Best Practices in Medication Assisted Treatment

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MAT: comparisons

• What is the evidence regarding the options?

-> Behavioral intervention alone versus MAT
-> HAT
-> Methadone vs. Naltrexone IM vs. Buprenorphine
-> Buprenorphine vs. Methadone
MAT: best practices

• Baseline: integration: why?

• First step: SBIRT
MAT: best practices

- Baseline
  - policies and processes: but trumping that philosophy

- How is a philosophy determined?
  - patient selection/exclusion
  - team member roles
  - what counts as a strike?
  - management of exceptions
  - patient dismissal/re-entry

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MAT: best practices

• Baseline

  -> Diversion control processes
  -> Documentation
MAT: in practice

• Refining your processes:

  -> team meetings
  -> outreach to special constituencies
  -> outreach to different communities
  -> growing your practice
MAT: what does the future look like?
Launch of Screening, Brief Intervention, and Referral to Treatment (SBIRT) using LEAN

- Implementation of SBIRT in Primary Care – Tower Foundation Grant
- LEAN Process - Project Charter
- Work Flow – Process Map
Screening Work Flow

New Patient Health Assessment Form - Men

Patient Sticker
Updated 6/9/14

To help your provider during today’s health exam, please complete the following confidential items:

1. Country of Birth: ____________________________
   If not USA born, what year did you come to the USA: ____________________________

2. Education level completed: ____________________________

3. Have you had any of the following problems:
   a. High blood pressure YES NO
   b. Heart disease YES NO
   c. Cancer YES NO
   d. High cholesterol YES NO

4. Do you have any of the following problems:
   a. Eye glasses? YES NO Contacts? YES NO
   b. Other vision problems? YES NO
   c. Hearing problems? YES NO

5. In the past two weeks, how often have you been bothered by the following problems?
   a. Little interest or pleasure in doing things (circle one):
      - Never
      - Several Days
      - More than Half the Days
      - Nearly Every Day
   b. Feeling down, depressed, or hopeless (circle one):
      - Not at all
      - Several Days
      - More than Half the Days
      - Nearly Every Day

6. How often do you have a drink containing alcohol? (circle one):
   a. Never
   b. Once or twice a month
   c. More than once a month

7. How many drinks containing alcohol do you have on a typical day when you are drinking? (circle one):
   a. 1 or 2 drinks
   b. 3 or 4 drinks
   c. 5 or 6 drinks
   d. 7 to 9 drinks
   e. 10 or more drinks

8. How often do you have five or more drinks on one occasion? (circle one):
   a. Less than monthly
   b. Monthly
   c. Weekly
   d. Daily or almost daily

9. How many times in the past year have you used an illegal drug or used a prescription medication for non-medical reasons? (circle one):
   a. Never
   b. One time or more

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Implementation

- Staff Training on SBIRT
- Development of Protocol; Quick guides
- Pre-screening on Health Risk Assessment Form (Annual/New)
- Further Assessment when Pre-screen positive
  - AUDIT/DAST
  - CRAFFT for 12-17 age patients
- Documentation in EMR
  - Use of Quick Texts; care plans in assessment
  - Special Quick texts to differentiate adult from pediatric; ensures confidentiality
Data Collection

Salem: Newly up and running; no data to share at this time.

GFHC Running SBIRT Data

PFHC Running SBIRT Data

Salem: Newly up and running; no data to share at this time.
Sustainability

• Strengths
  • Grant Finances
  • Relationship with BNI-ART Institute
  • Dedicated staff - CHW

• Challenges
  • Switching from 5 A’s → MI
  • Increasing responsibilities of MA’s
  • EMR issues (rights, etc.)
  • Documentation

• Lessons Learned

Continuum of Care: Community-Based Partnerships include:

• Physicians Roundtable
• High-Risk Task Force
• Opiate Prevention Partnership
• Shelter Liaison
• AGH ED SBIRT
• Suboxone Treatment Program