

Patient Health Questionnaire (PHQ)

Name of instrument	Patient Health Questionnaire (PHQ)
Summary overview	The Patient Health Questionnaire (PHQ) is a diagnostic tool for mental health disorders used by health care professionals that is quick and easy for patients to complete. There are three versions: an 8-item, a 9-item, and an 11-item, and it is a clinician-based rating scale that emphasizes significant psychiatric symptoms. Each screener improves the recognition rate of depression and facilitating diagnosis treatment.
Publisher/source	Publisher: Pfizer Inc. 2008 Authors: Robert L. Spitzer, MD; Janet B.W. Williams, DSW; Kurt Kroenke, MD (2005)
Source contact information	Robert L. Spitzer, MD rls8@columbia.edu
Access information	Available in public domain
Pricing information	No charge
How to obtain instrument	Can download from Pfizer web site: http://www.phqscreeners.com/overview.aspx#
Self vs. other administered	Self-administered
Method of administration	Administered in context of clinical interview; includes observation of subject's behavior
Time for administration	Depending on which tool, may be used 3 –10 minutes
Time for scoring	5 minutes
Staff training level needed for administration	Experienced clinician
Staff training level needed for scoring and reporting	Experienced clinician
How are reports generated?	N/A
Languages available	PHQ Screener is available in 23 languages; Brief PHQ, English, and Spanish; PHQ-9 Depression Screener is available in 31 languages. Please note: The PHQ-9 translations from English into their respective languages have not been validated as depression screeners.
Scales (if appropriate)	The PHQ questionnaire assesses the 15 most common physical symptoms in primary care. A shorter, alternative version of the PHQ, called the Brief PHQ, assesses depression, anxiety, psychological stressors, and women's reproductive health. The PHQ-9, a tool specific to depression, simply scores each of the 9 DSM-IV criteria based on the mood module from the original PRIME-MD.
Appropriate clinical population(s)	Individuals with significant psychiatric symptoms, primary care settings
Appropriate level(s) of care	Outpatient settings treating serious symptoms of mental illness
Stand-alone instrument vs. system	Stand-alone instrument
Age range	Adults