Welcome! The Massachusetts Behavioral Health Partnership (MBHP) is pleased to present this event on behalf of the MassHealth Primary Care Clinician (PCC) Plan and in collaboration with the University of Massachusetts Medical School.

In our work with providers across Massachusetts, we have been struck by the incredible efforts underway to integrate medical and behavioral health care. We are also mindful of the many opportunities – and challenges – facing our community as we undertake this important work. Today’s program has been designed with this in mind. It brings together a wide range of providers and subject matter experts to speak to both clinical and operational dimensions of integration. We invite you to engage with them and each other in dynamic discussion of what is working, and what is needed, to bring us closer to realizing a shared vision of integrated, whole-person health care.

We are grateful to the many staff, providers, and subject matter experts who have contributed to preparing and presenting this event, and extend our deepest thanks to Secretary Sudders for providing our keynote address.

We hope you will take some time to visit the resource tables in the lobby for useful information to take back to your organizations and practices. And please go to www.masspartnership.com/provider/integrationforum.aspx for conference materials, a summary of today’s proceedings, upcoming provider education events, and additional resources related to integration.

Thank you for being here and enjoy the forum!

Robin Callahan
Deputy Medicaid Director

João Evora
Director
PCC Plan
MassHealth

Stephanie Jordan Brown
Vice President
Transformation and Integration

Nancy Norman, MD, MPH
Medical Director of Integration
Massachusetts Behavioral Health Partnership

Judith Steinberg, MD, MPH
Deputy Chief Medical Officer
Commonwealth Medicine

Gail Winslow
Associate Director, Marketing Analytics
Commonwealth Medicine

UMass Medical School

The Planning Committee: Ken Bates, Carlos Cappas, Erin Donohue, Andrea Gewirtz, Jonna Hopwood, Kim Kamins, Tamara Lange, Marcy Ravech, Amy Rosenstein, Rose Tedesco

Marylou Sudders
Secretary, Massachusetts Executive Office of Health and Human Services

Appointed as Secretary of the Executive Office of Health and Human Services (EOHHS) by Governor Charlie Baker in January 2015, Marylou Sudders leads the largest executive agency in state government, a $19.4 billion state budget with 22,000 dedicated public servants, and oversees critical services that touch almost one in six residents of the Commonwealth. Professionally trained as a social worker, Sudders has dedicated her life to public service and to some of our most vulnerable citizens. She has been a public official, provider executive, advocate, and college professor.

With a long record of public service, Sudders was the Massachusetts Commissioner of Mental Health from 1996 to 2003, helping to create the state’s first children’s mental health commission and championing the rights and wellbeing of children, adults and elders with mental illness and their loved ones. For almost ten years, she headed the Massachusetts Society for the Prevention of Cruelty to Children, promoting the rights and well-being of some 24,000 children and families.

In 2012, Sudders was appointed to the state’s Health Policy Commission (HPC) for her behavioral health expertise; she remains on this important commission in her capacity as Secretary. The HPC is charged with improving health care quality while curbing costs. She also spent time as an associate professor and Chair of Health and Mental Health at the Boston College School of Social Work. Sudders has served on many charitable boards throughout her career, including the Pine Street Inn, Massachusetts Association for Mental Health, and the National Alliance on Mental Illness.

Secretary Sudders’ talent and dedication has been recognized multiple times. She received an Honorary Doctorate from the Massachusetts School of Professional Psychology and was named Social Worker of the Year from the Massachusetts Chapter of the National Association of Social Workers. She was also nationally recognized with the Knee-Whitman Outstanding Achievement for Health and Mental Health Policy from the National Association of Social Workers Foundation.

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The University of Massachusetts Medical School is an academic health sciences center of 6,800 professionals, positioned at the forefront of health care delivery and policy development. It is home to Nobel Prize-winning research aimed at advances in areas of HIV, cancer, diabetes, and infectious disease. It is ranked in the top 10 percent of academic medical schools in primary care (2015 U.S. News & World Report). The Medical School’s public service consulting and operations division, Commonwealth Medicine, offers health policy, research, financing and service delivery in the public interest.

MBHP provides mental health and substance use disorder services for nearly 400,000 PCC Plan beneficiaries and state-agency-involved clients throughout the Commonwealth. The MBHP network includes over 3,000 primary care clinicians at over 1,750 sites statewide. PCC Plan members receive a full range of mental health and substance use disorder services through the Massachusetts Behavioral Health Partnership (MBHP).
Sean Kennedy, MS, PMP, MPH serves as the Director of eHealth Programs for the Massachusetts eHealth Institute (MeHI). In this role, Sean leads the institute’s two signature programs – Connected Communities and eHealth eXequity. These programs aim to hasten interoperability – among the community at large as well as more specifically to the behavioral health and long-term post-acute care sectors – through awareness campaigns, incentive grants, education, and toolkit development. They will also serve as the centerpiece of MeHI’s health IT adoption and use efforts for the next three years.

Additionally, Sean is leading development of the Statewide eHealth Plan for Massachusetts, which will be informed by broad stakeholder feedback and ready for release in summer 2015. Prior to joining MeHI, Sean worked at Massachusetts General Hospital where he directed key technology and innovation leadership activities.

Before MassGeneral, Sean was a Medical Service Corps officer in the United States Army specializing in health information systems. Upon completion of his active Army service, he worked for Oracle and then systems. Upon completion of his active Army service, he worked for Oracle and then.

## SCHEDULE

### Track 1: Nuts and Bolts of Integrated Care

**Hear how integration is playing out in different medical and behavioral health settings and discuss strategies for strengthening the financial and organizational sustainability of integration efforts.**

**Session 1:** 10:15 am - 11:45 am

**Making It Work Today:** Provider Perspectives on Financing Integration

**Moderator:** Judith Steinberg, MD, MPH, Deputy Chief Medical Officer, Commonwealth Medicine, UMass Medical School

**Panelists:**
- Mark Aitasluoto, MD, Chief Behavioral Health Officer, Lynn Community Health Center
- Scott Early, MD, CMO, Lynn Community Health Center
- Glenn Focht, MD, CMO, Pediatric Physicians’ Organization at Children’s
- Katherine Mois, PhD, Director of Healthcare and Community Integration, Behavioral Health Network

**Session 2:** 1:00 pm - 2:30 pm

**Bi-Directional Integration:** Bringing Primary Care into the Behavioral Health Setting

**Moderator:** Daniel Martin, PsyD, MPH, Assistant Professor, Center for Integrated Primary Care, UMass Medical School

**Panelists:**
- Deborah Ekstrom, President and CEO, Community Healthlink
- Daniel Mumbauer, President and CEO, High Point Treatment Center
- Nancy Paul, CEO, Stanley Street Treatment and Resources (SSTAR)

**Session 3:** 2:45 pm - 4:15 pm

**Building the Workforce for Integration:** Challenges and Opportunities, Now and for the Future

**Moderator:** Angelo McClain, PhD, LICSW, CEO, National Association of Social Workers

**Panelists:**
- Jonas Bromberg, PsyO, Program Manager, Behavioral Health Integration, Pediatric Physicians’ Organization at Children’s
- Julita Mir, MD, CMD, DitHouse Health
- Raymond Tamas, President and CEO, Connell on Cape Cod

### Track 2: Addressing Substance Use Disorders

**Examine best practices for substance use disorder treatment and prevention, including approaches to pain management, Screening, Brief Intervention, and Referral to Treatment (SBIRT) protocols, and guidelines for medication-assisted treatment.**

**Session 1:** 10:15 am - 11:45 am

**Pain Management and Addiction IPodiation:** Strategies to Ensure Safe Prescribing and Collaborative Care

**Moderator:** Karen Pressman, MS, LCSW, LADC 1, Director, Planning and Development Unit, Bureau of Substance Abuse Services, Massachusetts Department of Public Health

**Panelists:**
- Daniel Allford, MD, MPH, Director, Clinical Addiction Research and Education (CARE) Unit, Boston University School of Medicine, Boston Medical Center
- Sherry Nykliel, MD, Medical Director, Outpatient Psychiatry, Boston University School of Medicine, Boston Medical Center

**Session 2:** 1:00 pm - 2:30 pm

**Deconstructing SBIRT: An In-Depth Look at Workflows, Tools, and Techniques from Screening to Treatment**

**Moderator:** Lee Ellenberg, LICSW, Training Manager, MASTBRT/Boston Medical Center

**Panelists:**
- Lynn Kerner, LICSW, Director, Outpatient Services, Advocates
- David Roll, MD, Cambridge Health Alliance Revere Family Health Center

**Session 3:** 2:45 pm - 4:15 pm

**Best Practices in Medication-Assisted Treatment:** The Current Evidence

**Presenters:**
- Nicole Jerome, Community Health Worker, North Shore Community Health
- Kimmie Mahanah, MD, CMD, North Shore Community Health
- Lisa Schott, LICSW, Clinical Supervisor, North Shore Community Health

### Track 3: Optimizing Integrated Care Management

**Take an in-depth look at integrated care management, including core principles of care coordination, integrated care plans, and the role of peers and community health workers.**

**Session 1:** 10:15 am - 11:45 am

**The Role of Peers and Community Health Workers in Engaging Members:** What’s Working and What’s Needed

**Presenter:**
- Lisa Renee Holderby-Fox, Director, Workforce, Central Massachusetts Area Health Education Center

**Session 2:** 1:00 pm - 2:30 pm

**Walking Before Running:** Developing Care Coordination Capacity to Achieve High Value Outcomes for Patients with Behavioral Health Needs

**Presenter:**
- Richard C. Antonelli, MD, MS, Medical Director of Integrated Care and Physician Relations and Outreach, Boston Children’s Hospital

### Track 4: Integration in the Pediatric Setting

**Explore protocols for identifying and addressing behavioral health needs among children, learn about a community-based response to suicide prevention, and hear the latest recommendations regarding SBIRT for adolescents.**

**Session 1:** 10:15 am - 11:45 am

**Managing Behavioral Health in the Pediatric Setting:** Evidence-Based Approaches to Identifying and Addressing the Needs of Children and Families

**Moderator:** Barry Sarvet, MD, Chief, Child and Adolescent Psychiatry Division, Baystate Health

**Panelists:**
- Betsy Brooks, MD, MPH, Pediatrician, Holyoke Pediatrics
- Fred Kern, MD, Pediatrician, Bridgewater Pediatrics
- Saffar Medina, MD, Pediatrician, Tri-River Family Health Center, UMass Memorial Medical Group
- Barbara Wilson, LICSW, CEO, Family Continuity Counseling

**Session 2:** 1:00 pm - 2:30 pm

**Preventing Adolescent Suicide by Joining Forces in the Community:** The Screening for Mental Health-SOS Program

**Moderator:**
- Alan Holmlund, MSW, Director, Suicide Prevention Program, Massachusetts Department of Public Health

**Panelists:**
- Joanna Bridger, LICSW, Clinical Services Director, Riverside Trauma Center
- Tricia Bussacore, Health Educator, Littleton Middle School
- Meghan Diamon, MSW, LCSW, Youth Programs Manager, Screening for Mental Health
- Sarah Dorfman, Adjustment Counselor, Littleton Public Schools
- Stuart Jacoby, ED, School Psychologist, Boston Public Schools

**Session 3:** 2:45 pm - 4:15 pm

**Creating an Integrated Care Plan and Using It:** Systems and Processes at Work

**Presenter:**
- Alexis Connell, PhD, Assistant Director, Center for Integrated Care and Physician Relations and Outreach, Boston Children’s Hospital

**Session 3:** 2:45 pm - 4:15 pm

**SBIRT for Adolescents:** Implementing the Latest Evidence

**Presenter:**
- Sharon Levy, MD, MPH, Director, Adolescent Substance Abuse Program, Boston Children’s Hospital
**Continuing Medical Education (CME) and Continuing Education (CE) Information**

In order to receive any type of continuing education credits, you must sign into the event at the check-in table and sign out again when you leave. CME/CE certifications will be presented at the end of the event or e-mailed/mailed to you at the address provided upon registration.

This activity has been approved for the following continuing education credits:

- **AMA PRA Category 1 Credits™** – 5.75
- **Nursing** – 6.9 CE credits
- **Psychologists** – 6.5 CE credits
- **LMFT** – 7 CE credits
- **LMHC** – 6 CE credits
- **LADC** – 7 CE credits
- **CADAC** – 5.75 CE credits
- **Social Workers (LICSW, LCSW, LSW, LSWA)** – 6 CE credits

The University of Massachusetts Medical School designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits™ and 6.9 hours of Nursing CEUs. Physicians and nurses should only claim credit commensurate with the extent of their participation in the activity.

This activity is being sponsored by the Massachusetts Psychological Association (MPA) and the Massachusetts Behavioral Health Partnership (MBHP). MPA is approved by the American Psychological Association to sponsor continuing education for psychologists. MPA maintains responsibility for this program and its content.

This program has been approved for 6 Category 1 MaMHCA/MMCEP hours for re-licensure, in accordance with 262 CMR.

The Alcohol and Drug Counselor Licensing Unit of the Massachusetts Bureau of Substance Abuse Services has approved this activity for 7 hours of LADC continuing education credit.

This program has been approved for 6 Social Work Continuing Education hours for re-licensure, in accordance with 258 CMR. Collaborative of NASW and the Boston College and Simmons Schools of Social Work Authorization Number D70648.

**Please go to masspartnership.com to find:**

- Slide presentations for today’s conference sessions
- Speaker Bios
- Published articles from conference faculty
- Additional resources related to integration
- And check back for a summary of full conference proceedings!

**Photo and Video Policy**

The Massachusetts Behavioral Health Partnership and the University of Massachusetts Medical School may be photographing, videotaping or otherwise recording sessions and events at Integrating Care: From Evidence to Operations. By attending this event, attendees acknowledge these activities and agree to allow their image to be used on the conference website and in marketing and promotional materials.

**Please complete the program evaluation provided in this folder and return it to the table when you sign out of the event.**