Seventh Annual Integration Forum
The Impact of Race and Racism on Health: A Call to Action

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Disclosure

- I have no actual or potential conflict of interest in relation to this program/presentation.
“Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.”

Preamble to the Constitution of WHO as adopted by the International Health Conference, New York, 19 June - 22 July 1946; signed on 22 July 1946 by the representatives of 61 States (Official Records of WHO, no. 2, p. 100) and entered into force on 7 April 1948. The definition has not been amended since 1948.
What Goes Into Your Health?

Social Determinants of Health

Reproduced from: https://nacchocommunique.com/tag/social-determinants-of-health/

Source: Institute for Clinical Systems Improvement, Going Beyond Clinical Worlds: Solving Complex Problems (October 2016)
Life course perspective and the principles of social justice

Equity
- Fair distribution of available resources across society

Access
- To goods and services regardless of age, gender, ethnicity etc.

Participation
- Enable participation in decisions that affect their lives

Rights
- Protection of individual liberties

The craft of life course research (Elder and Giele 2009)
The lens of systemic oppression

- INDIVIDUAL
  - A person’s beliefs & actions that serve to perpetuate oppression
  - conscious and unconscious
  - externalized and internalized

- INTERPERSONAL
  - The interactions between people—both within and across difference

- INSTITUTIONAL
  - Policies and practices at the organization (or “sector”) level that perpetuate oppression
  - How these effects interact and accumulate across institutions—and across history

- STRUCTURAL
How does oppression present in our clinical learning environments?

Institutional (CLE)

- Biased policies and practices
- Disparate outcomes and experiences

Interpersonal

- Power dynamic
- Microaggression
- Implicit Bias

Intrapersonal

- Identity
- Stereotype threat

Political context

Opportunity Structures

School

CLE

Student Identity
Health equity is the assurance of the conditions of optimal health for all people.

Achieving health equity requires:
- Valuing all individuals and populations equally
- Recognizing and rectifying historical injustices
- Providing resources according to need

Health disparities will be eliminated when health equity is achieved.