# SUBSTANCE ABUSE OUTPATIENT SERVICES

## Ambulatory Detoxification

Ambulatory Detoxification is provided in an outpatient clinical setting, under the direction of a physician, and is designed to stabilize the medical condition of an individual experiencing a serious episode of excessive substance use or withdrawal complications. Ambulatory detoxification is indicated when the Member experiences physiological dysfunction during withdrawal, but neither life nor significant bodily functions are threatened. The Member may or may not require medication, and 24-hour nursing is not required. The severity of the individual’s symptoms will determine the setting, as well as the amount of nursing and physician supervision necessary during the course of treatment. Ambulatory detoxification services can be provided in an intensive outpatient program.

## Criteria

For admission, exclusion, continued stay, and discharge criteria, see *ASAM Patient Placement Criteria for the Treatment of Substance-Related Disorders, Second Edition – Revised.* [ASAM PPC-2R]

Level II: Ambulatory Detoxification with Extended On-Site Monitoring