Ambulatory Withdrawal Management

Ambulatory Withdrawal Management is a medically supervised withdrawal from a serious episode of excessive substance use. It includes regularly scheduled sessions provided in an outpatient setting such as a health care office, an addiction treatment facility, or in a Member’s home under the direction of a trained physician or nurse who provides a medically supervised evaluation. Ambulatory Withdrawal Management is indicated when the Member experiences physiological dysfunction during withdrawal, but neither life nor significant bodily functions are threatened. The Member may or may not require medication, and 24-hour nursing is not required. The severity of the individual’s symptoms will determine the setting, as well as the amount of nursing and physician supervision necessary during the course of treatment.

There are two types of Ambulatory Withdrawal Management:
1. Level 1-WM: Ambulatory Withdrawal Management without Extended On-Site Monitoring
   a. Occurs in a health care office, home health care agency, or the Member’s home
2. Level 2-WM: Ambulatory Withdrawal Management with Extended On-Site Monitoring
   a. Occurs in a general health care or mental health care facility, an addiction treatment facility or a day hospital service

Criteria


Level 1-WM: Ambulatory Withdrawal Management without Extended On-Site Monitoring

Level 2-WM: Ambulatory Withdrawal Management with Extended On-Site Monitoring