingdoorstothearts.org
Website: http://www.openingdoorstothearts.org

Two Hats Networking Dinners (Twohats)
This dinner was established as a support network for people with mental health challenges who were working in human services and were afraid of coming out to their employer. Today, many people considering working or volunteering in peer support come as well. All peers are welcome to attend.
Contact: Howard D. Trachtman, BS, CPS, CPRP
Phone: (781) 642-0368
Email: hdt@mit.edu
Website: www.twohats.org

Other National Peer Resources

Crisis Text Line
The Crisis Text Line is a free texting service run by DoSomething.org, to help those experiencing a crisis. The line is available 24 hours a day, seven days a week. If you text HOME to 741741, a trained volunteer counselor will receive the message and assist immediately.
Phone: Text HOME to 741741
Website: https://www.crisistextline.org/

Peer-run National Technical Assistance Centers

- The National Empowerment Center: http://www.power2u.org/
- STAR Center (Support, Technical Assistance and Resources): http://www.peerstar.org/
- Peerlink Technical Assistance Center, a project of MHA of Oregon: http://www.peerlinktac.org/
- Consumer Supporter Technical Assistance Center - The Family Café: http://cafetacenter.net/
- Doors to Wellbeing National Technical Assistance Center, established by The Copeland Center for Wellness and Recovery: http://www.doorstowellbeing.org/
  (*Still in operation although no longer funded by SAMHSA. Since June 2018, it has been affiliated with the Temple University Collaborative on Community Inclusion.*)